

SCHOOL OF MEDICINE AND PUBLIC HEALTH (SMPH) UPDATE

APRIL 2009

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- * SHOW Update

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HOW TO SUBMIT YOUR NEWS

SCHOOLWIDE ANNOUNCEMENTS

VIEW THE UW CARBONE CANCER CENTER 2008 ANNUAL REPORT ONLINE

View the UW Paul P. Carbone Comprehensive Cancer Center 2008 Annual Report online, including a special slide show, donor listings and special video segments, at <http://www.uwhealth.org/momentsintime>.

SHOW UPDATE

In April, the team at the Survey of the Health of Wisconsin (SHOW) will be working in the following counties: Dunn, Sauk, Milwaukee, Winnebago, Dane, Rusk and Kewaunee.

SHOW is one of a number of projects supported by the Wisconsin Partnership for a Healthy Future, which represents a far-reaching commitment by the UW School of Medicine and Public Health to greatly improve the health of people in Wisconsin for years to come. For more information, visit SHOW's Web site, at www.show.wisc.edu.

CALLS TO ACTION

ENDOCRINOLOGY AND REPRODUCTIVE PHYSIOLOGY RESEARCH SYMPOSIUM,
registration deadline April 1

The Endocrinology and Reproductive Physiology Program will commemorate its 50th Anniversary in Graduate Training with a research symposium.

Keynote speaker, Vasantha Padmanabhan, PhD, University of Michigan, will present "Developmental Programming of Reproductive and Metabolic Health."

WHEN: Tuesday, April 14, 10 am-4:30 pm
WHERE: Fluno Center Auditorium, 601 University Ave.

Register by April 1, at: <http://erpsymposium.wufoo.com/forms/2009-erp-program-symposium/>

Cost: \$65 per person if attending the full day (includes lunch, refreshments and abstract book); the keynote speaker presentation at 1:30 pm is free and open to the public and campus community.

More information: www.erp.wisc.edu/symposium.

CERTIFICATE IN GLOBAL HEALTH, applications deadline April 15

The UW-Madison Center for Global Health invites **graduate students** and **mid-career professionals** to consider applying for the Certificate in Global Health, a collaborative offering of UW faculty from the Schools of Medicine and Public Health, Nursing, Pharmacy, Veterinary Medicine, and the Division of International Studies. Through a nine-credit program that includes a global health field experience, the certificate prepares candidates to address health issues that transcend national boundaries, with an emphasis on health and disease in developing countries. The program is based in the Department of Population Health Sciences of the UW School of Medicine and Public Health and is administered by the Center for Global Health.

Available as a **Graduate Certificate** to professional students in the health sciences and graduate students in health-related fields, and available as a **Capstone Certificate** to health care practitioners and persons who have a BA or BS in a health-related field, the Certificate in Global Health program meets the needs of both traditional and non-traditional students with an interest in global health. Recognizing that candidates may want to develop global health skills while continuing with full-time employment, the core courses are offered outside the workday and are web-enhanced for easy access to course materials and increased opportunities to interact with faculty and students. To read about our current students and graduates from the Certificate program, go to <http://www.pophealth.wisc.edu/gh/studentsinthefield.htm>.

A detailed description of the certificate and an application form are available on the Center for Global Health website, <http://www.pophealth.wisc.edu/gh/certificate.htm>. **The application deadline for 2009-2010 is April 15.**

For more information, contact Betsy Teigland, network and resource coordinator, Center for Global Health, at teigland@wisc.edu.

NIH CHALLENGE GRANT OPPORTUNITY

RECOMMENDED INTERNAL DEADLINE: April 22
NIH DEADLINE: April 27, 2009

Please refer to the program announcement for complete instructions:
<http://grants.nih.gov/grants/guide/rfa-files/RFA-OD-09-003.html>.

MARCH FOR BABIES: BECOME A TEAM CAPTAIN OR A PART OF TEAM UW HEALTH, May 2

For the eighth consecutive year, UW Health is sponsoring the March for Babies and is looking for 10 team captains to recruit 100 walkers (10 people per team) in support of the March of Dimes.

