

# In Touch

UNIVERSITY OF WISCONSIN-MADISON DOCTOR OF PHYSICAL THERAPY PROGRAM  
ALUMNI NEWSLETTER • WINTER 2016

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## A Message from the Program Director

Lisa Steinkamp, PT, PhD, MBA

Dear Alumni and Friends,

The UW-Madison DPT Program has undergone many transitions in the last year. We are the first of all School of Medicine and Public Health (SMPH) non-MD health professions programs to move under the umbrella of Academic Affairs in the SMPH. As such, faculty are moving into departments that are more aligned with their interests. These

changes have led to a plethora of collaborative and inter-professional opportunities, from administrative to student levels. In addition, we are remodeling our facilities; this hasn't appeared to slow down the level of activity! If you would like to make a meaningful contribution to the PT program, please help us purchase new classroom chairs! We need to raise \$12,000. Thank you!



## Congratulations to the 2016 Graduates ~



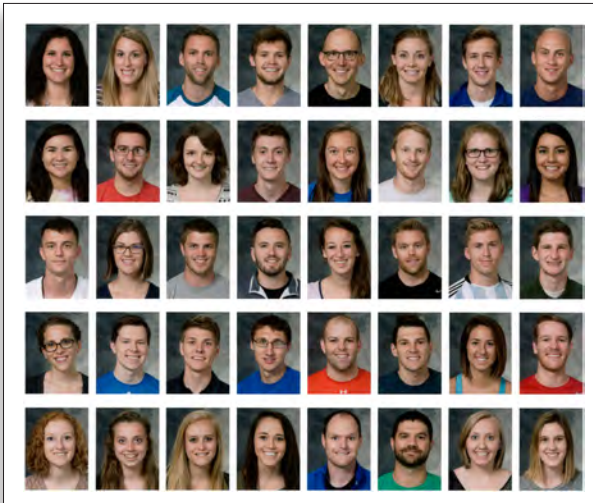
Tyler Allee, Cassie Bandow, Autumn Bonner, Jessica Brouwer, Carl DeLuca, Tyler Douglass, Suzanna Eddy, Rebecca Engel, Nicole Flackey, Alyssa George, Hayley Gerster, Caitlin Glendenning, Kyle Hampton, John Heitzman, Mindy Hoffman, Nathaniel Hoover, Kaitlin Klos, Elizabeth Kremer, Micah Kust, Andrew Larson, Karen Lovely, Alec Martinez, Brandon McMullen, Katie Muehlstein, Krista Nelson, Brittany Novotny, Kathryn Percy, Rachel Peerenboom, Maggie Proulx, Nicki Ruegsegger, Adrienne Rust, Jeff Schleusner, Nathan Seitz, Kayla Sharpee, Abby Smith, Michelle Tollakson, Nicole Waner, Chelsea Welles, Alex Wolfe, Nick Yuetter.



Students, faculty, family and friends enjoying the Class of 2016 DPT graduation festivities.

# Student News

## Congratulations to the Entering Class of 2019 ~



Jennifer Blunt, Carolyn Bogart, Shawn Bohler, Billy Bruggink, William Busse III, Lauren Callin, Benjamin Davis, David Dramm, Emily Durham, Alex Eggen, Ashley Emery, Brandon Fraleigh, Samantha Gallo, Eric Grazia, Jennifer Gudea, Jasleen Guru, Andrew Haley, Joanna Hallam, Jared Hutterer, Matthew Koester, Bailey Lanser, Christopher MacKay, Daniel Magyar, Joshua Miltzer, Laura Muller, Samuel Norton, Jesse Olson, Matthew Pechacek, Mitch Phillips, Brett Pozolinski, Kylie Reese, Steven Sawher, Jennifer Scharenbrock, Kaitlyn Shaughnessy, Megan Tancill, Taylor Vinhal, Benjamin Wales, Kristopher Wampole, Olivia Westhoff, Morgan Yeska.



Second-year students orient the incoming Class of 2019.

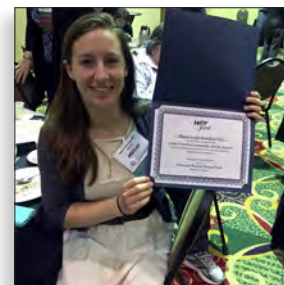
## Student Activities and Awards

**Chris Chism, SPT**, was selected as an APTA Core Ambassador Elect, which is the primary link between the Student Assembly Board of Directors and the PT and PTA students in the State of Wisconsin.

**Karen Lovely** (Class of 2016) received the WPTA Emerging Leader Award. Karen was selected for her impressive leadership skills and extensive list of achievements, including presentations to the WPTA Board of Directors, and her involvement with Legislative Day and the Student SIG.



**Cassie Bandow, Mindy Hoffman, Krista Nelson, and Nick Yeutter** presented a poster with **Lisa Steinkamp** at the WPTA Spring Conference; faculty members **Judy Dewane** and **Kristi Hallisy** each presented a poster as well.



