

SCHOOL OF MEDICINE AND PUBLIC HEALTH (SMPH) UPDATE

JULY 2009

SCHOOLWIDE ANNOUNCEMENTS

- * Construction Update: Highland Ave. Off-Ramp Closed, Detour Information
- * Healing Garden Construction
- * Campus Parking Assignment Update
- * New Research Course Offered Fall 2009
- * Licensing Committee on Medical Education Web Site Launched

CALLS TO ACTION

- * Population Health Sciences 50th Anniversary Symposium, Aug, 27-28, **late breaker abstracts due August 1**
- * Wisconsin Primary Care Research and Quality Improvement Forum, Nov. 12-13, **abstracts due September 4**
- * Call for Campus Stem Cell Speakers
- * Medication and Exercise Cold Study
- * Do You Have Polycystic Ovarian Syndrome (PCOS)?

FACULTY AND STAFF ACCOMPLISHMENTS

- * Biosonnault Recognized With Two Awards
- * Dempsey Named Society of Neurological Surgeons President
- * Greenspan Elected to the American Society for Matrix Biology Governing Council
- * Heiderscheidt Recognized
- * Inhorn Receives National Award for Lab System Development
- * Mehta Named Teacher of the Year by ARRO

HEALTH SCIENCES EVENTS

- * Health Innovation Program Seminar, **July 1**
- * ICTR Research Learning Series, **July 22**
- * 4th Annual Wisconsin Academy for Rural Medicine (WARM) Symposium, **August 12**
- * Population Health Sciences 50th Anniversary Symposium, **August 27-28**
- * Madison Mini Marathon, **August 29**
- * 2009 Seminars in Pediatrics – Focus on Adolescent Health, **September 24-25**

STANDING ENTRIES

- * Continuing Professional Development in Medicine/Public Health Update
- * Ebling Library Update
- * IME Video Library Update
- * Wellness Options at Work

HOW TO SUBMIT YOUR NEWS

SCHOOLWIDE ANNOUNCEMENTS

IT'S CONSTRUCTION SEASON!

CONSTRUCTION UPDATE: HIGHLAND AVE. OFF-RAMP CLOSED, DETOUR INFORMATION

Starting July 2, the off-ramp from Campus Dr. to Highland Ave. will be closed until approximately July 23, 2009. A large digital sign on University Ave. will direct traffic to the following detour.

DETOUR

Westbound employees and visitors to UW Hospital and Clinics should turn right from University Ave. onto Babcock Dr. After two blocks turn left (west) on Observatory Dr. and proceed four blocks to Highland Ave. and the entrance and parking ramp for UW Hospital and Clinics.

If the detour is missed, motorists can proceed on University Ave./Campus Dr., and turn right onto University Bay Dr. and bear right on Highland Ave. (circular road around hospital) for one-quarter mile. Turn right into the parking ramp.

HEALING GARDEN CONSTRUCTION

For the next two weeks, the sidewalk area at the top of the Healing Garden, where the bike racks are located (overlooking the Healing Garden), will be torn up to replace the existing cracked and sinking concrete.

WHEN: June 30-July 10

WHERE: Healing Garden, south side of the Boxer Connector

Please note, during the construction:

- No pedestrian traffic.
- No bicycle parking.
- Temporary (double-sided) bicycle racks will be available perpendicular to the HSLC, with a total capacity of 55 bikes.
- Temporary steel stairwells, on each side of the Healing Garden, will be removed.

