A Message from the Program Director

Lisa Steinkamp, PT, MS, MBA

Dear Alumni and Friends,

It's been a busy year so this issue will be another year-in-review but this time, you will be hearing from faculty and students themselves. My only news other than what you will already find on these pages is that we are pleased to announce that we are partnering with the recently-approved VA Hospital Cardiovascular and Pulmonary Physical Therapy Residency Program. For more information, contact Tim Erickson (Class of 2000) at Timothy.Erickson@va.gov. Thank you for your unwavering support!

Fondly,

Congratulations to the 2013 Graduates ~

Congratulations to the Entering Class of 2016 ~

www.orthorehab.wisc.edu/physical-therapy/
Global Work

Check out the global health portal on our website, both on the alumni page as well as under student activities. Here are some quotes from students this past year:

"This experience increased the diversity of our professional and personal life experiences and will thereby build upon our ability to treat a wide variety of patients."

"Through this global health experience, we were exposed to new ways of advocating for underserved patients, unique ways in which to accomplish goals with limited resources, and how to bring people together throughout the community to support one another and promote healthy behaviors."

"We learned about culture, beliefs, and ways of everyday life that are COMPLETELY different than ours. This opened our eyes to better understanding of how these differences directly relate to the health care that people need. This experience increased the diversity of our professional and personal life experiences and will thereby build upon our ability to treat a wide variety of patients."

"As a result of my global health experience and the role models I have had the privilege of working with, I now have a much better and broader understanding of what it means to be involved and invested in a community. Being a connected member of the community, as an individual and as a professional, is something that I will remember and strive for in the future wherever I may end up. Health disparities are prevalent around the world, and I believe that involvement in community health initiatives is a powerful way to help minimize disparities not only abroad, but also here in the US."

Global Award

The UW-Madison DPT program is proud to announce that students Marie Boo, Kaela Erickson, Alyssa French, Brittany Malin and Kara Mathys, along with alumnus Dawn Ransom (Class of 2000), were the recipients of a “Wisconsin without Borders Recognition Award for Global Engaged Scholarship” through the Morgridge Center for Public Service and the Global Health Institute for their work in Belize. In addition, the DPT Program and the Department of Biomedical Engineering also won an award for their project, “Collaboration between Doctor of Physical Therapy and Biomedical Engineering Students on International Service-Learning Project in Honduras.” The mission of Wisconsin without Borders is to engage the UW-Madison campus in interdisciplinary collaborations that include reciprocal community partnership, academic preparation, reflection, and action to foster sustained human flourishing in our world.

A Note from the Phi Theta Student Service Organization: Over the past year, Phi Theta has developed new volunteering relationships with the Spinal Cord Injury group and Special Olympics. We have enjoyed spending time hand-cycling, biking, and working Special Olympic sporting events. Through Bucky Book sales, Bucky’s 5K Race, clothing sales, and working concessions at UW Men’s basketball games, we were able to fundraise to provide donations to MEDiC, Belize and Uganda service trips, and the Pittsburgh-Marquette challenge. We have also kept busy with various volunteering events in the community, bringing in speakers to further our education, and developing social events to keep all of us connected. We look forward to the upcoming year! (Lindsay Donath, outgoing President)

2013-2014 Phi Theta Council
President: Codi Halbur
Vice President: Katie Claus
Secretary: Ashley Woest
Treasurer: Stacy Randt
Public Relations and Interdisciplinary Affairs: Doubara Wis-Wolo

As Program Director, I receive continual feedback about how much our students are appreciated by Special Olympics. In addition, Karen Patterson recently sent me the following: “Just spoke to Wisconsin MDA rep who said we now have national reputation for providing some of the best MDA camp counselors ever!”

Interprofessional Student Council
The Physical Therapy Program has played an integral role in the
creation of the new Interprofessional Student Council on campus. Paul Jones (current third-year student) has worked with members of the Occupational Therapy, Physician’s Assistant, Pharmacy, School of Medicine and Public Health, and other programs to create a council that represents over 14 programs and over 2,300 students on the UW-Madison campus. The aim of the program is to create extracurricular interdisciplinary events while fostering co-curricular professional education. This year, the Interprofessional Student Council held a Leadership Summit with the support of a grant from Target Corp. The Summit was an all-day event in February that focused on demonstrating the importance of interprofessional care in practice. In addition to these events, the Council also held two weeks of Go Big Read events, an Interdisciplinary Case presentation, and created a website to promote interprofessional events on the UW-Campus. For the upcoming school year, our Program’s own Doubara Wis-Wolo has been chosen to be the President of the Council, hoping to create more social and academic interdisciplinary opportunities, while working closely with the newly developed Center for Interprofessional Education on campus. (Paul Jones, outgoing President and Douba Wis-Wolo, current President)

2013-2014 Interprofessional Council Board
President: Dobby Wis-Wolo, SPT
Vice President: Tanis Rusin, SOT
Secretary: Kristin Stawicki, SPharmD
Webmaster: Trisha Predone, SPharmD

MEDiC
Volunteering and participating in MEDiC clinics continues to be an integral part of our professional education. PT students have the option of volunteering at the following MEDiC clinics: Southside, Salvation Army, Grace Clinic, Michelle Tracy, or ARC House. First and second year students volunteer at a MEDiC clinic two times during the year - once during the fall semester and another time in the spring or summer semester. We have also been encouraging participation in other interdisciplinary MEDiC events. Every year, MEDiC sponsors a Turkey Bowl Fundraiser with flag football and yard games, and this year the PT program had the second largest participation, with 45 students participating in this fundraiser for MEDiC! This year, the MEDiC council has been diligently working on some new programs to improve the quality of care given to our patients. The newest updates are the development of a Healing Arts Meditation program, providing yoga and meditation classes to the underserved population in the greater Madison area. This program is currently being piloted at ARC House and the goal is to establish a program at one or more clinics on a regular basis. Another new implementation is the design of an electronic documentation system for the MEDiC clinics to enhance the documentation and communication process for volunteers, clinicians, and patients. This system will greatly increase the efficiency during clinics and create a more patient-centered care atmosphere at each clinic. Exciting changes continuing to come for MEDiC over the next year to increase the services provided to the underserved population of the greater Madison area! (Brittany Malin, outgoing Coordinator)