**Trevin Fritschka** and **Nicole Will** won WPT Scholar awards, and **Megan Donohue** won a Chris Crivello Community Service award, all from the Class of 2016.

Advancing Diversity and Excellence in Physical Therapy (ADEPT) awarded Cultural Congruency in Health Care Certificates to the following students: **Avelene Adler, Christopher Chism, Laura Dean, Jesus Garcia, Addy Javes, Adam Kiepert, Kelly Mueller, Margaret Rusch, Melissa Schultz, Hannah Sutter-Balke, Brett Tabor, Nicole Will, Eliza Wortman.**

# Student News

Through participating in ADEPT's Food for Thought dialogues and community outreach events, these individuals demonstrated their passion about social justice, addressing health disparities and improving the care they provide to diverse populations, with the hope of becoming exceptional clinicians who will be better equipped to understand their patient populations, address their own implicit bias, and provide exceptional care to whomever walks through their clinic doors.

Involvement in ADEPT resulted in:

- Organizing and implementing a PT Health and Community Wellness Fair, where students from programs across SMPH screened 30+ elders in the Bayview Community Foundation--a low-income housing development near campus--for high blood pressure, diabetes, falls risk, and vision issues.
- Securing a \$700 grant from the WPTA and funding from DPTSO and other offices on campus to fund the PT Health and Community Wellness Fair, as well as five Food for Thought events, designed to provide PT students the opportunity to dialogue and develop increased cultural competence.
- Planning and implementing a half-day DPT Open House for students of color.
- Offering in-class shadowing and peer mentorship opportunities to 30+ undergraduates of color interested in the PT profession.
- Developing a new contract with UW Health to provide no-cost clinical shadowing opportunities with UW Health clinicians for undergraduate and high school students of color.
- Presenting to students in the PEOPLE program information on health and wellness and the PT profession.

Wendee Gardner, SPT, one of the founding members of ADEPT, published the following: Craig Rushing, S., & Gardner, W. (2016). Native VOICES: Adapting a video-based sexual health intervention for American Indian teens and young adults using the ADAPT-ITT model. *American Indian and Alaska Native Mental Health Research*, 23(1), 24-46. <http://dx.doi.org/10.5820/aian.2301.2016.24>.

## 2016 Scholarship Recipients (Class of 2017)

Margaret Kohli Scholarships: Sarah Ceschin, Laura Dean, Kaiya Sygulla, Nicole Will  
UW-Madison PT Alumni Coalition Scholarship: Adrienne Javes  
Jean L. Roland Scholarship: Amanda Gyger

## 2016 Scholarship Recipients (Class of 2018)

UW-Madison PT Alumni Coalition Scholarship: Chris Chism  
PT Student Scholarships: Allison Ebert, Margaret Rusch  
Ridley Family Physical Therapy Scholarship: Kristy Martinson

Caroline, Clara, Charles and Mildred Harper Scholarships: Rick Geske, Kelly Mueller

Barbara Ellen Gerlich-Hoefeyzer Scholarship: Keith Knurr

## Pro Bono Clinic Highlights

Last spring, the Pro Bono Clinic successfully incorporated four Speech and Language Pathology (SLP) students as part of their clinical rotations, who are focusing on two patients per semester. To increase communication between PT and SPL students, there is an interdisciplinary meeting every three weeks to share information on evaluations and interventions. This semester, OT students have joined the mix. We have our largest patient load to date (13 patients!) with strokes, SCI, CP, and TBIs, and a record number of student volunteers – 70! Thanks to the money raised by volunteering with Ironman Triathlon, Pro Bono has been able to purchase a number of new items, including upper and lower extremity cycle ergometers, new Theraband, hand-stacking cones, agility cones, bean bags, and rubber dots. The 2015-2016 council of Megan Donohue, Emily Francione, and Kaiya Sygulla has now



DPT students working in the Pro Bono Clinic.

# Student News

made way for the 2016-2017 council of **Amy Thieleke** (coordinates the students), **Matt Aguilera** (coordinates the patients), **Margaret Rusch** (coordinates outreach and inter-professional contacts with Speech and OT), and **Ian Conners** (resource coordinator).

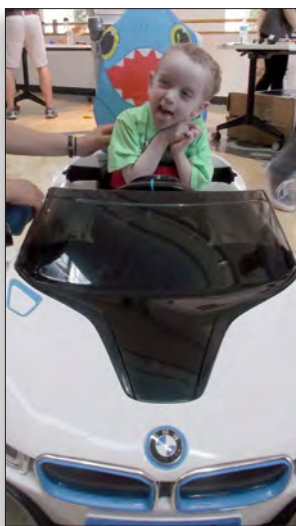
## GoBabyGo

The UW and American Family Children's Hospital (AFCH) GoBabyGo Early Mobility Project is a community outreach program that facilitates inter-professional collaboration among students and faculty from the DPT, Occupational Therapy, and Engineering programs, community therapists, AFCH therapists, and other volunteers. Inter-professional teams modify small battery-powered toy ride-on cars that enable children to explore their environments



Battery-operated cars adapted by students.

under their own power. Each car is adapted to have simple power controls and steering mechanisms customized to the child's skill level. The body of each vehicle is modified to provide necessary trunk support and seating adaptations for the child. These cars serve a critical role in providing early mobility in a child-friendly, safe, fun manner. The event has gotten so large that we now need to hold it at the Engineering Center Building! Please see our Facebook page: <https://www.facebook.com/UWGoBabyGo>.