CAMPUS PARKING ASSIGNMENT UPDATE

- Week of July 6: Departmental restricted permit application deadline.
- July 13: "Big spin" occurs.
- Week of July 17: Notifications sent to customers.
- August 1: Moped Permit Direct – Online link to apply for 2009/2010 moped permits activated.
<http://www2.fpm.wisc.edu/trans/Parking/StaffParking/Motorcycles.htm#Mopeds>.
- Week of August 10: Transportation Services will contact customers to pick up departmental limited, departmental universal, departmental reserved, and departmental restricted permits.
- August 13: Deadline to accept or decline "big spin" offer.
- August 14: Second round of assignments will be conducted. Notifications will be sent via email for those who received an offer and by USPS for those who either do not have emails or did not receive an offer.
- August 27: Deadline to accept or decline second round offers.
- August 28: Third round of assignments will be conducted.
- September 1: 2009/2010 parking season begins.
- September 10: Deadline to accept or decline third round offers.

NEW RESEARCH COURSE OFFERED FALL 2009

Fam Med 701: Perspectives in Multidisciplinary Clinical and Translational Research

Course Description: This multidisciplinary graduate level course introduces students to scientific methods used for clinical translational research. The course will stress the importance of multidisciplinary approaches to solving clinical questions and will incorporate multiple examples of research discoveries that were advanced through multidisciplinary collaborations.

Instructors

Michael F. Fleming, MD, MPH, professor, Family Medicine
David M. Vail, DVM, professor, Veterinary Medicine
Jan Greenberg, PhD, professor, Social Work

For more information, contact Judie.Pfeifer@fammed.wisc.edu; 608-262-6282.

LICENSING COMMITTEE ON MEDICAL EDUCATION (LCME) WEB SITE LAUNCHED

The new LCME Web site, <http://www.lcme.org>, is filled with information on the organization and development of the Institutional Self-study for the national accreditation of UWSMPH.

The Web site includes:

- Introduction and description of the process by the Dean
- Self-study Sub-committees and Steering Committees membership
- Questions addressed by the self-study committees
- Timeline
- Contact information
- Institutional Self-Study Report (posted upon completion)

Your comments are welcome.

Visit the LCME Web site for more information:

<http://www.med.wisc.edu/about/LCME/lcme-institutional-self-study/926>

For further information, contact Dr. Patrick McBride, chair, UWSMPH-LCME.

CALLS TO ACTION

POPULATION HEALTH SCIENCES 50TH ANNIVERSARY SYMPOSIUM, *late breaker abstracts due August 1*

“Population Health Sciences in Wisconsin and Beyond: Providing Evidence for Clinical Practice and Public Health.”

WHEN: August 27-28

WHERE: Microbial Sciences Building

LATE BREAKER ABSTRACTS DUE: August 1

REGISTRATION: August 10 deadline for registration without late fees

Keynote Speakers:

- Sharokh Javaheri, MD, renowned researcher in sleep medicine
- Kay Dickersin, PhD, director, U.S. Cochrane Center, expert on using research findings to influence policy and medical practice
- Dennis Fryback, PhD, leading authority on assessing health outcomes

For more information, visit the symposium Web site, <http://pophealth.wisc.edu/PopHealth50>, or email pophealth50@doll.pophealth.wisc.edu.

WISCONSIN PRIMARY CARE RESEARCH AND QUALITY IMPROVEMENT FORUM, *abstracts due September 4*

WHEN: November 12-13

WHERE: Glacier Canyon Lodge, Wilderness Resort & Waterpark, Wisconsin Dells

- Network and learn something new about primary care research or quality improvement. Plenary speakers include Jon Temte, Tom and Chris Sinsky. CME credits provided.
- An excellent opportunity to present a paper, a poster or a workshop on any topic related poster to primary care research or quality improvement. Papers and posters can be on works in progress or completed research.

Registration and lodging information will be sent mid-July.

Contact Adina Tucker, 608-262-1112 or adina.tucker@fammed.wisc.edu, for more information.

CALL FOR CAMPUS STEM CELL SPEAKERS

To maintain communication within the very diverse stem cell community at UW-Madison, PI's, grad students, post-doctoral fellows and staff are encouraged to present their new or updated stem cell research or relevant journal articles during the fall semester's Campus Stem Cell Lab Meetings. The meetings attract an audience of 60-75 students, post-doctoral fellows, staff and faculty each week.