2013-2014 MEDiC Council
Main Coordinator: Kristin Tess
ARC House and Michelle Tracy Clinic: Amanda Cleary and Hannah Vogt
Salvation Army and Grace Clinics: Julie Chen and Lisa Pade
Southside Clinic: Guillermo Contreras, Kelsey Figg and Jesse Majxner

2013 Scholarship Recipients
Ridley Family Scholarship: Codi Halbur
Margaret Kohli Scholarship: Sarah Hobbs, Brittany Malin, Kara Mathys, Adam Nell, Lisa Phillips
Caroline, Clara, Charles and Mildred Harper Scholarship: Kathryn Claus, Emma Williams
Barbara Ellen Gerlich-Hoeffeyer Scholarship: Janelle Burnham, Amanda Cleary, Christina Wille
Jean Roland Scholarship: Alyssa French

UW PT Alumni Scholarships for Instructional Assistants in Gross Human Anatomy and Anatomical Applications in Physical Therapy: Jessica Dietz, Katelyn Gossen, Lisa Pade, Brianne Williams, Emma Williams, Ashley Woest

Other Awards
Congratulations to Brittany Malin, Class of 2014, for receiving the WPT Scholars Award!

Congratulations to Kara Mathys and Paul Jones, Class of 2014, for receiving WPT Fund Cris Crivello Community Service Awards!

Congratulations to Christa Wille, Class of 2015, for winning first place in the Applied Science Category of the Spring 2013 WPTA Conference Poster Session: Web-based therapeutic exercise resource center as a treatment for knee osteoarthritis. Wille, Brooks, Beaulieu, Severson, Heiderscheit.

Alyssa French, Class of 2014, completed her Maternal and Child Health (MCH) Leadership Education in Neurodevelopmental Disabilities (LEND) interdisciplinary and disciplinary leadership training, and Amanda Cleary and Ashley Woest, Class of 2015, were selected to participate in the program for 2013-2014.

Anna Hagens, Class of 2014, was selected as an AHEC Wisconsin Express Participant. The following is a write-up about her experience:

This past May, I had the wonderful opportunity to travel north to Ashland, WI to participate in a program called Wisconsin Express.
Put on by the Wisconsin Area Health Education Center System (AHEC), Wisconsin Express gives health professions students a unique opportunity to become immersed in one of Wisconsin’s diverse communities and cultures while exploring health care delivery in medically underserved areas. As part of a multi-disciplinary team of nine students, I spent a week learning about the unique aspects of healthcare in the Chequamegon Bay region.

Our days were spent traveling from Ashland to Bayfield to Madeline Island, learning about healthcare and culture from local practitioners, while our evenings were spent collaborating and brainstorming at a local bed and breakfast. The most notable aspects of healthcare in these communities include tribal healthcare and the considerations needed when providing healthcare in such a remote location. Bad River and Red Cliff are the two Anishinaabeg (Ojibwe) reservations in the area, and we had the opportunity to learn about traditional customs and practices from multiple tribal members, and to shadow clinicians at the clinics. Plans for building a new clinic at Red Cliff even include a physical therapy department! We also spent time at Memorial Medical Center, the 25-bed hospital in Ashland, where we learned about funding for critical access hospitals and mental healthcare in a rural community.

Other highlights of the week included learning about emergency medical services on Madeline Island, public health in Bayfield, and the Northlakes Community Clinics in Ashland and Iron River. We were able to understand more of the area’s history through visits to the Northern Great Lakes Visiting Center and the Great Lakes Indian Fish and Wildlife Commission.

What surprised me most when visiting the various clinics in the area was the amount of collaboration used to treat patients. Whether at a tribal clinic or a community clinic, every patient was seen by multiple disciplines all in the same building, who communicated with each other and treated the whole patient. Physical therapists worked alongside dieticians, physicians, psychologists and dentists to meet all of a patient’s specific needs. Because tribal clinics are funded through Indian Health Services, reimbursement is not based solely on the quantity of tests or procedures done. Therefore, clinicians are able to spend quality time with their patients without fearing the loss of reimbursement. I witnessed the ideal practice environment we so often talked about in Lisa Steinkamp’s Health Policy and Administration class.

Rural and tribal healthcare in northern Wisconsin definitely surprised me with its effective, collaborative, and patient-centered care. Although challenges abound in such a remote environment, healthcare systems in this area have established a very effective model for care that I think a lot of urban systems could learn from. My experience with Wisconsin Express was eye-opening, and it was a wonderful opportunity to be immersed in the culture and community of healthcare in rural, northern Wisconsin.

**Rural Health**

Students Holly Anstey, Hannah Bierre, Beau Dobson, Jesse Majxner, Chris Myatt, Lisa Phillips, and Sara Schachtli all participated in an interprofessional class on rural health spring semester.

### Student Spotlights

**Sarah Hobbs (Class of 2014):** In addition to her outstanding academic record, Sarah has set high standards for faculty and students in the areas of advocacy and professional involvement. During her brief career, she has been elected to serve on APTA’s Student Assembly Board of Directors, was appointed as APTA’s Wisconsin Student Assembly Core Ambassador, and selected as an APTA House of Delegate volunteer. Sarah was recently elected to Student Assembly Board of Directors Nominating Committee! She is also a member of the Foundation for Physical Therapy Student Committee and is part of the Academic Liaison Committee. Sarah has attended APTA’s National Student Conclave in 2011, 2012, 2013; CSM 2012, 2013; Annual Conference 2013; and the Federal Advocacy Forum 2012, 2013. She was joined at the last Student Conclave by fellow students Megan Veltman and Jessica Oakland, and alumnus Jen Werwie (Class of 2012) spoke about global health. Sarah has joined the Health Policy Administration, Research, Orthopaedics and Oncology Sections, and the American Academy of Orthopaedic Manual Physical Therapists. Besides her potential to become an excellent clinician, she is well on her way to assume leadership roles within the APTA.

Sarah is joined by classmates Anna Hagens and Megan Veltman, who are members of the APTA Pro Bono Student Service Committee, and Jessica Oakland, who is on the Minority/ International Affairs Committee and the National Student Conclave Committee.