WHEN: May 2, 9:30am
WHERE: Downtown Madison

Walkers choose a two- or four-mile route that starts from downtown Madison. The UW Health team fundraising goal is \$10,000 to help fund research and programs that help prevent and treat birth defects, as well as provide assistance to families whose babies have been born prematurely.

Since 2003, UW researchers have received more than \$1 million in grant funding from the March of Dimes to support groundbreaking research on the prevention and treatment of birth defects.

Contact Beth Pinkerton at epinkerton@uwhealth.org or call (608) 261-1707 for more information about the March for Babies and how to become a team captain or a member of Team UW Health.

EDUCATIONAL OPPORTUNITIES IN CLINICAL INVESTIGATION, application deadline June 1

June 1, is the application deadline two educational opportunities in clinical investigation for the fall 2009 semester:

- Capstone Certificate in the Fundamentals of Clinical Research
- MS in Clinical Investigation

For more information on either program, including curriculum and application guidelines, visit the Institute for Clinical and Translational Research (ICTR) Web site, <http://www.uwictr.wisc.edu/node/26>, or contact Debora Treu, dltreu@wisc.edu.

CALL FOR APPLICANTS: HEALTHY WISCONSIN LEADERSHIP INSTITUTE'S COMMUNITY TEAMS PROGRAM

Application deadline: June 12

Do you know anyone interested in the Healthy Wisconsin Leadership Institute's Community Teams Program?

The 2009-2010 application is now available. Go to <http://hwli.org/communityTeams.asp> to learn more and download the application:

Please direct any questions to hwli@wiscmailplus.edu.

DO YOU HAVE POLYCYSTIC OVARIAN SYNDROME (PCOS)?

The UW is seeking non-pregnant, non-lactating, women with and without PCOS, age 18-38 years for a research study about metabolism. To be eligible for this study you must:

- Not have diabetes or a significant change in weight in the past month
- Not be currently taking medications for diabetes, depression, weight loss or hormonal birth control
- Be willing to participate in a hospital stay lasting approximately 26 hours.

Office visits and medical evaluations will be provided at no cost. Participants will receive compensation for their time.

For more information about this study please call (608) 262-9745.

FACULTY AND STAFF ACCOMPLISHMENTS

ADAMS NAMED DIRECTOR OF COLLABORATIVE CENTER FOR HEALTH EQUITY (CCHE)

Alexandra K. Adams, MD, PhD, Associate Professor of Family Medicine at SMPH, was named the director of the new Collaborative Center for Health Equity (CCHE).

Integrated into the UW Institute for Clinical and Translational Research (ICTR), the CCHE will build upon the achievements of our former Center for the Study of Cultural Diversity in Healthcare (CDH).

BANNING TO SERVE ON MEDICAL LICENSING EXAMINATION COMMITTEE

Jane Banning, director of Clinical Assessment Center, has been selected to serve on the United States Medical Licensing Examination (USMLE) Step 2 Clinical Skills Test Material Development Committee and the National Board of Medical Examiners (NBME) Clinical Skills Test Committee.

FIORE TO RECEIVE AWARD BY ALMA MATER

Michael Fiore, MD, professor of medicine, SMPH; founder and director, the University of Wisconsin Center for Tobacco Research and Intervention, has been selected by the Bowdoin College Board of Trustees to receive the 2009 Common Good Award. To read more about this award, go to <http://www.bowdoin.edu/news/archives/1bowdoincampus/006029.shtml>

MAKI TO RECEIVE PUBLIC HEALTH AND HEALTHY COMMUNITIES LEADERSHIP AWARD

Dennis Maki, MD, SMPH clinical professor of medicine, will receive a 2009 Public Health And Healthy Communities Leadership Award for his national and local leadership on emerging and continuing infectious disease issues, including work with management of TB cases. Maki will receive this award at a ceremony on April 15.

HEALTH SCIENCES EVENTS

VASCULAR BIOLOGY RESEARCH COLLOQUIUM, April 2

“Shear stress and uterine vascular changes in pregnancies: implications for preeclampsia”
Ron Magness, PhD, professor and vice chair, obstetrics and gynecology and director, Perinatal Research Laboratory.