A child enjoys driving his new car!

## Doctor of Physical Therapy Student Organization (DPTSO-UW) News

Another school year flew by for students of the DPTSO-UW, and what a jam-packed year it was! With guidance from Sarah Ceschin (Vice President), Laura Brodziski (Treasurer), and Allison Zimmermann (Secretary), the group created a new form of leadership, utilizing DPTSO-UW as a club that completed volunteer work, held program social events, and donated to charities, while also supporting students' professional development and numerous other organizations such as Pro Bono, Badger Honor Flight, and Special Olympics, to name a few. The board believed it was necessary to be a "common ground," where students could receive information on all events happening throughout the program. We viewed ourselves as an "umbrella" that encompassed professional development, community service, and program internal affairs. With all the volunteer work, fundraisers, and social endeavors, the academic year was over before we knew it! As in years past, we have continued volunteering with the Spinal Cord Injury (SCI) group, Special Olympics, the Wellness Expo, Ballroom Basics for Balance, MEDiC, the WPTA/APTA, Bucky's Race for Rehab, and the Inter-professional Health Council. In addition, our members held three massage fundraisers to provide third-year students with a fund for graduation ceremony expenses. Due to our dedicated members, DPTSO-UW was very excited to make monetary donations to the DPT Global Health Service Learning Trips, the Pro Bono Clinic, the body donor ceremony, the SCI Group, and the Foundation for Physical Therapy. The organization also provided funds for printing services at the Medical Sciences Center (MSC-our program's location), professional nametags for each student, and various guest speakers during labs. New this year, DPTSO helped in supporting and donating to a rising student-led group, ADEPT (Advancing Diversity and Excellence in Physical Therapy), which provides students the opportunity to discuss inequality issues in our healthcare system. To finish our community service initiatives, we held a "Spring Cleaning" clothing and food drive, and donated collected materials for River Food Pantry of Madison, WI. As always, outside of all the studying, volunteering, and spending time at our second home in the MSC, DPTSO-UW hosted social events, including the annual summer picnic, which serves as the third-year send-off to their clinicals, a Brewers' game, a Winter Holiday Party, and Fall PT Olympics. Finally, DPTSO-UW had the honor of organizing a "send-off" for professors Dr. Bill and Dr. Jill Boissonnault, who retired from the program to pursue exciting career opportunities in physical therapy outside of Madison. Students had a chance to hear unforgettable stories and say goodbye to two of the greatest professors, physical therapists, and role models that the program has ever had the privilege of experiencing. Looking back at the previous busy and eventful year, we believe DPTSO-UW, along with its members, created a positive impact in the Madison community and assisted in supporting the professional growth of its students.

## 2016 DPTSO donations:

Madison SCI - \$215  
Wisconsin Alumni Research Foundation - \$190  
Pro Bono - \$200  
Global Health - \$1855 (divided with consideration of expense for each trip)  
Body Donor Ceremony - \$50  
ADEPT Food for Thought - \$130  
TOTAL = \$2,640

If you are interested in donating to DPTSO-UW to assist in our fundraising and annual donations, please see the attachment at the end of the newsletter. Thank you!

## Nicole M Will, SPT

DPTSO-UW President  
Class of 2017

Congratulations to the new DPTSO board for 2016-2017:

President: **Kelly Mueller**  
Vice President: **Chris Chism**  
Secretary: **Katie Lamberton**  
Treasurer: **Keith Knurr**

This year's council has gotten right to work, with plans for a holiday party, three massage fundraisers, and continued service to the detention center, special Olympics, Inter-professional Health Council, Badger Honor Flight, along with the Pro Bono Clinic and MEDiC.

The 2015-2016 MEDiC Council of **Jordan Reeves, Trevin Fritschka, Shanna Karls, Addy Javes** and **Brett Taber** has made way for the 2016-2017 Council of **Gina Williams, Elana Gordon, Allison Ebert, Naomi Fisher** and **Amanda Eckhardt**.



The UW Alumni Coalition's historical archives display.

## Visit our website for active faculty projects

### ■ Colleen Cobey, PT, MS, FAAOMPT

My teaching appointment involves being the link between all three first-year semesters, with PT 501 Anatomical Applications in the summer, PT 527 Foundations of Examination and Evaluation in the fall, and PT 534 Therapeutic Interventions in the spring. In PT 527, we continue to utilize the Simulation (SIM) Center at UW Hospital to provide a realistic inpatient experience for the students. Working in pairs, students perform a bedside assessment on a high-fidelity manikin capable of verbally communicating and demonstrating fluctuating physiologic responses. Following this experience, the students are again at the SIM Center for their final practical, which is performed with a standardized patient. My clinical appointment is at University Health Services (UHS), which serves the students at UW as well as visiting faculty and their families. At UHS, we have expanded our time to include summer session based on how busy we have been during the fall and spring semesters. As part of my service, I am involved with the Stepping On program and have lectured at the Oakwood Village on falls prevention. I have also been certified as a CPR instructor and with **Reenie Euhardy**, we now offer CPR certification training for our students and faculty.