**Christa Wille (Class of 2015):** While some students dabble in research during their DPT training, Christa has opted to dive right in. As a research assistant, she has been involved in multiple projects including an NIH-funded study evaluating novel technologies to manage knee osteoarthritis; a biomechanical characterization of gait retraining in runners; and the use of gait analysis as an outcome measure in athletes post-injury. Despite just entering her second year, Christa has co-authored three publications with two more under review. She has presented research at several national conferences, and received awards from professional organizations including WPTA, APTA’s Section on Women’s Health, and the American College of Sports Medicine. Christa demonstrates excellent promise as a future clinician-scientist to help advance the evidence behind physical therapy practice.

### Service Learning Projects

As part of the service-learning course, PT 600, students complete projects over three semesters with local community partners and in Belize, Central America. A summary of the projects is below.

1. **Special Olympics Wisconsin**
   - This group developed an “Exercise and Wellness Guide.” The exercises focused on the upper body, lower body, and core work. They assembled the packet in an organized and easy to follow fashion. Each exercise includes pictures, along with step-by-step instructions that contain tips for maintaining proper form.
• This group staffed the SOWI Winter Sports Tournament, where they handed out exercise packets and theraband, answered questions from parents, athletes and coaches, and demonstrated exercises.

2. Tri-4-Schools is a non-profit organization that works to fight childhood obesity. They encourage healthy and active lifestyles through training and participating in triathlons with goals of improving fitness, nutrition, sportsmanship, and self-confidence in the children they reach. PT students helped the organization set up activity logs, activity charts, and training programs for various age groups (ages 3-6 y/o, 7-10 y/o, 11-14 y/o). Visit [http://www.tri4schools.com/](http://www.tri4schools.com/).

3. We Can Row Wisconsin is a program offered by the Camp Randall Rowing Club and focuses on providing rowing experience and fitness for cancer survivors. PT students helped the organization set up activity logs, activity charts, and training programs for various age groups (ages 3-6 y/o, 7-10 y/o, 11-14 y/o). Visit [http://www.tri4schools.com/](http://www.tri4schools.com/).

4. Healthy Classrooms Foundation is an organization that promotes health and wellness for Madison-area school children by advocating for healthier activities and curricula in the school environment. Each year, the organization puts on a symposium. This is a gathering of community partners to discuss ways of advocating for healthy lifestyles in schools. PT students involved with the organization this year secured the speakers for the symposium and assisted in producing and running the event.

5. Wheels for Winners works to provide new, refurbished, or recycled bikes to children in need. The children are required to commit to community service and/or other enrichment projects. This year, PT students worked with the Bayview After-School Program to develop a four-pronged program that would enable children to obtain bikes. The program included a session entitled “Kinesiology for Kids” where exercise was the focus, a nutrition session, a “Physical Therapy and Disability Awareness” session, and a session on bike safely. Twenty-two children completed three or more sessions and earned bikes!

6. PT students worked with Madison’s Spinal Cord Injury, Disease and Paralysis Group, designing and fielding a member survey to assess needs from the membership. The students also helped re-design the organization’s welcome brochures.

7. PT students assisted the Wisconsin chapter of AgrAbility by developing educational materials for rehab professionals to further the organization’s mission of assisting the state’s rural farmers and families. The materials addressed the socioeconomics of rural health, key cultural sensitivity points related to the rural client, and specific examples of the types of work, chores and activities to which these clients need to return. PT student presentations were recorded in power-point format with audio sync. They were distributed to PT, PTA, OT and COTA programs in Wisconsin. Information can be found at [http://bse.wisc.edu/agrability/](http://bse.wisc.edu/agrability/).

8. The mission of Independent Living, Inc. is to “support adults as they manage their independence by providing a variety of care services, skilled home health care, and housing options to maintain health and well-being.” PT students fostered this mission by developing a wellness pilot program for one of the organization’s senior housing communities. Students surveyed the residents and developed a comprehensive activity program including individualized assessments, tracking and report forms, yoga, Tai Chi, walking guidelines, and Wii active play descriptors. The materials included sign-up sheets, waivers/permission forms, position descriptions for class instructors, and packets for each participant that included educational, assessment, goals documents and educational materials.
9. PT students partnered with the UW-Madison School of Engineering through a design class in the Mechanical Engineering Department. PT students provided background literature reviews on compression garments, the physiology of body fluid movement as it related to compression garments, and assisted the engineering students by judging a design contest on campus.

10. Ten students went to Belize, Central America for ten days in January, accompanied by four faculty members, and partnered with Hillside Healthcare International and its rehab director, Monica Roe, PT. The students taught school children about disability awareness, presented about the PT profession to local health care professionals, held a soccer prevention training, taught Tai Chi to the high school faculty and students, and completed patient screenings in the town of Punta Gorda.
Visit our website for active faculty projects

- Bill Boissonnault, PT, DPT, DHSc, FAAOMPT, FAAPTA
Over the past year, I have worked with a number of hospitals and health systems who are in the process of creating and implementing a direct access patient care delivery model. More and more hospitals are adopting such a model to accompany their existing physician referral model. My primary roles have included serving as a consultant/trouble shooter, and instructor for medical screening skills including referring patients for diagnostic imaging. I have served similar roles for professional PT associations in Switzerland, Italy, France and Slovenia. In addition, with collaborators, I have completed data collection for two survey studies; investigating joint manipulation and diagnostic imaging curricula in entry-level PT programs. Finally, I continue in my role as President of the Foundation for Physical Therapy, Inc. The Foundation’s primary mission is to raise money in order to support our profession’s best scholars and researchers. The major initiative for 2013 is to raise more than 3 million dollars to support health services and policy research.