WHEN: 11 am-12:30 pm
WHERE: Service Memorial Institute (SMI), room 116

The goal of the Vascular Biology Research Colloquium is to facilitate dialogue over current research in vascular biology. It covers a wide gamut of vascular biology research, with a focus on basic science and translational vascular biology rather than purely clinical topics.

Sponsored by the UW Cardiovascular Research Center (CVRC). For more information, contact Emery H. Bresnick, PhD, professor, Pharmacology, ehbresni@wisc.edu, or call the UW Cardiovascular Research Center at 263-2266.

All CVRC events are listed at www.cvrc.wisc.edu.

CAMPUS STEM CELL LABORATORY MEETING, April 3

WHEN: Friday, April 3, Noon-1 pm
WHERE: 1360 Biotechnology Center

“Tuning Hematopoietic Gene Expression Through Sumoylation of GATA-1”
Hsiang-Ying (Sherry) Lee, graduate student in Emery Bresnick lab, Pharmacology

Hsiang-Ying Lee, Kirby D. Johnson, Meghan E. Boyer, Shin-II Kim, and Emery H. Bresnick (Department of Pharmacology)

Pizza and drinks will be served.

Stem Cell Campus Laboratory meetings are held in the center of campus at the Genetics-Biotechnology Center, making it easy for all groups to attend. The meetings currently attract up to 60 students, post-doctoral fellows, staff and faculty each week. The structure is flexible and will encompass presentations of current research as well as discussion of relevant journal articles. A major goal is to maintain communication within the very diverse stem cell community at UW-Madison.

Pizza and beverages will be served. Contact Sue Gilbert **for more information or to be added to the Stem Cell Research mailing list. For more information, go to <http://www.stemcells.wisc.edu/training/lab-meetings.html>.**

PAUL BACH-Y-RITA MEMORIAL LECTURE, April 3

WHEN: Friday, April 3, 4 pm

WHERE: John D. Wiley Conference Center, Second Floor, Waisman Center

"Learning About Seeing From the Blind"

Alvaro Pascual-Leone, MD, PhD, Berenson-Allen Center for Noninvasive Brain Stimulation, the Beth Israel Deaconess Medical Center and Harvard Medical School, Boston, Massachusetts

Dr. Pascual-Leone will provide insights into the organization of the human brain and of sensory perception by studying vision in the visually impaired in his lecture.

The Paul Bach-y-Rita Memorial Lecture is sponsored by the Neuroscience and Public Policy Graduate Program.

A reception will follow the lecture at 5 pm.

For more information, contact Ronald Kalil, rekalil@wisc.edu, (608) 262-4903.

AMERICAN INDIAN HEALTH SCIENCES DAY, April 3

American Indian middle and high school students from Wisconsin will be gathering for an exciting day of programming about careers in the health sciences.

WHEN: Friday, April 3

WHERE: HSLC

More details to follow. Contact Sarah Esmond, Center for the Study of Cultural Diversity in Healthcare, sesmond@wisc.edu or 263-9401 for more information.

POPULATION HEALTH SCIENCES MONDAY SEMINARS, April 6, 9, 13, 20, 27

WHEN: Noon-1 pm

WHERE: 1309 HSLC

April 6 **"The Medical Home and Health System Reform"**
Barbara Starfield, MD, MPH, professor, Department of Health Policy and Management, Primary Care Policy Center, Johns Hopkins Bloomberg School of Public Health.
Co-sponsored by the UW Population Health Institute.

April 9 Special Seminar (postponed from March 2):
"BPA: A Case History of Science, Politics, Journalism and an Endocrine Disruptor"
Susanne Rust, science reporter, Milwaukee Journal-Sentinel.
Co-sponsored by the UW Population Health Institute.

April 13 **"Engaging Public Schools in Outreach to their Medicaid and SCHIP-Eligible Students: Emerging Evidence of Success"**

Roberta Riportella, PhD, professor and chair, Department of Consumer Science, School of Human Ecology; and health policy specialist, University of Wisconsin-Extension; Allison Hales Espeseth, MS, and Danielle Berman, MS, outreach specialists, Covering Kids and Families.