### ■ Jeanne Duncan, PT, DPT, DCE

If I thought my first year on staff was a whirlwind, I am not quite sure how to describe my second year! This past fall, I had my first opportunity to teach PT 523: Cardiovascular and Pulmonary Aspects of Physical Therapy with **Jim Carlson, MPT, CCS** (Class of 1999) and look forward to continuing this role as we make some fun changes to the course. In January, I took over the Director of Clinical Education (DCE) role for the program and am happy to say I survived my first March mailer and site selection process, all while developing our new clinical education database through the external company Exxat. With the added duties of DCE, I decided to step down from my clinic position at Stoughton Hospital this past June, but will continue with my clinic appointment at UHS. Finally, in May I graduated with my post-professional DPT and celebrated this accomplishment with my family in Hawaii for 2 weeks!

### Clin Ed Corner

As mentioned above, Clinical Education has seen many changes this year. Although **Sue Wenker** has stepped down from the DCE position, she has been a fabulous mentor to me as I have transitioned into this role. With the changes to the program's overall curriculum and internship dates, our site selection process has become even more dynamic, with the need to request and select an additional placement during this cycle. If you were not aware, we have decided, based on student and clinician feedback, to move to four, nine-week terminal internships, starting earlier in the summer and ending earlier in the spring. This will allow students to take the NPTE boards exam during the early testing date without having conflicts with their clinic schedule. We have also partnered with Exxat, an external company, for our clinical education database. We are excited about all the features this database has and believe it will improve our ability to track and share information with both the students and our clinical partners. Thank you to all of you who have offered placements and taken our students. We appreciate all that you do for them! As always, please feel free to contact me with any questions or concerns you might have.

# Faculty News

## ■ Kristi Hallisy, PT, DSc, OCS, CMPT, CEEAA

In April 2016, I completed a four-year stint as Director for the WPTA Board of Directors (BOD), but will stay on the BOD as the Health and Wellness Committee Co-Chair with **Becky Piazza, DPT, OCS** (Class of 2010) and Liaison to the WPTA Education and Professional Development Committee. Professionally, I continue to pursue the dissemination of clinical applications of tai chi in PT practice. Since the last InTouch, I have done six presentations locally (2), regionally (2) and nationally (2) on a variety of topics (e.g. tai chi for low back pain [2], tai chi and aging [1], tai chi for chronic pain [1], and general clinical applications of tai chi for musculoskeletal and neuromuscular conditions [2]). In June, UW-Madison DPT students and I provided a Falls Screening booth for Madison's Juneteenth cultural celebration of African-American Emancipation. This fall, a multi-site tai chi project, Improving Balance for Older Adults: Disseminating Tai Chi through Community Organizations, will start data collection.

### Publications/Abstracts:

1. **Hallisy KM**. Clinical application of tai chi for management of chronic low back pain: A theoretical discussion. *Ortho Phys Ther Pract*. January 2016;28(1):76-81.
2. **Hallisy KM** and **Kunzman S**. Building a Pyramid of Influence: How One's Personal Wellness Philosophy Impacts Healthcare {Poster}, UW-Madison Teaching Academy, May 2016.
3. **Hallisy KM** and **Maguire M**. How We Applied What We Learned at TASI-2015 {Presentation}. UW-Madison Teaching Academy Summer Institute Arboretum, Madison, WI, June 2016.



Patient Professors in PT679: Prosthetics (L to R): **Cathy, EJ, Sandy, Eddie, Amy Paulios CP** (organizer), **Joe, Jessie, Breanna, Mark, Floyd** and **Jeremy**. Thank you to **Amy Paulios** and **Sandy Grady, PT** (UW Health) for making this experience possible!

## ■ Bryan Heiderscheit, PT, PhD, Director of Research

Research from Dr. Heiderscheit's lab was presented at professional conferences, including the APTA's Combined Sections Meeting (Anaheim, CA), American College of Sports Medicine (Boston, MA) and National Athletic Trainers Association (Baltimore, MD). Dr. Heiderscheit was an invited speaker at several universities and professional conferences, including the Oregon Physical Therapy Association (Portland, OR), Nebraska Physical Therapy Association (Omaha, NE), IAAF World Indoor Track and Field Medical Symposium (Portland, OR), X Congress of the Association of Kinesiology in Sport (Buenos Aires,

Argentina), Duke University (Durham, NC), and George Fox University (Newberg, OR). Dr. Heiderscheit was appointed as an Editor for the Journal of Orthopaedic & Sports Physical Therapy and was re-elected to the executive board of the Sports Physical Therapy Section of the APTA.