WHEN: Tuesdays, noon-1 pm

WHERE: 1360 Biotech Center

Available Dates

- September 8, 15, 29
- October 6, 13, 20, 27
- November 3, 10, 17, 24
- December 1, 8, 15

Contact Sue Gilbert, sggilber@wisc.edu, if interested. Please provide preferred dates (preferably ranked 1, 2, and 3).

MEDITATION and EXERCISE COLD STUDY

The University of Wisconsin's Department of Family Medicine is currently seeking participants to study the effects of meditation and exercise on the immune system. Men and women aged 50 years and older may be eligible to participate. This is a great opportunity for anyone interested in learning about mindful meditation or exercise to reduce stress, improve health and enhance mental well-being.

- No medications to be tested
- Open to men and women ages 50+
- Participants will be paid
- Free training in meditation or exercise
- Two study phases for your convenience - Fall 2009 or Winter 2010

Participation may include an 8-week behavioral training program in mindful meditation or exercise (a \$500 value). Participants will be compensated up to \$300 upon completion of the study. Reliable transportation required to participate in weekly sessions at UW Sports Medicine Fitness

Center, located at UW Research Park on Science Drive, and UW Pharmacy Building next to UW Hospital and Clinics.

CALL 263-COLD (2653) or visit <http://www.coldstudy.org> to see if you qualify.

DO YOU HAVE POLYCYSTIC OVARIAN SYNDROME (PCOS)?

The UW is seeking non-pregnant, non-lactating, women with and without PCOS, age 18-38 years for a research study about metabolism. To be eligible for this study you must:

- Not have diabetes or a significant change in weight in the past month
- Not be currently taking medications for diabetes, depression, weight loss or hormonal birth control
- Be willing to participate in a hospital stay lasting approximately 26 hours.

Office visits and medical evaluations will be provided at no cost. Participants will receive compensation for their time.

For more information about this study please call 608-262-9745.

FACULTY AND STAFF ACCOMPLISHMENTS

BIOSSONNAULT RECOGNIZED WITH TWO AWARDS

Bill Boissonnault PT, PhD, received two awards: the 2008 Journal of Orthopedic and Sports Physical Therapy George Davies-James Gould Excellence in Clinical Inquiry Award for contributions to the literature, and the 2008 John McM. Mennell Service Award from the American Academy of Orthopaedic Manual Physical Therapists (AAOMPT) for contributions to the advancement of orthopaedic manual physical therapy.

DEMPSEY NAMED SOCIETY OF NEUROLOGICAL SURGEONS PRESIDENT

Robert Dempsey, MD, became the President of the Society of Neurological Surgeons, Senior Society, on Tuesday, May 19.

The SNS is limited to 200 members who are neurosurgery chairs, residency directors and senior education leaders. Its principle mission is to design and create the curriculum and implementation of residency and fellow education. For more information, go to societyofneurologicalsurgeons.org/default.

GREENSPAN ELECTED TO THE AMERICAN SOCIETY FOR MATRIX BIOLOGY GOVERNING COUNCIL

Daniel S. Greenspan, PhD, professor, Department of Pathology and Laboratory Medicine and Department of Pharmacology, has been elected to the governing council of the American Society for Matrix Biology.

The intellectual focus of the society concerns the structure and function of components of the extracellular matrix, interactions of these components with cells, consequences of these interactions on intracellular signaling and gene expression, processes utilizing these interactions during development, and the disruption of these processes in hereditary and acquired diseases of humans and other organisms. Matrix biology is highly relevant to allied disciplines that include

tumor biology, orthopedics, rheumatology, dermatology, regenerative medicine and bioengineering.

HEIDERSCHIEDT RECOGNIZED

Bryan Heiderscheidt, PT, PhD, received the Wisconsin Physical Therapy Mentor Award that recognizes individuals who have influenced and nurtured the development of PTs and/or PTAs in an outstanding or unique manner.