April 20 **“The Ability of Various Measures of Fatness to Predict Application for Disability Insurance”**
Maximilian D. Schmeiser, PhD, assistant professor, Department of Consumer Science, University of Wisconsin-Madison.

April 27 **“Substance Abuse Treatments and Crime Reductions: Exploring Heterogeneity in Treatments Effects through Factor Models”**
Anirban Basu, PhD, assistant professor, Section of Hospital Medicine, Department of Medicine, Center for Health and the Social Sciences (CHESS), University of Chicago.

To view the seminars approximately one week after the presentation, please see the Innovations in Medical Education Video Library at <http://videos.med.wisc.edu/event.php?eventid=5>. For further information, please see <http://www.pophealth.wisc.edu/> or contact Patty Grubb at 265-0516 pagrubb@wisc.edu.

EVIDENCE-BASED HEALTH POLICY PROJECT BREAKFAST SYMPOSIUM, April 7

“Medical Homes and Retail Clinics: Complementary Care or Conceptual Clash?”
Barbara Starfield, MD, MPH, professor, Johns Hopkins Bloomberg School of Public Health; Lowell Keppel, MD, CPE, FAADP, FACPE, chairman of the board and immediate past president; Wisconsin Academy of Family Physicians Representative from retail-based clinics (TBD).

RSVP: April 3
WHEN: Tuesday, April 7, 9-11 am
WHERE: State Capitol, room 411 South

This Symposium will consider the potential of two recent trends in primary health care—medical homes and retail-based clinics—and their role within Wisconsin’s health care system. How might they be compatible or conflict in the movement toward an accountable health system that improves outcomes and reduces costs?

Continental breakfast provided. RSVP by April 3, to Ceri Jenkins at cerijenkins@wisc.edu or (608) 262-6318.

GLOBAL HEALTH SEMINAR SERIES, April 8

WHEN: Wednesday, April 8, 5-6 pm
WHERE: 1309 HSLC

"Risk Reduction for Human Immunodeficiency Virus (HIV)/Sexually Transmitted Infections (STIs): Asian Culture Perspectives"
Arpaporn Powwattana, assistant professor, Department of Public Health Nursing, Mahidol University, Bangkok, Thailand

Adolescent females in Thailand are becoming sexually active at an increasingly young age. This, coupled with rising HIV/AIDS infection rates, puts them at risk for HIV/AIDS. Dr. Powwattana implemented a community level randomized, controlled study to evaluate an intervention to enhance Thai adolescent females' personal skills and sense of empowerment; and to reduce

high-risk sexual behavior. Dr. Powwattana will explain the efficacy of this intervention as adolescents mature in this dynamic culture.

W.M. KECK LABORATORY BIOLOGICAL IMAGING LECTURE SERIES, April 14

WHEN: Tuesday, April 14, 4-5 pm
WHERE: 341 Bardeen

"Insights into the Structure and Function of Type V Intermediate Filaments: Nuclear Lamins in Health and Disease"

Robert Goldman, Department of Cell and Molecular Biology, Northwestern University.

BIOLOGICAL IMAGING LECTURE SERIES, April 14

WHEN: Tuesday, April 14, 4 pm
WHERE: 341 Bardeen

"Insights into the Structure and Function of Type V Intermediate Filaments: Nuclear Lamins in Health and Disease"

Robert Goldman, Department of Cell and Molecular Biology, Northwestern University

FOURTH ANNUAL WISCONSIN STEM CELL SYMPOSIUM: CANCER, STEM CELLS AND CANCER STEM CELLS, April 15

WHEN: April 15
WHERE: BioPharmaceutical Technology Center, Madison

Coordinated by the University of Wisconsin Stem Cell & Regenerative Medicine Center and BTCI, this symposium brings together world leaders in the area of cancer stem cells, and recruitment of tumor precursor cells.

The focus is on basic cellular and molecular mechanisms that govern the cell growth potential of tumors, and whether there is a relationship between the long-lived/immortal cells of tumors and the long-lived/immortal cells of somatic tissues.

View a brochure: <http://www.btc.org/stemcell/default.html>.

Register online: www.btc.org.

For more information: www.btc.org or 608-273-9737.