### Publications:

1. **Stiffler M, Sanfilippo J, Brooks MA, Heiderscheit BC**. Star Excursion Balance Test performance varies by sport in healthy Division I collegiate athletes. *J Orthop Sports Phys Ther* 45:772-780, 2015. PMID: 26304643.
2. **Williams QI, Gunn AH, Beaulieu JE, Benas BC, Buley B, Callahan LF, Cantrell J, Genova AP, Golightly YM, Goode AP, Gridley CI, Gross MT, Heiderscheit BC, Hill CH, Huffman KM, Kline A, Schwartz TA, Allen KD**. Physical therapy vs. internet-based exercise training (PATH-IN) for patients with knee osteoarthritis: study protocol of a randomized controlled trial. *BMC Musculoskel Disord* 16:264, 2015. PMID: 26416025. PMCID: PMC4587879.
3. **Luedke L, Heiderscheit BC, Williams DB, Rauh M**. Association of isometric strength of hip and knee muscles with injury risk in high school cross country runners. *Int J Sports Phys Ther* 10:868-876, 2015. PMID: 26618066.
4. **Heiderscheit BC, McClinton S**. Evaluation and management of hip and pelvis injuries. *Phys Med Rehab Clin North Am* 27:1-29, 2016. PMID: 26616175.
5. **Brooks MA, Peterson K, Biese K, Sanfilippo J, Heiderscheit BC, Bell DR**. Concussion increases the odds of sustaining a lower extremity musculoskeletal injury after return-to-play among collegiate athletes. *Am J Sports Med* 44:742-747, 2016. PMID:26786903.
6. **Luedke L, Heiderscheit BC, Williams DB, Rauh M**. Step rate and shin injury and anterior knee pain in high school cross country runners. *Med Sci Sports Exerc* 48:1244-1250, 2016. PMID: 26848450.
7. **Pipkin A, Kotecki K, Hetzel S, Heiderscheit BC**. Reliability of a qualitative analysis for running gait. *J Orthop Sports Phys Ther* 2016 Jun 6 [Epub ahead of print].
8. **Blyholder L, Chumanov E, Carr K, Heiderscheit BC**. Exercise behaviors and health conditions of runners after childbirth. *Sports Health* (in press).

## ■ Evan Nelson, PT, DPT, OCS

At the beginning of the 2016-17 academic year, teaching began to define a larger component of my professional attention as I took over the primary responsibility of Clinical Medicine I and II in the entry-level curriculum. Bringing my clinical experience and stories into the program in this way has offered a new and exciting challenge. I remain active in clinical practice with direct patient care with UW Health at the American Center. My scholarly work continues to develop the University of Wisconsin Running Injury and Recovery Index as the first running-specific patient-reported outcome measure, and I am working on a large UW Health project team to collect patient-reported outcomes directly through the electronic medical record. Two research projects resulted in acceptance for poster presentations at the APTA Combined Sections Meeting. Hopefully I will see you in San Antonio in February 2017!

# Faculty News

## Abstracts:

1. **Nelson EO**, Blyholder L, Sanfilippo J, McGuine T, Heiderscheid BC. Injuries reduce health-related quality of life in collegiate athletes. APTA Combined Sections Meeting, 2017.

2. **Nelson EO**, Pielage, L, Heiderscheid BC. Accuracy of runners' self-reported foot strike pattern. APTA Combined Sections Meeting, 2016.

## ■ Karen Patterson, PT, MS, PCS

My teaching responsibilities continue to include Motor Control Dysfunction I and II during the second year but I was excited to have the opportunity to start teaching PT 501 Anatomical Applications with **Colleen Cobey** this past summer to the first-year students. I also continue to coordinate our Global Health Programs, which include trips to Uganda, Belize, and Guatemala. This year, I had the opportunity to return to Uganda with our students to see first-hand what amazing partners we have there and beam with pride at what phenomenal work our students and faculty are doing there. I also continue to serve on the Global Health Inter-professional Education Committee for the University of Wisconsin Global Health Institute. For the APTA, I serve on the Global Health Special Interest Group Nominating Committee and will become chair next year. I also continue to coordinate our community outreach program for early mobility for children (UW and AFCH GoBabyGo Early Mobility Project) and had an opportunity to present this project to the Inter-professional Health Summit at the University of Wisconsin-Madison. My clinical work is now focused on the AFCH Pediatric Neuromuscular Disease Specialty Clinic. I also have continued my research with Mathew Halanski, MD and Mary Schroth, MD on "Improving the Care of Children with Spinal Muscular Atrophy." This project will create a national clinical data base for research to improve the care of children with SMA. I continue to serve on the Medical Advisory Committee for CureSMA and presented two seminars at the recent CureSMA 2016 Annual Family and Research Conference in Anaheim, CA.

## 2016 UW-Madison DPT Global Health Program

Once again, we were able to offer global health service-learning projects to our second-year students. Due to our incredible UW-Madison DPT alumni who serve as program leaders, and our International Partners: Makerere University, Mulago Hospital, and Providence Home in Uganda; Hillside Health Care International and the Ministry of Education in Belize; and San Lucas Community Health Care Program in Guatemala, 19 of our 40 students completed an International Project!