- Jill Boissonnault, PT, PhD, WCS
In addition to my teaching here at UW-Madison, I have been continuing my work as an APTA Media Spokesperson, which allows me to promote our profession by giving input to magazines and print media on physical therapy; mostly on women’s health PT. I continue to teach ethics courses to PTs around the state of WI as a thank-you to sites that accept our students on clinical internships. In 2012, the courses were on health literacy and in 2013, as part of a new licensure cycle, I began teaching a course on informed consent in physical therapy. I had the opportunity to teach abroad in 2013, in both Slovenia and in Israel, and am working collaboratively with two faculty members in Australia on a research project on the ECHOWS tool for assessment of patient-interviewing skill. We received a School of Medicine and Public Health (SMPH) Department of Orthopedics and Rehabilitation Research Grant to fund that project. I continue to be the Director of the UWHC/Meriter Ortho PT Residency Program; we have graduated another class and begun the next! My most recent publication is: Boissonnault J, Boissonnault W, Hetzel S. ECHOWS: Development of a Physical Therapy Patient-Interview Student Assessment Tool. A Pilot Study. Jnl Phys Ther Ed 2013; 27(1):35-47.

- Stacey Brickson, PT, PhD, ATC, CSCS
I am wrapping up a muscle injury study incorporating stem cells to facilitate regeneration and repair. Patrick Meyer, a medical student who worked on the project as a Shapiro Fellow, was awarded the 2013 Herman and Gwendolyn Shapiro “Excellence in Student Research” honor. “The Effect of Mesenchymal Stem Cells on Skeletal Muscle Injury” was presented at the University of Wisconsin Stem Cell Symposium Fall Conference. In collaboration with Dr. Ray Vanderby’s lab in Biomedical Engineering, Dr. Brickson also contributed to two recent publications, C. Chamberlain et al. “Effect of Age and Exercise on the Viscoelastic Properties of Rat Tail Tendon” in Annals of Biomedical Engineering and A. LaCroix et al. “Interleukin Expression After Injury and the Effects of Interleukin-1 Receptor Antagonist” in PLOS. With co-instructor James Carlson, MPT, CCS, I presented an update on Cardiovascular and Pulmonary Treatment Trends at the Wisconsin Physical Therapy Association Fall Conference held in Wisconsin Dells. This summer, I am mentoring third-year UW-Madison DPT students who are interested in becoming Certified Strength and Conditioning Specialists through the National Strength and Conditioning Association.

- Colleen Cobey, PT, MS, FAAOMPT
Along with Dr. Nelson and Ms. Wenker, I incorporated technology to provide a more adaptive learning environment in PT 527: Foundations of Examination, Evaluation and Diagnosis. An online case scenario guided students through a PT examination process, providing a common set of examination findings that were subsequently used to teach documentation practices. For this same course, professors worked with staff in the Clinical Simulation Program to design a simulated patient care experience. Working in pairs, students performed a bedside assessment and transferred a manikin capable of verbally communicating and demonstrating fluctuating physiologic responses. The adaptive capabilities and realistic environment requires students to apply their knowledge and skills from multiple courses in the curriculum to a patient care situation. Student strengths are emphasized and weaknesses are used as learning opportunities in a debriefing session occurring immediately upon completion, yet patient safety is never in question. UW is one of approximately six PT programs offering this type of learning experience.

In addition, the instructors of PT 527 investigated ways to expand the student experiences with other health care professions through inter-professional relationships within the campus community, and forged a relationship with instructors in the School of Nursing. Physical therapy students spent two lab periods utilizing the nursing labs in the Health Sciences Learning Center for a more realistic in-patient setting experience. In the first lab experience, students were exposed to in-patient beds so they could practice the skills of manipulating the beds for specific tasks involving transfers and bed mobility. In addition, the nursing labs had manikins and the students were tasked with recording the vital signs of a high-fidelity manikin that had a pulse and a blood pressure, making a clinical decision based on those results. The students had 5 lab stations to circulate through and one of the lab stations was led by Diane Girdley, RN, who instructed the students in the use of a Hover Mat for transfers of patients and bed mobility. The second lab focused on lines and leads and the problem-solving that is required when transferring patients with catheters, IV’s and other monitoring systems. This year, we have kept the labs the same but we will have nursing students participate in these labs as well to create a teamwork approach to bed mobility and transfers, a skill that translates well between the professions.

In PT 527, there was also a volunteer opportunity for students to spend four hours with a cohort of nursing students and one nursing instructor on one of the various floor of the UW Hospital. The students did not participate in any patient care but were there to observe the various roles, responsibilities and job demands of nurses and nursing students. Eight to ten physical therapy students participated in this pilot project in both the fall and spring semesters.

My clinical appointment includes University Health Services (UHS) and UW Research Park Spine Clinic. At UHS, we are currently preparing to take UW physical therapy students as part of their clinical rotation requirement and hope to have this in place in 2014.
I am also involved in teaching in the Orthopedic Clinical Residency. I currently instruct the hip unit for the residents and this is a two-day course that occurs in January of every year. As part of my service, I am involved with the Stepping On program and this fall I will go to the Sherman Glen Senior Apartments to conduct another series of classes.

- **Judy Dewane, PT, DSc, MHS, NCS**
  I presented a poster at CSM in San Diego, “Predicting probability for falls with the Dynamic Gait Index is enhanced with Trail Making Test in older adults without known cognitive decline.” In addition to my usual teaching responsibilities, I joined Dr. Hallisy in co-teaching a re-vamped PT 675: Orthotic Management in Physical Therapy. I have also been working with the PT students to develop a student run pro bono clinic on Friday afternoons. The clinic’s motto: “Serving to learn, learning to serve,” allows the students to provide ongoing physical therapy services to uninsured and underinsured people with neurological dysfunction. Under my guidance, in the clinic’s first year, the students assisted 14 people to meat their goals of more independent mobility.

- **Reenie Euhardy, PT, MS, GCS**
  My position as the Program Admission Advisor continues, which entails managing our admission process along with some administrative responsibilities and occasionally presenting lectures, primarily related to geriatrics. The Program transitioned to using the Physical Therapy Application Service (PTCAS) for the first time last year. This fall, we will be using PTCAS WebAdMIT; I, along with the Admissions Committee, am navigating a learning curve as applicant information will be “in the cloud” this year. THANK YOU to all our Alumni who write references and provide PT observation volunteer opportunities to our applicants! It was 35 years ago that I graduated from the UW-Madison PT Program. If other grads from 1978 would like to help plan a reunion this fall, please contact me (euhardy@pt.wisc.edu).