MEDICAL EDUCATION DAY, April 15

WHEN: April 15
WHERE: HSLC

Schedule and registration information will be forthcoming. For more information, contact Maureen Gerarden at mgerarden@wisc.edu or 265-3859.

ADDRESSING CONFLICT OF INTEREST, April 16

The UW School of Medicine and Public Health presents "Addressing Conflict of Interest: Forging Principled Partnerships between Academic Medical Centers and Industry."

WHEN: Thursday, April 16, 1-6pm
WHERE: HSLC 1306 Auditorium

Keynote Address: Senator Herb Kohl (invited)

Eminent speakers include Jordan Cohen, MD, addressing "Industry Funding of Medical Education," and Leon Rosenberg, MD, addressing "Academia/Industry Interactions in Medical Research: Bidirectional, Valuable and Conflicted." To read bios, go to <http://www.med.wisc.edu/news/item.php?id=4264>.

Panel discussions will focus on proposed federal legislation, the UW experience and the challenges facing academic health centers.

For additional information, please contact Gretchen Schwarze, MD, at 265-4420, schwarze@surgery.wisc.edu or Jonathan Sender at 265-1629, jsender@uwhealth.org.

LUNG CANCER BENEFIT, April 19

"We're Not Invisible Lung Cancer Benefit," for lung cancer research at the UW Carbone Cancer Center. Featuring a four-course, buffet style meal, including salads, sandwiches, pizzas and s'mores. Raffle, silent auction and live auction.

WHEN: April 19, 1-4 pm
WHERE: Cosi, 8548 Greenway Blvd, Middleton, WI

Cost: \$40 per person
Tickets available at Cosi restaurant in Middleton and Harbor Athletic Club, Middleton

Contact: Gayle Zinda, 608-333-1012

SMPH FACULTY AND STAFF MEETINGS FOR 2009

Spring Meeting
WHEN: Monday, April 20, 5 pm
WHERE: HSLC (room to be announced)

Fall Meeting
WHEN: Monday, October 26, 5 pm
WHERE: HSLC (room to be announced)

CARDIOVASCULAR RESEARCH CONFERENCE, April 21

WHEN: Tuesday, April 21, 4 pm
WHERE: 1345 HSLC

"Determination of novel molecular pathways critical for cardiac development and function"
Youngsook Lee, PhD, associate professor, anatomy.

Sponsored by the Division of Cardiovascular Medicine and the UW Cardiovascular Research Center (CVRC). For more information, contact Hector H. Valdivia, MD, PhD, professor, physiology, at valdivia@physiology.wisc.edu, or the CVRC at info@cvrc.wisc.edu.

HEALTHY CLASSROOMS 2009 SYMPOSIUM, April 22

WHEN: Wednesday, April 22, 5:30-8:30 pm
WHERE: HSLC

The Healthy Classrooms 2009 symposium is free and open to the public, but online registration is requested. Visit healthyclassrooms.uwmedstudents.com for more information.

Questions can be directed via email to healthyclassrooms@uwmedstudents.com. The Healthy Classrooms Team looks forward to seeing you at the symposium.

EIGHTH ANNUAL INTERNATIONAL BIOETHICS FORUM: SUSTAINABILITY, April 23-24

WHEN: April 23-24
WHERE: BioPharmaceutical Technology Center, Madison

The Forum will examine the following questions:

- How do we define "sustainability" and what are the causes of "unsustainability?"
- What are the most relevant technologies for us to understand?
- How are various sectors and organizations responding to these issues, e.g., governmental units, research/educational institutions, businesses and faith communities?
- What is the role of the individual decision-maker? Does what one person does — or does not do — matter?

View a brochure: <http://www.btc.org/bioethics/default.html>.
Register online: www.btc.org.

FREE PUBLIC ORAL CANCER SCREENING, April 29

UW Health head and neck cancer physicians will offer a free public oral cancer screening as part of the Eighth Annual Oral, Head and Neck Cancer Awareness Week.