INHORN RECEIVES NATIONAL AWARD FOR LAB SYSTEM DEVELOPMENT

Stanley Inhorn, MD, director emeritus of the Wisconsin State Laboratory of Hygiene (WSLH) and UW professor emeritus of pathology and laboratory medicine, received the 2009 Gold Standard in Public Health Laboratory Excellence Award from the Association of Public Health Laboratories (APHL). Dr. Inhorn was honored for his numerous contributions to improving laboratory science and national laboratory systems serving public health.

Inhorn served as director of the Wisconsin State Laboratory of Hygiene from 1966 to 1980 and was medical director from 1980 until his retirement in 1998.

For more information, go to slh.wisc.edu/news/inhorn_aphl_award.dot

MEHTA NAMED TEACHER OF THE YEAR BY ARRO

Minesh Mehta, MD, professor of human oncology, SMPH, was among the recipients of teacher of the year awards presented by the Association of Residents in Radiation Oncology (ARRO).

This is the inaugural year of the awards, which identify and recognize outstanding teachers and mentors of radiation-oncology residents.

HEALTH SCIENCES EVENTS

HEALTH INNOVATION PROGRAM SEMINAR, July 1

WHEN: July 1, 4 pm
WHERE: 1345 [HSLC](#)

Kathryn Flynn, PhD, will speak about her recent research as part of the HF-ACTION, an international, multi-center, randomized controlled trial designed to test the long-term safety and efficacy of aerobic exercise training in medically stable outpatients with left ventricular dysfunction and NYHA class II to IV heart failure (JAMA. 2009;301(14):1451-1459).

ICTR RESEARCH LEARNING SERIES, July 22

“Clinical Trials.Gov: Your Obligations”

James Wells, PhD, director, UW Office of Research Policy; Lisa Wilson, JD, university legal council, UW Office of Administrative Legal Services; Shari Zeldin, BS, CCRC, research program manager, UW Carbone Cancer Center Clinical Research Central Office.

WHEN: Wednesday, July 22, noon
WHERE: HSLC 1335

A team presentation to inform clinical trials research teams of updated UW requirements for complying with new federal regulations.

CEU credits are available. In addition, the series will be available online at the Ebling Library Web site <http://videos.med.wisc.edu/>.

This monthly series offers both scientific and practical research topics. The presentations are open to all, but are especially aimed at research coordinators, new and/or young investigators, research scholars, and health professional and graduate students.

Attendees are welcome to bring lunch for a "brown bag" session.

Click on UW ICTR News on the Web portal, <http://www.ictr.wisc.edu/node/23>, for updated lists of program topics and speakers for 2009. For more information, contact Laura Hogan, lh@medicine.wisc.edu.

Sponsored by the Institute for Clinical and Translational Research (ICTR) Research Learning Series.

4TH ANNUAL WISCONSIN ACADEMY FOR RURAL MEDICINE (WARM) SYMPOSIUM, August 12

WHEN: Wednesday, August 12
WHERE: HSLC

Learn more about the state of rural health care in Wisconsin, why WARM's mission is to increase the number of physicians practicing in rural Wisconsin and about the WARM admissions process.

Advisors and mentors to pre-med students and prospective students are encouraged to attend.

An agenda and registration information is available on the WARM Web site, www.med.wisc.edu/education/md/warm.

POPULATION HEALTH SCIENCES 50TH ANNIVERSARY SYMPOSIUM, August 27-28

"Population Health Sciences in Wisconsin and Beyond: Providing Evidence for Clinical Practice and Public Health."

WHEN: August 27-28
WHERE: Microbial Sciences Building
LATE BREAKER ABSTRACTS DUE: August 1
REGISTRATION: August 10 deadline for registration without late fees

Keynote Speakers:

- Sharokh Javaheri, MD, renowned researcher in sleep medicine
- Kay Dickersin, PhD, director, U.S. Cochrane Center, expert on using research findings to influence policy and medical practice
- Dennis Fryback, PhD, leading authority on assessing health outcomes

For more information, visit the symposium Web site, <http://pophealth.wisc.edu/PopHealth50>, or email pophealth50@doll.pophealth.wisc.edu.

