Intended Audience & Scope of Practice
This activity is designed for physicians, nurse practitioners, physicians assistants, pharmacists, nurses and other allied health personnel working in the field of primary care who treat and evaluate patients with new or worsening symptoms of cardiovascular disease.

Elements of Competence
This CME activity has been designed to change knowledge and behavior for providers in the field of primary care who treat and evaluate patients with new or worsening symptoms of cardiovascular disease.

Practice Goals and Needs
There is a continuing rapid expansion of knowledge in cardiovascular medicine, which is a vital area of clinical practice. Physicians are challenged by the ongoing search for best practices in the management of clinical problems, as well as the need to minimize the risk of stroke and other cardiovascular events. These problems have been identified as major areas of focus at this CME meeting focusing on the management of lipid therapy and new therapies for cardiovascular disease. In addition, major professional societies have issued new guidelines about the treatment of heart disease in both the United States and in Europe. Similarly, new guidelines are being developed for treatment of arrhythmia. There are also new developments in the use of diagnostic testing for cardiovascular disease that appropriate use requires revising imaging. Finally, new medications have been introduced for heart failure, the first in a decade and knowledge of use is limited at this time.

Learning Objectives
At the conclusion of this activity, participants will be able to:
1. Identify best practices with regard to the treatment of hypertension, particularly as related to new guidelines and literature pertinent to new drug therapy
2. Recognize the benefits of new guidelines related to the treatment of heart failure
3. Recognize which patients might be at highest risk for syncope and thus benefit from further prevention and treatment measures
4. Apply the most current recommendations for optimal treatment of heart failure
5. Effectively evaluate patients with heart valve disease
6. Recognize the best treatment and guidance for prevention of atrial fibrillation
7. Distinguish abnormal heart rhythm by ECG in patients with symptomatic arrhythmia
8. Identify the best practices for promoting healthy nutrition.

Provided by University of Wisconsin School of Medicine and Public Health Department of Medicine, Division of Cardiovascular Medicine Office of Continuing Professional Development in Medicine and Public Health

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