**Belize:** As part of a longstanding collaboration with Hillside Clinic and the Ministry of Education (MOE), five second-year physical therapy students and two faculty members from the University of Wisconsin-Madison traveled to Punta Gorda, Belize for ten days in January 2016. The purpose of this trip was to engage in a service-learning experience related to the topics of physical therapy, rehabilitation, and disability educational outreach. Currently, the country of Belize has very limited to no rehabilitation services. Students work with community partners and faculty to develop their own projects but are encouraged to build on past projects that include disability awareness in elementary schools, training of staff at a non-profit clinic, and community outreach.



Children learn how to use one arm to make "tortillas" out of playdough.

**Uganda:** Eight second-year DPT students, along with one alumnus, **Sara Smiley, PT** (Class of 1980) and one community PT clinical instructor, **Jen Doster, DPT**, spent three weeks in Uganda as part of a three-week service learning experience. Community partners in Uganda include Mulago Hospital and Makerere University in Kampala, and Providence Home in Nkokonjeru, which is a home for children and adults with disabilities. Student projects have focused on sharing knowledge with partners through in-services, developing exercise programs, and co-treatment of patients with local providers.

**Guatemala:** Six DPT students and alumni **Dawn Ransom, PT, PhD** (Class of 2000) and **Carrie DeNiel, DPT** (class of 2013), traveled to San Lucas Toliman, Guatemala for a community-based service-learning experience. This project was coordinated with the School of Medicine and Public Health students and is partnered with the San Lucas Community Health Care Program. Group participants traveled to rural satellite clinics around the southern and eastern areas, near Lake Atitlan, and worked with local health promoters to enhance the rehabilitation care for the communities. In 2015 and 2016, the groups performed rehabilitation needs assessments of the community so projects could continue to stem from these assessments. In 2016, in-services regarding the physical therapy profession were well-received and in 2017, we will continue to promote rehabilitation awareness and education in these communities.

## Abstracts:

1. Magnusson D., Deluca C., Heitzman J., Martinez A., **Patterson K.** Conducting a community-based rehabilitation assessment within the context of a student global health experience. APTA Combined Sections Meeting, 2016.



Students build a ramp for a client in a wheelchair, and teach a community about nutrition.

# Faculty News

## ■ Mary Sesto, PT, PhD

Research from Dr. Sesto's lab was presented at professional conferences, including the APTA's Combined Sections Meeting, American Congress of Rehabilitation Medicine, Human Factors and Ergonomics International Meeting, and American Society of Clinical Oncology: Cancer Survivorship Symposium.

### Publications:

1. Tevaarwerk AJ, Lee JW, Tehaar A, Sesto ME, Smith ML, Cleeland C, Fisch M. Working after an advanced cancer diagnosis: factors affecting employment in the metastatic setting from ECOG's Symptom Outcomes and Practice Patterns (SOAPP) study. *Cancer* 2016 Feb 1;122(3):438-46.
2. Radwin RG, Chourasia AO, Fronczak FJ, Subedi, YS, Howerly R, Yen, T, Sesto ME, Irwin CB. Predicting Tool Operator Capacity to React Against Torque within Acceptable Handle Deflection Limits in Automotive Assembly. *Appl Ergon*. 2016 May;54:205-11.
3. Chourasia AO, Sesto ME, Kuehn K, Wiegmann DA. Effects of activation method and mental effort on touch screen task performance for users with and without upper extremity motor control disabilities. Accepted *Universal Access in the Information Society Journal*.
4. Sun W, Chen KB, Terhaar A, Wiegmann DA, Tevaarwerk AJ, Heidrich SM, Sesto ME. Work-related barriers, facilitators, and strategies of breast cancer survivors working during curative treatment. Accepted *Work Journal*.
5. Chen KB, Sesto ME, Ponto K, Leonard J, Mason A, Vanderheiden GV, Williams J, Radwin RG. Use of Virtual Reality Feedback for Patients with Chronic Neck Pain and Kinesiophobia. Accepted *IEEE in Transactions on Neural Systems & Rehabilitation Engineering*.

## ■ Jill Thein-Nissenbaum, PT, DSc, SCS, ATC

I continue to enjoy my balance of teaching in the musculoskeletal track with Dr. Kristi Hallisy and seeing UW athletes in the athletic training room. Combining clinic and teaching works very well for me: I can talk about the athletes I see in class while teaching forces me to remain current. In addition, I continue to be involved in the *Journal of Orthopedic and Sports Physical Therapy* as their Read For Credit coordinator and am chair of the Collegiate, University and Professional Athletes Special Interest Group within the Sports Physical Therapy Section. Lastly, I have had the opportunity to publish articles related to the female athlete.