- **Kristi Hallisy, PT, DSc, OCS, CMPT, CTI**
  I have been busy being the “tai chi PT” for the past year. I have taught numerous Tai Chi Fundamentals (TCF) courses including Level 1-2 (Minocqua WI, June 2012), Level 1 (APTA CSM, Jan 2013) and Level 1-2 (Columbia University in NYC June 2013). Along with these workshops, I have shared the evidence-based practice of tai chi with entry-level students at UW-Madison, Marquette University and Columbia University. A return trip to NYC is planned for a Level 3 TCF workshop and entry-level tai chi presentation at SUNY Downstate in Brooklyn. I will also provide a 2-day pre-conference workshop on TCF at APTA CSM in Las Vegas 2014. I continue to teach a 1-credit independent study in TCF to PT students and hope to expand this course to an interprofessional audience of other health science students at UW-Madison in the future. A grant for a large multi-site randomized control trial of TCF for fall prevention is also in the works. Earlier in 2013, I served as a content tai chi advisor for an ongoing Veteran’s Administration Project (Milwaukee WI) using TCF for rehabilitation of Wounded Warriors with PTSD and polytrauma. I am also collaborating with Nate Christopher PT (UW-Madison, 2003) on a pilot project for yoga and falls prevention.
  In October 2012, I did a visiting lectureship to the PT program at SUNY Downstate (Brooklyn NY) on PNF Applications for Clients with Musculoskeletal and Neuromuscular Conditions. A repeat of this day-long entry-level course is forthcoming.
  My UW-Madison service activities include being Chair of the Health Sciences Teaching Symposium Committee and co-chair of the UW-Madison Curriculum Committee. I currently serve on the WPTA Board of Directors (Director) and am co-chair of the WPTA Health and Wellness Committee. As local planning chair for the WPTA Fall Conference (Oct 3-4, 2013), the new APTA vision of “Transforming society by optimizing movement to improve the human experience” will be evident in Fall 2013 conference offerings. In June 2013, I became Director of Mentoring in the UW-Health and Meriter Orthopaedic Residency Program. I continue to serve on the Steering Committee, Curriculum Committee and am the Upper Quarter Unit Coordinator for the Residency Program.

- **Bryan Heiderscheit, PT, PhD, Director of Research**
  Research from my lab received various awards at professional conferences, including the APTA’s Combined Sections Meeting, Wisconsin Physical Therapy Association, and American College of Sports Medicine. I presented on running injury management at several meetings including the Combined Sections Meeting, Orthopedic Physical Therapy Section annual meeting, Illinois Physical Therapy Association meeting, Iowa Physical Therapy Association meeting, University of Pittsburgh, University of Iowa, as well as at various private practice and hospital groups across the nation. I was recently promoted to full Professor and appointed as Director of Sports Performance Research for UW Athletics.

**Publications**

- **Lisa Levy**
  I spend most of my time assisting Reenie Euhardy with admissions, but when I am not doing that, I organize Program events. The biggest project for me this last year was changing our admissions process. We are now using the Physical Therapy Centralized Application Service (PTCAS) so learning and processing every thing this year was very new and exciting. We had over 500 amazing applications! The Class of 2013 had
their graduation party at our MSC location this year so I had the opportunity to assist in the planning of that event. I arrange our annual Meet the Program event. It’s a great opportunity for people who have shown interest in our Program to come and meet faculty, see our facilities, meet current students and take a campus bus tour. It was a success! Every other year, we organize an Open House for our current students’ families and friends. Students demonstrate labs, give tours, and have fun meeting the friends and families of their peers. Everyone was so proud and excited. Assisting with the orientation of our new incoming class is always a blast. The current students lead the day with ice breakers, question and answer time, and food. The day is ended at the Union and everyone is ready to get started. I provided the walls of our two floors with some fun posters of campus and PT students. It has added color and fun to the hallways. Other on-going projects are baby labs, assisting Jill Boissonnault with her Ethics courses, meeting with each class to do our yearly curriculum review, and processing the student handbook.

- **Pat Mecum**
  I am back! I retired in 2011 and was asked to come back and help. I enjoy being back—it keeps me young!

While I was retired, I took care of my daughter’s two younger children (11 & 6). I also crocheted infant hats to give to St. Mary’s Hospital and made skull caps for the military. When school starts again, I hope to volunteer on Mondays in the lunch room at school - I did this last school year and enjoyed it.

- **Evan Nelson, PT, DPT, OCS**
  Please read Colleen Cobey’s summary to learn about my participation in PT 527.

I presented research on the Development of the University of Wisconsin Running Injury and Recovery Index at the Combined Sections Meeting 2013 in San Diego, CA and at the CTRH Graduate Seminar Series, Marquette University College of Health Sciences, Milwaukee, WI. I also worked with the UW Health Spine Physical Therapy Clinic to incorporate new clinical research into the clinic’s operations for measuring health outcomes. I am working with Dr. Heiderscheit in the UW Neuromuscular Biomechanics Lab and UW Runners’ Clinic to improve the workflow efficiency for collecting patient reported health outcomes throughout the episode of PT care.

- **Karen Patterson, PT, MS, PCS**
  I was on the planning committee for the 2nd annual Interdisciplinary Perspectives on Spinal Muscular Atrophy (SMA) CME course in Anaheim, CA and also conducted the presentation “Rehabilitation Management for Children with SMA”. I presented at the SMA Family conference in Anaheim including: “Therapy issues for Newly Diagnosed child with Spinal Muscular Atrophy Type I” and “Hands on Physical Therapy for families and professionals”. I was also invited to speak at the Southwest District WPTA spring conference on “Global service learning trips: enhancing our scope of practice” and at the UW Ninth Annual Global Health Symposium, I presented: “Collaboration between Doctor of Physical Therapy and Biomedical Engineering students at UW campus on International Service Learning Project in Hondurus”.


I am a co-investigator on a research project to establish a Multi-Center Spinal Muscular Atrophy Database to develop standards of care and was awarded a start-up grant through FSMA with Dr. Mathew Halanski and Dr. Mary Schroth.