WHEN: April 29, 10 am-1 pm
WHERE: CSC, 2nd floor Atrium, ENT Clinic

SECOND ANNUAL OLIVER SMITHIES SYMPOSIUM, May 14

WHEN: Thursday May 14, 1 pm
WHERE: J Ebling Symposium Center, Room 1220, Microbial Sciences Building

"Creation of Life: The old way and the new..."

Distinguished speakers:

- Dr. Hamilton O. Smith, Group Leader, Synthetic Biology and Bioenergy, J. Craig Venter Institute.
- Dr. Clyde Hutchison III, Distinguished Investigator, J. Craig Venter Institute.
- Dr. Jack W. Szostak, Professor of Genetics, Harvard Medical School; Investigator, Howard Hughes Medical Institute.

The Oliver Smithies Symposium is a forum in which outstanding scientists present their past, present and future work in context of the motivating principles of their scientific lives.

Seminars by last year's honored speakers, Dr. Oliver Smithies and Dr. Lee Hood may be viewed at <http://www.cals.wisc.edu/ecals/2009/01/22/seminars-by-nobel-prize-winner-smithies-now-online/>.

CELLULAR AND NETWORK FUNCTIONS IN THE SPINAL CORD SYMPOSIUM, June 23-26

WHEN: June 23-26
WHERE: UW-Madison

The Symposium will feature more than 30 speakers and will focus on cellular and synaptic mechanisms associated with locomotion and pain in the functional and dysfunctional spinal cord. The meeting format provides ample opportunities for informal interactions among faculty, postdocs and students.

Online registration: <http://conferencing.uwex.edu/conferences/spinalconference2009/>.
For more information, please contact spinalcordsymposium@ecc.uwex.edu

STANDING ENTRIES

THE SMPH COMMITTEE ON ACADEMIC STAFF ISSUES (CASI) UPDATE

New Web site

The SMPH Committee on Academic Staff Issues (CASI) has a new informative Web site, <http://casi.med.wisc.edu/>. Find out about CASI events and issues important to academic staff.

The Committee on Academic Staff Issues (CASI) is the only committee in the SMPH to deal exclusively with issues of concern to the school's large number of academic staff. CASI membership, comprising both elected and appointed positions, is structured to reflect the major groupings of academic staff: research, instruction, clinical, administration, information technology and other areas. The CASI advises the dean on the formulation and review of all policies and procedures concerning the school's academic staff members, including personnel policies and procedures.

CONTINUING PROFESSIONAL DEVELOPMENT IN MEDICINE AND PUBLIC HEALTH UPDATE

Information about online offerings and conferences is available on the SMPH Office of Continuing Professional Development in Medicine and Public Health Web site at <http://www.ocpd.wisc.edu/>.

Upcoming Conferences

- April 3-4 Psychiatric Update/Spring 2009, Madison
- April 9-10 Current Concepts in the Management of Advanced Lung Disease, Middleton
- April 17-19 8th International Symposium on Functional Gastrointestinal Disorders, Milwaukee
- April 17 UW Health Stroke Conference, Madison
- April 18 Electrophysiology for Practicing Physicians, Milwaukee
- April 23-24 8th Biennial Preventive Cardiology Symposium, Madison
- April 23-24 Abusive Head Trauma: Evidence Based Diagnosis and Prosecution, Madison
- April 24 First Annual Update in Colon and Rectal Surgery

Course Catalog and Online Courses

- Course catalog for live CME activities: http://www.ocpd.wisc.edu/course_catalog/
- Online CME courses: <http://cme.uwisc.org/index.pl?iid=1&op=index>

EBLING LIBRARY NEWS

Following the resignation of Terry Burton on February 1, Julie Schneider was named as Acting Director of the Ebling Library. In addition to the duties of Acting Director, she will continue her work in scholarly communication, publishing, collection development, and information resources. The library and its staff is committed to maintaining our exceptional service and will continue to explore new opportunities to better meet your information needs. Your comments and ideas are always welcome. At any time, please contact Julie at jschneider@library.wisc.edu or by phone at 608 263-5755

Important Workshop on NIH Public Access Policy

NIH Public Access Policy: Submitting Your Manuscripts and Managing Your Citations for NIH
WHEN: Tuesday, April 7, 9-10 am
WHERE: 1345 HSLC

The NIH requires researchers to make their manuscripts available to the public through PubMed Central. Campus librarians are available to help faculty and researchers comply with the NIH Public Access policy. This presentation will focus on the practicalities of submitting manuscripts, managing manuscript citation information and reference numbers, and retrieving reference numbers from PubMed.