### Publications:

1. Thein-Nissenbaum JM, Brooks MA. Barriers to compliance in a home-based anterior cruciate ligament injury prevention program in female high school athletes. *Wisconsin Medical Journal*. 15(1): 37, 2016.
2. Thein-Nissenbaum JM. The postpartum triathlete. *Phys Ther in Sport*. 2016 Sep;21:95-106. doi: 10.1016/j.ptsp.2016.07.006S.
3. Post EG, Thein-Nissenbaum JM, Sanfilippo JL, Stiffler MR, Trigsted SM, Heiderscheid BC, McGuine TA, Brooks MA, Bell DR. High School Sport Specialization Patterns of Current Division I Athletes. *Sports Health*. Nov, 2016.
4. Thein-Nissenbaum JM. The Knee. In: Hall, Thein Brody (ed). *Therapeutic Exercise: Moving Towards Function*. 4th ed. Baltimore, MD: Wolters Kluwer Health, December 2016.

5. Thein-Nissenbaum JM, Weber M, Lorenz D. Translating Evidence in Sports Musculoskeletal Rehabilitation. Sports Physical Therapy Section Home Study Course. 2016.

6. Thein-Nissenbaum JM, Christopher S. The Pregnant and postpartum triathlete. Sports Physical Therapy Section Home Study Course. 2016.

7. Weiss D, Dowthwaite J, Thein-Nissenbaum JM, Scerpella T. Two-Year, School-Based Resistance Band Exercise Increases Bone Acquisition in Adolescent Girls. ASBMR Meeting. 2016.

## ■ Sue Wenker, PT, MS, GCS, doctoral candidate

These past few months have been filled with exciting changes! I appreciate the students' patience and flexibility as I have started teaching the professional seminar courses in addition to continuing to teach with Colleen Cobey in the Foundations course. Steps are being made toward completion of my PhD and I have enjoyed my continued work with Dr. Mahoney's and Dr. Heiderscheid's research. My involvement has grown across the campus community as I begin a year-long appointment with the Academic Staff Executive Committee, focusing on curricular changes. Lastly, my work on the Academy of Geriatrics Board of Directors started at CSM 2016. I am enjoying building relationships with leadership and members of the Academy in this new role.

## Alumni News and Updates

- Please update your contact information at <http://uwalumni.com/directory>, and please update us with your current email address!
- Check our website for updates!
- Join our Facebook page!
- Let us know if you are interested in helping with any of our global trips or granting our students shadowing opportunities! And please become a Clinical Instructor!

Thanks to all of you who joined us for our alumni event at the APTA Combined Sections Meeting in Anaheim! Please join us this year at the Hyatt in San Antonio from 6:30-8:00 PM!

The following alumni were awarded specialist certifications or re-certifications at the 2016 Combined Sections Meeting:

- Miranda Beck, PT, DPT, GCS\* - 2013
- Deborah D. Bosley, PT, GCS - 1980
- Jennifer Lee Broder, PT, MPT, NCS - 2006
- Peter J. Bzdusek, PT, SCS - 2002
- Michael Patrick Coller, PT, DPT, OCS - 2010
- Nathan Robert DeBruin, PT, OCS - 1995
- Carl Goehner, PT, DPT, OCS\* - 2012
- Tracy G. Heim, PT, OCS - 1997
- Nicole Sara Herzog, PT, DPT, OCS\* - 2013
- Eric Leo Koehler, PT, OCS - 1990
- Michael T. Murphy, Jr, PT, DPT, OCS - 2012
- Ryan Schouweiler, PT, DPT, OCS - 2013
- Andrew Lee Taylor, PT, DPT, SCS\* - 2013
- Tang-Hsuan Yu, PT, DPT, NCS, OCS - 2011

\*= completed residency

Congratulations to John Buford, PT, PhD, the 2016 recipient of the Margaret Kohli Award for Outstanding Alumni Contributions!



This award recognizes graduate of the University of Wisconsin – Madison Physical Therapy Program who has made meaningful contributions to the physical therapy profession through clinical practice, education, research, or service. The following statements are excerpts from Dr. Buford's nominator, **Anne (Dillman) Kloos, PT, PhD, NCS**, (Class of 1980).

Dr. Buford graduated from the PT Program in 1984 and began his career at the Rehabilitation Institute of Chicago, where his practice centered on patients with stroke, traumatic brain injury, and spinal cord injury. He then went on to earn a PhD in Kinesiology from UCLA, which led to publications on neural control and biomechanics of locomotion. His post-doctoral training took place at the National Primate Research Center at the University of Washington in Seattle, where he developed methods in behavioral neurophysiology with awake, behaving primates. He was the first scientist in the world to develop and publish these techniques for studying the reticulospinal system's contributions to control of reaching in the monkey; Dr. Buford is author of the chapter in the encyclopedia of neuroscience on the reticulospinal system. Dr. Buford now works with the Ohio State University spinal cord injury research group, where he has contributed expertise in electrophysiological recordings from small animals and helps lead a training program for scientists from around the world. His lab also developed the world's only non-human primate model of carpal tunnel syndrome. He has been recognized with the departmental Excellence in Research Award and by the Excellence in Neurologic Research Award from the Academy of Neurologic Physical Therapy.