As coordinator for the UW DPT Global Health Program, I helped coordinated successful UW DPT service learning trips to Belize, Honduras and Uganda this past year. In collaboration with the UW Biomedical Engineering program, the UW DPT program was awarded a 2013 Recognition Award for Achievement in Global Engaged Scholarship based on the project, "Collaboration between UW-Madison Doctor of Physical Therapy Students and Biomedical Engineering Students on International Service Learning Project in Honduras."

I also successfully re-certified as an APTA Certified Pediatric Specialist, to be awarded at the 2014 CSM meeting.

- **Mary Sesto, PT, PhD**
  I, along with my graduate students, gave presentations on research findings at the National Cancer Institute’s Cancer Survivorship Conference in Washington, D.C., at the Work Disability Prevention and Integration Conference in Groningen, The Netherlands, at the Combined Sections Meeting in San Diego, CA and the Systems Engineering Initiative for Patient Safety Meeting in Madison, WI.

**Publications**


I was recently awarded a grant to investigate: “Factors affecting work limitations in women with advanced breast cancer” and am co-investigator on a grant to: “Improve Health Outcomes after Breast Cancer Treatment: Assessing the Impact of Survivorship Care Plans.”
• Lisa Steinkamp, PT, MS, MBA
I continue to tackle the black hole of administration but instead of getting caught up, seem to just take on more fun endeavors. This year, I traveled to Honduras with alumnus Jen Werwie and interns Janelle Burnham, Carrie DeNiel, and Sarah Polenska; and traveled to Kenya with my friend Araceli Alonso’s organization Health by Motorbike, where I conducted rehabilitation needs assessments in seven remote villages. I am on numerous committees and involved in several organizations but one of my favorite service activities of late is the work I am doing with a local high school, utilizing my PT background and PhD work in cross-age mentoring to enlist high school students to teach middle and elementary schools about exercise. I enjoy the benefits of my open door policy and get great satisfaction out of facilitating faculty and student success from behind the scenes.

• Jill Thein-Nissenbaum, PT, DSc, SCS, ATC
I completed my 16th year teaching in the UW-Madison PT program this summer. I continue to teach two 5-credit courses in the musculoskeletal track—one in the fall and one in the spring. I continue to see UW Athletes in the McClain Athletic Training Room ~15 h/week. Most recently, I have started working in the Student Athlete Performance Center at UW Athletics. The Director of the SAPC is Bryan Heiderscheit.

An invited manuscript, “Long Term Consequences of the Female Athlete Triad,” was published in Maturitas. In addition, a manuscript, “The prevalence of disordered eating, menstrual irregularity and musculoskeletal injury in high school athletes: a comparison of oral contraceptive pill users and nonusers” was accepted for publication in Sports Health. Lastly, a poster on which I was a co-investigator, “School-Based Resistance Intervention Improves Skeletal Growth in Adolescent Females” was presented at the American College of Sportsmedicine Annual Meeting and received the Applied/Scientific Research Award awarded by the Bone Interest Group Section of ACSM.

Alison Brooks, MD, MPH and I also recently completed data collection on our study, “Sports-Related Lower Extremity Injury Prevention in Rural High School Female Athletes: A feasibility Study.” This study was a joint venture with the Rural Wisconsin Health Cooperative.

• Sue Wenker, PT, MS, GCS, Director of Clinical Education
This past year has continued to be filled with interesting opportunities! I had the pleasure of being a co-instructor in the foundational course for first-year students. We enjoyed piloting the use of Simulated Patients for student learning in addition to the continued use of standardized patients. Reenie Euhardy and I were able to provide continued course offerings to the community on topics of aging. The ability to work with other health care professionals has continued to grow and we are currently crossing curricula with nursing for lab experiences and educating students about lines and leads. One of the best things about Madison is the ability to get involved— I am enjoying working with faculty and students in pharmacy and nursing to provide community health screens to older adults; provide an independent study with Dr. Hamrick at a local nursing home with physicians, physician assistants, pharmacists, and other students; am a part of the University of Wisconsin Health Improvement Network team for Academic Affairs; collaborate with other members from the Teaching Academy; teach the geriatric special topics unit in the UW/Meriter Orthopedic Residency; and most recently was appointed as a representative of the School of Medicine and Public health 2013-2014 Blended Learning Fellowship Program. Clinical education has continued to evolve, and students and clinicians make each year successful through their hard work and support. Our student success is only as strong as the clinicians educating them! This was our first year utilizing an online commitment form and a student portal to assist in the clinical site selection process; a shout-out to Eric Nordeng who has been instrumental in developing these tools! Professionally, I continue to be involved in the Geriatric section as the Section Program Co-chair and I am a member of the 2013 NPTE item writers; what an experience that has been! Finally, I continue to work on my PhD studies in the School of Education and enjoy going back to school. There never seems to be enough time to learn!

Associate Faculty Changes
Ed Bersu, PhD and John Harting, PhD retired this year. We are lucky to be blessed with Dr. Bersu’s continued presence in Anatomy but we all miss Dr. Harting. He made significant research contributions, was a departmental chair for close to 29 years, and taught for nearly forty years!

We are incredibly fortunate to have found Elise Davis, PhD and Meghan Cotter, PhD to teach Anatomy, and Luis Populin, PhD to teach Neuroanatomy. The summer Anatomy course could not have gone better and Dr. Populin is already working with Dr. Dewane and Karen Patterson to develop a seamless neuro tract!

Welcome, Drs. Davis, Cotter and Populin!
On April 3, 2013, We Lost an Icon
Margaret Ann Kohli, emeritus professor, age 98, passed away on April 3, 2013, at Oakwood Lutheran Homes-West.
She is survived by her sister, Mrs. Mary Ann (David) Duncan of Corvallis, Ore.; three nephews, Professor Robert (Sally) Duncan of Corvallis, Ore., Dr. George Duncan of Baltimore, Md., and John R. (Deborah) Kohli of Palo Alto, Calif.; a niece, Margaret (Richard) Lane of Charlottesville, Va.; and eight grand-nieces and nephews.
She was preceded in death by her parents; a sister, Elizabeth Kohli; and a brother, John L. Kohli.