Art at its Finest

corpus callosum

3rd Annual Health Sciences Student Art Show- April 1-30.

Featuring photographs, sketches, ceramics, oils, and acrylics of pharmacy, nursing, medical, occupational therapy, physical therapy and veterinary medical students.

Opening Reception to Meet the Artists

WHEN: Thursday, April 2, 4-6 pm

WHERE: 3rd floor gallery and Historical Reading Room

<http://ebling.library.wisc.edu/artatebling/index.cfm>

Contact Micaela Sullivan-Fowler. msullivan@library.wisc.edu or (608) 262-2402

Critical Condition a Success

Ebling Library, in partnership with Wisconsin Public Television, brought you the documentary, Critical Condition, in March.

If you missed it, you can see more at:

<http://www.pbs.org/pov/pov2008/criticalcondition/index.html>

The Critical Condition DVD is also now available for check out from Ebling Library.

Additional documentaries will be shown through the new HealthMatters@HSLC program in coming months.

Watch for announcements here or contact Ulrike Dieterle, Outreach Coordinator, Ebling Library, udieterle@wisc.edu

Managing Your Citations with RefWorks

Introduces the basic features of RefWorks, which helps organize references to journal articles, books, etc. Learn how to maintain your personal database, import records and prepare bibliographies. Health science examples will be used in this hands-on session. Instructors will be available for individual questions after the class RefWorks

IME VIDEO LIBRARY UPDATE

Great talks added to the IME Video Library, <http://videos.med.wisc.edu>, include

[Developing the Mind of a Child](#)

Dipesh Navsaria, MPH, MS (LIS), MD

[Racial Disparities in Criminal Justice in Wisconsin](#)

Pamela Oliver, PhD

[Childhood Obesity: A Growing Epidemic](#)

Alexandra Adams, MD, PhD

[A Successful Community-Academic Partnership to Address Health Disparities: The Healthy Black Family Project](#)

Stephen Thomas, PhD

Contact Michelle Ostmo at ostmo@wisc.edu or 263-3615 with any questions or comments.

EMPLOYEE WELLNESS PROGRAM: WELLNESS OPTIONS AT WORK

All UW Health employees are invited to participate in the enterprise-wide Employee Wellness Program, Wellness Options at Work. For a complete list of programs and information, go to <http://uconnect.wisc.edu/wellness>. (U-Connect is accessible from UW Health networked computers.)

Spring Training: Finishing Fit!

April 20 - May 31

A Team Competition

Recruit your fellow coworkers and create a team for this six-week physical activity program to encourage and motivate you to get out and exercise.

The Spring Training Program is simple:

You exercise anytime, anywhere

- You log your activity
- Our exercise specialist and registered dietitian will offer useful tips for success
- Prizes will be awarded for participations and success
- Top finishing teams will win prizes

Attend a kick-off rally where you can pick up program information and activity logs. Everyone who attends a rally will win a prize! For those unable to attend a kick-off rally, a virtual rally will be available on our intranet page soon.

Kick-off Rallies

LOCATION	ROOM	DATE	TIME
CSC	G5/114	April 8	11 am-noon
AOB	116	April 15	Noon-1 pm
HSLC	1220	April 9	Noon-1 pm
ASB	126	April 1	Noon-12:30 pm
Excelsior	TBA	TBA	TBA
West Clinic	1288	April 2	Noon-12:30 pm
University Station	L53	April 7	Noon-12:30 pm
20 S. Park	TBA	TBA	TBA

Please contact Employee Wellness for more info at employeehealth@uwhealth.org.

Stress Reduction and Relaxation Class

This five-week class will review problems with unresolved stress by exploring common stressors and indicators in modern life from the physical, psychological, social and environmental, and spiritual realms. Then we will review a variety of stress reduction strategies for each realm. Each class will cover at least one stress reduction and relaxation exercise.

