



Community Grant Outcome Report

Name: Fall No More

Grantee: Assisted Living Foundation of Wisconsin

Academic Partner: Mark Sager, MD, Clinical Professor, Medicine and Preventive Medicine, UW SMPH

Program: Development

Grant Duration: 11/01/2004 to 10/31/2005 (12 months)

Expenditures: \$25,000 of \$25,000 (100% expended)

Use of Funds: Cultivate workforce

► **Description:** Train assisted living care givers and their supervisors in reducing falls and related injuries for elderly residents and individuals with dementia.

► **Results:** The aim of this planning grant was to identify best practice research on falls prevention programs in assisted living facilities and apply this knowledge to the development of a training model for caregivers in Wisconsin. The project was able to review the literature on multifactorial fall prevention research and intervention programs in a variety of population-based settings and research “best practices” in fall prevention programs, and adapt an education and training model that equips assisted living caregivers and professionals with practical techniques that promote resident safety and that increase fall prevention awareness. The project developed collaborative relationships with providers, fall prevention professionals and potential future partners. The project tested caregiver education in the three pilot assisted living settings in rural and urban Wisconsin facilities. In partnership with the Geriatric Falls Clinic at UW Hospital and Clinic and the Alzheimer Institute, the project developed a “Fall No More” training program for assisted living providers. The Assisted Living Foundation submitted, but was not awarded an implementation grant in 2005.

► **Met Objectives:** Partially met

► **Baseline Progress on SHP Objectives:** Not measured

► **Academic Partner Role:** Identified academic partner during the planning process; partners assisted in the development of training plan for caregivers and professional staff working in the assisted living setting, focused on the prevention of falls and related injuries in the assisted living setting.

► **Matched Dollars (cash or in-kind):** \$29,134

► **Dissemination:** Project staff did a breakout presentation at the Statewide Falls Prevention Conference in WI Rapids. Presented the result of the planning grant, as well as the plans for the expanded multifactorial study, to the assisted living providers at the Spring 2006 Wisconsin Assisted Living Association Conference.

► **Sustained:** Not currently; still seeking funding.