MADISON MINI MARATHON AND 5K, August 29

UW Health’s Department of Obstetrics and Gynecology is teaming up with Vision Events Management and other local sponsors to debut the first Madison Mini Marathon (MMM) and 5K. This family-focused event promotes women’s health awareness. A portion of the proceeds will go to the UW Health Ob/Gyn Department’s Healthy Women, Healthy Babies Fund, which was created to promote awareness about healthy lifestyles of women of all ages.

WHERE: Wisconsin Memorial Union on Lake Mendota
WHEN: Saturday, August 29, 7 am

The 5K run/walk will weave its way west through campus while the half marathon heads east around the Capitol and back through the lovely UW Arboretum.

For more information on the event, to register or volunteer, [click here](#).

2009 SEMINARS IN PEDIATRICS – FOCUS ON ADOLESCENT HEALTH, September 24-25

WHEN: September 24-25
WHERE: Monona Terrace, Madison

2009 Seminars in Pediatrics, hosted by the UWSMPH and American Family Children’s Hospital, highlights the latest trends in pediatric research and clinical practice. This year primary care providers, including physicians, nurses, and physician assistants come together to engage in lively lectures focusing on the health of today’s adolescent patients.

Cora Breuner, MD, MPH, associate professor of pediatrics and orthopedics, University of Washington School of Medicine, will keynote this conference. As an expert in Adolescent Health, her clinical practice and research focuses on establishing integrative sports medicine clinics with complementary and allopathic providers and establishing a multidisciplinary and integrative clinic for eating disorders and obesity.

Visit <http://seminars.pediatrics.wisc.edu> for the full conference agenda and registration information.

STANDING ENTRIES

CONTINUING PROFESSIONAL DEVELOPMENT IN MEDICINE AND PUBLIC HEALTH UPDATE

Information about online offerings and conferences is available on the SMPH Office of Continuing Professional Development in Medicine and Public Health Web site at <http://www.ocpd.wisc.edu/>.

Course Catalog and Online Courses

- Course catalog for live CME activities: http://www.ocpd.wisc.edu/course_catalog/
- Online CME courses: <http://cme.uwisc.org/index.pl?iid=1&op=index>

EBLING LIBRARY NEWS

Health Literacy Summit

Many 2009 Health Literacy Summit presentations are available:
<http://www.wisconsinliteracy.org/2009HealthLiteracySummitPresentations.php>

Study Hall closed from Summer Break

There will be **no** study hall hours at the Ebling until classes resume in September. Please plan your study time/places accordingly.

Drop-In Workshops

- PubMed Workshop to find clinical/medical/health science articles. No need to register.

WHEN: July 1, noon -1 pm
WHERE: Room 2121

- Refworks to manage voluminous citations. No need to register.

WHEN: July 3, noon-1 pm
WHERE: Room 2121

See summer workshops at http://ebling.library.wisc.edu/classes_tutorials/index.cfm?panel=1

Art at its Finest

"Cats of Istanbul," an exhibit by Teri Parris Ford.

WHEN: July 2-August 20
WHERE: Ebling 3rd floor galleries
OPENING RECEPTION: Thursday, July 2, 4-6 pm

Ford, a Madison Memorial High School art teacher, brings a wonderful eye and colorful perspective to this compelling body of work. Experience the beauty of Istanbul's buildings, landscapes and felines with Ford's evocative photographs and watercolors.

Ford's prints and finished pieces are delightful and affordable; and the perfect summer addition to one's home, office, or departmental waiting room.

<http://ebling.library.wisc.edu/artatebling/index.cfm>

To purchase artwork or with any other art requests, contact Micaela Sullivan-Fowler.

msullivan@library.wisc.edu or 608-262-2402.