Wednesdays, April 15–May 13, 5:15-6:30pm

Location: ASB, 635 Science Drive, located in Research Park

Room 126

Instructor: Nancy Pullen, PhD, MSN

Fee: \$40

To register, contact employee wellness at employeehealth@uwhealth.org or call 263-9891.

Dig into Spring: Seed Packet Give-away

Planting seeds, nurturing them and watching them grow into beautiful flowers is a great family activity. Available on a first come-first serve basis are Roy Rogers Zinnia seed packets. These flowers are easy to grow, beautiful in bloom and great for the beginning gardener. Write or call Employee Wellness today to receive your seed packet. These seed packets were donated by Jung's Garden Center.

All those receiving a free seed packet will have their names entered into a drawing for a tree. Drawing will take place April 24 (Arbor Day).

Golf League

Employee Wellness is offering golfers an opportunity to join one of two golf leagues this summer. Each league is open to 16 players and the league will run for 6 weeks. These two leagues are recreational in nature. Beginners are welcome. We will also be recruiting four sibs for each league. UW Health employees will receive first priority for the 32 slot. If the slots do not fill family and friends are welcome.

- **Tumbledown Trails Golf Club in Middleton**

May 26-June 30

Tuesday nights, tee times running every 8 minutes, from 5:46-6:10 pm

Walking fees are \$15 - Payment must be made in full for all 6 weeks (\$90).

**Please make checks out to the golf course and send them to employee wellness, mail code 9595, by May 1.

- **Foxboro Gold Club in Oregon**

June 11-July 23 (we will not be golfing the week of July 2)

Thursday nights, tee times running every 8 minutes, from 5:36-6 pm

Walking fees are \$14. Payment must be made in full for all 6 weeks (\$84).

**Please make checks out to the golf course and send them to employee wellness, mail code 9595, by May 1.

If you have any questions please contact employee wellness at employee_wellness@uwhealth.org or call us at 890-8561.

Complimentary Fitness Evaluation for UW Health Employees

Learn more about YOUR health!

The UW Health Sports Medicine Fitness Center would like to offer you an opportunity to learn more about your overall fitness and health. This is a one-time offer. With a complimentary fitness evaluation, you can obtain your personal state-of-health that includes:

- One-hour evaluation, including medical history/risk factor analysis and exercise history
- Resting blood pressure and heart rate, sub maximal endurance assessment, body composition analysis and flexibility assessment
- Exercise prescription and consultation with an exercise specialist
- One month unlimited use of the UW Health Sports Medicine Fitness Center.
- 20 percent discount on membership and class fees

The only prerequisite for a fitness evaluation is to have your primary care physician complete and sign a [Sports Medicine Fitness Center Physician's Authorization Form](#). This form is available on the Employee Wellness intranet page or call 890-8561 to request a copy.

Upon completion, the PA form can be mailed, faxed or returned to the UW Health Sports Medicine Fitness Center. The Fitness Center staff will then call you to schedule an appointment for your Fitness Evaluation.

Jazzing up the Brown Bag Lunch

Tired of the same old lunch routine? Packing an exciting lunch that incorporates good nutrition has never been easier. Log into the Employee Wellness intranet page or call 890-8561 for your quick and easy guide to making a healthy lunch everyday! A quick easy guide for making a brown bag lunch, power point presentation is also available.

HOW TO SUBMIT YOUR NEWS

SMPH Update newsletter: Please send your news items and events to Amanda White, UW Health Marketing and Public Affairs, at awhite3@uwhealth.org. The deadline for the monthly issue is the 20th of each month. If you have a submission for the next SMPH Update, please send no later than Monday, April 20. The SMPH Update newsletter is distributed on the 1st of each month.

SMPH Web site: Please send submissions to

- Theresa Plenty, web editor, UW Health e-Health Office, at tplenty@uwhealth.org or 266-6171
- Eric Klister, web editor, UW Health e-Health Office, at eklister@uwhealth.org.

We appreciate your participation in submitting news items for future issues.

Archived issues of the SMPH Update can be found at <http://www.med.wisc.edu/admin/> under "Resources for Faculty and Academic Staff."

Thank you!