Along with research, Dr. Buford is committed to excellence in teaching. He has taught a wide variety of courses in the PT programs at Seattle and Ohio State, including Kinesiology, Therapeutic Exercise, Cardiopulmonary Physical Therapy, and neuroscience, motor learning, and motor control. He received the departmental Excellence in Teaching Award in 2006. He has also taught the neuroscience PhD students and the medical students at Ohio State. In service, Dr. Buford has been a member of the Neurology Section's Research Committee, and has served on the Scientific Review Committee for the Foundation for Physical Therapy, of which he has been Chair for the last two years. Dr. Buford has served as a regular member of the fellowship study section for neurosciences at the NIH, reviewing NRSA awards for pre- and post-doctoral fellows. He has also served as an ad-hoc R01 study section member. Internationally, he has reviewed for the Medical Research Council, the premier funding agency for the United Kingdom. For the APTA, Dr. Buford serves on the Finance Committee for ACAPT and has been an active ACAPT member, taking on leadership roles within the RIPPT (research intensive programs in physical therapy). At OSU, Dr. Buford has held many high-level leadership roles, including Departmental Representative to the University Senate and college's Faculty Council, and Chair of the Faculty Council, AP&T Committee, and Honors and Research Committee in our school. Since 2011, he has been the Program Director for the Physical Therapy Division. For the 2015-2016 academic year, he received the school's Excellence in Service Award.

Please join us at our Alumni event in San Antonio, where we will present Dr. Buford with this well-deserved award.

If you are interested in nominating a UW-Madison PT alumnus for the Margaret Kohli Award for Outstanding Alumni Contributions, please visit our website <http://www.med.wisc.edu/physical-therapy-program/alumni/48483> for instructions.

You don't need to wait for a conference to get together with old classmates! Do what the Class of 1966 did and arrange a reunion here on campus—we will help you! **Darlene McGuigan, Susan Hingst, Kay Bizjak, Jean Casey, Gail Gerig, Mary Liz Jast, and Sel Wasson** came from Colorado, Arizona, Wisconsin, Illinois, and South Dakota to reunite over a game-day weekend.

The UW Alumni Coalition hosted the Program's 2016 Visiting Lecturer, **James Elliott, PT, PhD**, who spoke on "Managing the patient with whiplash and other head/neck trauma...Have we been traveling in the wrong lane?" Thank you, Jim, for a fabulous course, followed by a Badger Football game!

Stay tuned for information on our next Visiting Lecturer, **Alan Jette, PT, PhD**, September 7-9, 2017!

Thank you to the Alumni Coalition for making possible our visiting lectureship, our annual alumni reception at the Combined Sections Meeting, our alumni recognition award, and student scholarships. In addition, the Alumni Coalition has helped create our historical archives collection (see page 5). They have reached out to alumni (you!) looking for mentors for new graduates, which we are learning is not as in demand as shadowing opportunities, so please contact **Lisa Steinkamp** ([steinkamp@pt.wisc.edu](mailto:steinkamp@pt.wisc.edu)) if you would be open to having a student shadow you. In addition, please contact **Chantel Hasman** ([clhasman@gmail.com](mailto:clhasman@gmail.com)) or **Jennifer Werwie** ([werwie.jm@gmail.com](mailto:werwie.jm@gmail.com)) if you would like to be a part of this great group of alumni!

### New Beginnings

Congratulations to **Guillermo Contreras** and **Kelsey Sperka**, Class of 2015, on their wedding!

### Sad Farewells

**Jean (Natter) Drigot** (Class of 1956) passed away on December 31, 2015, at the age of 81. She worked as a physical therapist for over 40 years! Jean was a member of the American Physical Therapy Association and the University of Wisconsin-Madison Alumni Association. She was an extensive traveler and enjoyed knitting, playing cribbage, reading, and was a Green Bay Packers ticket holder for 54 years!

**Nancy Allan Carlson**, (Class of 1961) passed away on October 10, 2016, at the age of 77. Nancy turned down a Regents scholarship at the University of Michigan to earn her Physical Therapy degree at the University of Wisconsin-Madison. She later earned masters and doctorate degrees in Special Education and Communications from Michigan State University, joining the faculty there and earning tenure as an Associate Professor. Nancy also served as faculty at the University of Chicago, Stanford University, and National University. She worked in physical therapy, in executive outplacement, and conducted research at La Rabida Children's Hospital in Chicago, followed by the National Easter Seals Society.

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We are grateful for your contributions and recognize that many of the Program's facility improvements, activities, and scholarships would not be possible without you!

Thank you!



Combined Sections Meeting alumni function attendees in Anaheim, and Visiting Lecturer **Jim Elliott, PT, PhD**, with **Reenie Euhardy** and **Kristi Hallisy**, at Camp Randall.

Class of 1966 reunion and the recent wedding of **Guillermo Contreras** and **Kelsey Sperka**, Class of 2015.

Winter 2016

**Keep *In Touch!* We want to hear from you!**

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