IME VIDEO LIBRARY UPDATE

Great talks added to the IME Video Library, <http://videos.med.wisc.edu>.

EMPLOYEE WELLNESS: WELLNESS OPTIONS AT WORK

All UW Health employees are invited to participate in the enterprise-wide Wellness Program, Wellness Options at Work. For a complete list of programs and information, go to <http://uconnect.wisc.edu/wellness>. (U-Connect is accessible from UW Health networked computers.)

UPCOMING PROGRAMS, ACTIVITIES and EDUCATIONAL RESOURCES

[Click here](#) for additional wellness resources, which are available on the Wellness Options at Work page on U-Connect.

[Small Steps to a Healthier You](#), July 4-September 7

Join Wellness Options at Work for an exciting challenge. Small Steps to a Healthier You is a fun and flexible program involving your whole family, coworkers and/or friends. You can all reap the

benefits of small steps leading to big changes. The challenge contains a variety of steps or tasks to complete to move towards a healthier lifestyle. Select the steps that correlate with your healthy living goals, work at your own pace, and gradually implement positive change into your lifestyle. Plus, we will send you a prize to reward your effort!

KICK-OFF RALLIES

WHEN: July 1, noon-12:30 pm

WHERE: 1222 HSLC

REGISTER

Email wellness@uwhealth.org and provide your name, email address and mail code. Participants will receive a Small Steps packet, which includes directions and a personal log. Participants will also receive weekly emails with tips for success and healthy recipes.

Discover Wellness Scavenger Hunt, June 30-July 17

To help staff become more familiar with the information available on the Wellness Options at Work U-Connect pages, employees are invited to participate in an online scavenger hunt: "Discover Wellness." Learn some helpful information and receive a surprise reward!

We'll even give you a clue: All the answers can be found within the UW Health Wellness Web pages on U-Connect. The rest of the exploring is up to you. Remember to include your name, email address and mail code.

START EXPLORING NOW

- U-Connect > Breakroom > Employee Wellness Program > Current Programs > Discover Wellness
- uconnect.wisc.edu/wellness

[Seasonal Recipes](#)

The summer growing season offers endless options for healthy eating. New recipes will be posted to encourage healthy cooking. To fit the needs of a beginner or the more adventuresome chef, "easy" and "advanced" recipes will be offered.

The recipes will help you become more comfortable with foods that offer health benefits, i.e., antioxidant rich fruits and vegetables, heart healthy, omega-3 rich fats or high fiber grains.

Check out the recipes or submit a favorite recipe to share.

[Cycling Club](#)

The Employee Wellness Cycling Club invites all employees, families and friends to join us for rides throughout the spring, summer and fall. Rides are posted monthly. Please email us if you would like to be on the cycling club mailing list.

[Walk, Run or Ride for UW Health](#)

UW Health sponsors and supports numerous walks, runs and rides each year through our Community Relations program. Each event provides an opportunity for UW Health employees to be physically active while supporting a good cause.

Contact UW Health Wellness, wellness@uwhealth.org or 608-263-9891, for more information about any of the programs, activities and educational resources listed.

HOW TO SUBMIT YOUR NEWS

SMPH Update newsletter: Please send your news items and events to Amanda White, UW Health Marketing and Public Affairs, at awhite3@uwhealth.org. The deadline for the monthly

issue is the 20th of each month. If you have a submission for the next SMPH Update, please send no later than Monday, July 20. The SMPH Update newsletter is distributed on the 1st of each month.

SMPH Web site: Please send submissions to

- Theresa Plenty, web editor, UW Health e-Health Office, at tplenty@uwhealth.org or 266-6171
- Eric Klister, web editor, UW Health e-Health Office, at eklister@uwhealth.org.

We appreciate your participation in submitting news items for future issues.

Archived issues of the SMPH Update can be found at <http://www.med.wisc.edu/admin/> under "Resources for Faculty and Academic Staff."

Thank you!