Two-Week Internship:

The student must complete the following 5 components related to patient care. Depending on the setting, it may not be possible to complete all of the components on the same patient; the student could complete the components on different patients. Additional patient cases can be applied at the discretion of the clinical instructor (CI) and student (see p. 2 for details of each component). The components can be completed at a pace appropriate to the clinic and the student (i.e., one every other day, two per week, etc.).

1. Pathophysiology
2. Physical Therapy Examination: History, and Tests and Measures
3. Documentation
4. Reimbursement and Cost of Care
5. Pharmacology

Along with these 5 components, students must continue to demonstrate the following 4 mandatory behaviors:

1. Safety toward themselves, their patients, and to follow all appropriate precautions.
2. Professional ethics: Demonstrate a positive regard for patients/peers during interactions, move toward cultural competence, adhere to ethical and legal standards of practice, maintain appropriate appearance, attire, conduct, and demeanor, and demonstrate an awareness of patient's rights.
3. Professional behavior: Takes the initiative to recognize and maximize learning opportunities, implement constructive criticism, and be a positive contributor to the environment.
4. Effective communication skills in both written and verbal formats in a timely, precise manner.

Comments (from Clinical Instructor) on the above 4 "mandatory" behaviors:

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Evidence of successful completion will be demonstrated by completion of the component checklist and comments on the above section and the last page, and signatures by CI and student. This packet will be handed in with other forms* that the student completes (and are reviewed and signed by the CI) at the end of the internship.

* Other forms include: Generic Abilities, APTA Evaluation of Facility and CI, Student Objectives
1. Pathophysiology
   - **Purpose:** The student will identify the primary and/or secondary pathophysiology of medical and/or physical therapy diagnosis and identify the impact the pathophysiologies have on physical therapy.
   - **Process:**
     - CI and student select a patient(s) and the students further investigate the associated pathophysiologies associated with the medical and/or physical therapy diagnosis for one patient.
     - CI and student discuss what has been discovered.

2. Physical Therapy and Examination: History and Tests and Measures
   - **Purpose:** The student performs a complete history on a patient/client and will then identify the impairments, functional limitations, and disabilities the patient/client may have and either hypothesize or demonstrate how to test these functional impairments and/or underlying impairments.
   - **Process:**
     - Obtains an accurate history of current problem
     - Identifies problems related to impairments, functional limitations, and disability.
     - Performs a system review and incorporates relevant past medical history.
     - Generates an initial hypothesis.
     - Generates an alternative hypothesis.
     - Selects an appropriate test and measure to confirm or disconfirm the hypotheses.
     - Demonstrates appropriate psychomotor skills when performing tests and measures.

3. Documentation
   - **Purpose:** The student will complete various aspects of documentation as it relates to the clinical setting.
   - **Process:**
     - The student will complete all or at least portions of documentation appropriate to the clinical setting. Preferably, a minimum of one note will be an initial evaluation. Other notes may be weekly notes, progress notes, discharge notes, etc.
     - The CI and student will review the note(s) written by the student and provide suggestions for improvement as needed. A mock note can be written if the documentation is computerized and the student does not have access to the system or if the student is working with patients who have Medicare B insurance coverage.
     - Documentation should provide evidence of clear decision-making in regards to physical therapy examination (history-taking and tests and measures), along with physical therapy evaluation (assessment and plan).

4. Reimbursement and Cost of Care
   - **Purpose:** The student will develop an understanding of fiscal responsibility of physical therapists.
   - **Process:** The CI and student will select one patient to:
     - Calculate the physical therapy charges on a patient (as able to).
     - Describe third party payor coverage.
     - Discuss findings with the CI.
5. **Pharmacology**
   - **Purpose:** The student will understand the impact of over-the-counter and prescription medications on physical therapy.
   - **Process:**
     - The CI and student will determine the chief/ major medications a patient is currently taking.
     - Discuss their indications, drug interactions (if appropriate), and their impact on physical therapy services.

**Check Sheet:**

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<th>Component</th>
<th>CI’s Signature/Initials</th>
<th>Date</th>
<th>Student Signature/Initials</th>
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<td>1. Pathophysiology</td>
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<td>5. Pharmacology</td>
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**Comments on the above 5 component skills:**

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Is the student performing at a level that is satisfactory for his/her current level of education?

_____ Yes

_____ No

If no, please explain:

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________________________________________________________________________

Student Signature: ________________________________________ Date ___________

Clinical Instructor Signature: ________________________________ Date ___________