Margaret was born in Monroe on March 4, 1915. She graduated from the University of Wisconsin-Madison in 1937 and received her M.S. degree at the University of Urbana-Illinois. In 1941, she became Director of the Physical Therapy Program at the UW-Madison, where she served for 37 years.

Upon her retirement in 1980, to honor her for a distinguished career of teaching and service at the University of Wisconsin and to recognize her many contributions to the profession of physical therapy, the Margaret A. Kohli Scholarship Fund for students in physical therapy was established.

Margaret was active in the American Physical Therapy Association throughout her career, serving in several leadership roles including Treasurer and the Board of Directors. Margaret received the Lucy Blair Award as well as a commendation from the House of Delegates for her significant contribution to the growth and development of the physical therapy profession.

Margaret also received the Outstanding Service Award and the Hall of Fame Award from the Wisconsin Physical Therapy Association. Her name is synonymous with superb educational preparation, the demand for high ethical standards, and the growth of physical therapy into the strong profession it has become.

Margaret was a member of the National Society of the Daughters of the American Revolution; National Society of New England Women; National Society Women Descendants of the Ancient & Honorable Artillery Company; Bascom Hill Society; Wisconsin Historical Society; Wisconsin Alumni Association; University League; First Families of Ohio; Ohio Genealogical Society; Friends of the Arboretum; and First United Methodist Church.

Tributes to Ms. Kohli
In my 44 years of practice I have always been proud of the education that I received under her leadership. It was extremely rare to meet a therapist who was more prepared in all types of clinical settings. (Gail Holloway Preston, Class of 1969)

I enjoyed reading "Miss" Kohli's obituary. I graduated from the program in 1961. I was a bit of a problem child in her eyes but went on to work in Pediatrics for 38 years, taught clinical practice for PTA program in Peoria Il, had my own consulting business, and I even added a Nursing Home contract as I headed toward that end of the spectrum myself. With my awesome education at UW under her direction and challenges, I enjoyed a wonderful career. All this was accomplished by the girl who was "too social" and "would probably never work a day as a PT"!! After I retired, as a 20 year practitioner of T’ai Chi, I began adapting my Chen form to Seniors and Cancer Patients, survivors and caregivers. A whole new career has opened up for me as a result of an article on T’ai Chi that came across my desk. Another bonus feature of being a PT. Thanks again for sending this out to us. (Susan Swardenski, RPT, Class of 1961).

Thank you for forwarding info on Miss Kohli. I was a 1964 graduate. I ended up being a military wife and have only been back to Madison twice. I was licensed in 11 states plus working in Thailand. I practiced for 43 years and was always grateful for the foundation I received in PT at Madison, thanks to her leadership. In an era where PT’s were taught to be clinicians, she taught us to be managers and decision-makers as well. It carried me in all aspects of my life. "Thank you, Peg. You did well". (Donna Milford Wischmann, Class of 1964)

Thank you, Lisa. I didn’t know. Ms. Kohli was instrumental in providing PT’s with very strong ethical standards that are still operational today. For that, I am eternally thankful. (Marta Jindra, PT)

Thank you for sending this information. I graduated from UW Madison in 1965. Miss Kohli made sure I was one of her students to follow my senior year as I had gotten married between my junior and senior year. She said I would be a disappointment to the university and to my parents for getting married before graduating as she was sure I would not pass my senior year. She was a hard task master. But I loved every minute, and her harsh words to me worked. I worked very hard to prove her wrong my senior year as well as loving my work as a Physical therapist until I retired in 2001. Also, she was my inspiration to get as much continuing education every year long before it was a requirement to maintain your license. At one time I had clinics or contracts in 4 PT facilities. Thank you Margaret Kohli for your inspiration. (Sandy Mortensen, Class of 1965)

Thank you very much for distributing this information. Wow… 98 years!! What a life and what an achievement. Thanks again. (Brian Borchardt, PT, Class of 1976, St. Elizabeth Hospital, Appleton, WI)

Thank you for the information Lisa. Ms. Kohli was my counselor while in PT, becoming professor emeritus the year I graduated. She was serious, but a very inspirational person and very friendly and kind once you got to know her. I think of her often. How wonderful for her to have lived such a long full life. May eternity be hers forever in heaven. (Jeannine Mattson)

Thank you for sharing this. She was the director of PT when I was a student, and I remember her well especially for setting high standards and expectations that motivated students to achieve and perform their best both while students as well as throughout their professional careers. (Kristine Jackson, Class of 1974)
Alumni News

Thanks for the email. I met Margaret in the grad program and we hit it off! She was a great facilitator of thought, discussion, reflection, action. Thanks. (James Dayhuff, PT, MS, MA, retired Asst. Prof, Rosalind Franklin University, Lindenhurst, IL)

She was a wonderful director and guide into the field of Physical Therapy. (Cathy Schmidt Easterday)

Thanks for keeping me in the loop. She was a very special person/teacher and I owe great deal to her and her teachings. (Susan Butler)

Thank you very much for thinking of us all out here around the world who are grateful for your information. There was a point during my third year at Wisconsin that I was very discouraged and struggled academically, and Ms. Kohli called me into her office. It was with much trepidation that I went to see her. Her message to me was that even though she stressed the academics strongly she knew I had the special “touch” and “heart” of a therapist so I had better not quit. As a result of that one sentence I had a wonderful career for many years. I have now been retired after 45 of years after doing PT work all over our country in all different settings. My granddaughter is now expressing interest in PT so I am excited about helping her. She is only 10 so it will be awhile but I knew at 10 that I was going to PT school so who knows. I graduated in 1965 in a class of 30+. Some of us still exchange cards and info. We were lucky to know her. (Ruth Lightfoot Mackey, Class of 1965)

Thank you for forwarding. Professor Kohli sure had a positive influence on many lives, including mine. (Marjorie Johnson Hilliard)

Thank you for your information on Margaret Kohli. I was a graduate of the class of 1953 and practiced PT until 9 years ago. I am now 82 yrs. old. I owe a debt of gratitude to Miss Kohli and staff for the knowledge and ethical standards they bestowed on me. (Dee Ellis-Reise)

Thank you for passing this on. I did not know that Miss Kohli had died. I can so easily remember the day in 1967 when I had decided Physical Therapy should be my major; and, I made the appointment to see her. It was a good decision from day one. Occasionally over the years I would see her at Hilldale Mall; she always remembered me. After graduation in 1971, I took a job in England and she was supportive of this decision. Others on the faculty were not. It was a good learning experience to work in another health care system for a year. Again, thank you for informing alumnae of this. (Jane Nee)

I graduated in 1960 from PT School at the University of Wisconsin. I continue to do per diem home health here in Maine. Recently, a friend informed me that Ms. Kohli died. I called her a couple of years ago, was so impressed. We were all “afraid of her” in school. However, authority is really important and I respect it. I received an A in her Ethics class, the only A I did receive in PT school! Nancy Watts taught us as well, she was the best. I pray for the best for you all there, the education was superb. (Mary Griesbach Van Hoom)

Thank you for informing us of the passing of Ms. Kohli. As is true for so many generations of PT’s, she was a wonderful inspiration for me and my classmates. Plus I will remember her guidance and inspiration for the profession, especially during the earlier formative years. (Alice Myers Hirt, Class of 1962)

PT Class of 1952. This photo is from a current patient of mine. She was thrilled to hear I was hosting a reunion and brought this in to share. She said she would love to share it with the PT Program if you would like. Her name is Margaret Weisbert Walters and she is the second from the right on the bottom row. Ms. Kohli is top right. Two other teachers are top row 2nd and 3rd from the right respectively: Dorothy Briggs and Ms. Brice. Small world! (Lori Ochalek, Class of 1983)

Alumni Updates

Emily (Gankow-Wold) Terhune-Wold (2006): I married Jason Terhune, now both of us are Terhune-Wolds! In December 2011, I finished the EIM residency in orthopedic manual therapy and my t-DPT. In February, 2012, I passed my OCS!

Jennifer Sewall (2006): I am one of 17 PTs who is a part owner of 7 different clinics in Vail, CO.
ABPTS Certified Specialists
The following alumni were awarded specialist certifications at the APTA Combined Sections Meeting:
James S. Carlson, PT, MPT, CCS (1999)
Nathan Arthur Christopher, PT, OCS (2003)
Margaret EJ Dietrich, PT, MPT, PCS (2000)
Daniel Edward Enz, PT, SCS, LAT (1996)
Emily Marie Ganzow-Wold, PT, DPT, OCS (2006)
Stacy Rose Huegerich, PT, OCS (2008)
Rebekah Katsma Piazza, PT, DPT, OCS, CSCS (2010)
Corey Matthew Kunzer, PT, SCS, LAT, CSCS (2005)
Abby Lynn Schilz, PT, MPT, NCS (2003)
Heidi Ann Schulz, PT, MS, OCS, SCS, ATC (2006)
Ann H. Thuot, PT, GCS (1985)

Reunion News
Thanks to all of you who joined us for our alumni event at the APTA Combined Sections Meeting in Chicago!

Sally Bobula (Class of 2010) at the 2013 APTA Combined Sections Meeting.

Lab partners - Carlyn Myhre, Colleen Sullivan, Colleen O’Conner, and Lori Fiedler.

At the Hop - Lori Fiedler, Paul Prefontaine, Rhonda Funke, Colleen O’Connor, Colleen Sullivan, Carlyn Myhre, and Howie Rice.

Top photo: PT Class of 1983 touring the new UW anatomy lab.
Bottom photo: Group photo of ’30 out of 60’ PT students from the Class of 1983 at this years’ reunion.
$500+
Suzann K. Campbell and James B. DeLapp
Richard L. and Catherine S. Easterday
Gordon T. and Susan J. Ridley
Lois G. Ridley
Daniel R. and Jennifer L. Wade

$250-$499
Kay S. Bizjak
Steven and Nancy K. Blatnik
Robert K. Heen
Bonnie L. Lindahl
Judith G. Neigoff
Gertrude M. Wilkinson

$100-$249
Sandra L. Anderson
Andrew J. Bachhuber
Janet Bezucha
Jeffrey A. Brunner
William J., Jr. and Susan Butler
Donna J. Cech
James W. Coulter
Elizabeth E. Cross
Mary E. DeMelle
Salley C. Edelsberg
John D. Garbrecht
Barbara L. Griffith
Sandra W. Groebner
Susan Helm
Donna B. Hendricks
Warren R. and Susan M. Hingst
Mary E. Jast
Bersean D. and Shirley M. Jergenson
Kathryn J. Jones
Robert C. and Mary E. Koch
Jeffrey A. and Robin E. Kolff
Kathryn M. Lyons
Raymond R. Maffet
Gladys M. Manke
Cindy L. Marti
James A. Marx

Mary D. McCarthy
Sarah J. McDonald
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Thomas, Jr. and Sandra L. Muschitz
Marjory R. Nagel
Janet M. Nordstrom
Dennis E. O’Connell
Richard D. Osterberg
Emily J. Pine
Sandra L. Plummer
Alan S. and Catherine W. Robertson
Barbara A. Roepke
Robert W. Sandstrom
Andrea E.B. Scheuerman
Laurie D. Seckel
Michele M. Stanley
Philip E. and Mary K. Stone
Steven and Leslie Van Volkinburg
Janet R. Zehms-Stankrauff

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Jerry S. and Melissa M.E. Aul
Tracy Barrett Peck
Margaret A. Batalden
Mary J. Bauhs
Dennis M. Beekman
Michael A. Brodzeller
Sarah L. Burdick
Kenneth K. and Suzanne B. Clark
James and Dale E. Coon
Margaret F. Cooper
Roger B. and Norine L. Cross
Kristine C. Dekanske
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We are grateful for your contributions and recognize that many of the Program’s facility improvements, activities, and scholarships would not be possible without you!

Thank you!

Mary L. Van Hoorn
Michael J. and Joni L. Vanselow
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Donna J. Wischmann
Wisconsin Physical Therapy
Helene E. Young

Keep In Touch! We want to hear from you!

Name: ____________________________________________________________

Name when you were a student (if different): ____________________________________________________________

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