Physical Therapy Students Team up with MEDIC

MEDIC is excited to announce a new partnership that will broaden the range of services available at our clinics. Last spring, UW-Madison physical therapy students and their faculty expressed a strong interest in providing services at the MEDIC clinics and eventually establishing a physical therapy referral clinic. Over the summer, physical therapy students began working with medical students at the ARC House Clinic and will soon be working at other clinics as well.

Physical therapy students have much to offer the MEDIC clinics. They will play an important role in the prevention of movement dysfunction and the enhancement of physical health and functional ability.

This new partnership has given MEDIC participants an opportunity to collaborate as part of a larger health care team, learn from one another and provide crucial care to the underserved populations in Madison.

Greenbush Bakery and Frugal Muse Support MEDIC

Community support for MEDIC comes in a variety of ways. Dozens of local physicians volunteer their time and staff to our six clinics, and numerous area individuals and organizations generously offer financial support. However, donations are not limited to time and money, as demonstrated by a local bakery and local bookstore.

Each Saturday morning, for several years, Greenbush Bakery has provided their famously fresh kosher donuts for the staff and students of the Southside Clinic. The donation of tasty treats has kept the Southside Team well fed and ready for their Saturday morning of learning and community service.

Frugal Muse, a local bookstore in Madison, has generously donated over 100 books to MEDIC’s “Reach Out and Read” program. Some of these books will be given directly to children at the Salvation Army and Southside clinics. Others will be read by medical students to children while they wait to be seen in clinic.

The students, staff and volunteer physicians of MEDIC would like to thank Greenbush Bakery and Frugal Muse for their generous support.

MEDIC Volunteers Help High School Athletes Prepare for the Season

In August, as the high school sports season began, MEDIC worked with Dr. David Bernhardt and other community physicians and physical therapists to provide sports physicals to uninsured high school students. In addition, there were representatives from the public health department ensuring that immunizations were up to date. In total, sports physicals were performed on 43 high school students, who participated in football, cross country, soccer, volleyball, tennis, and swimming. We wish all high school athletes the best of luck as the state tournaments approach!

President: Jackie Redmer
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For more information about MEDIC, please visit our website: http://www.tammed.wisc.edu/medic

Please send donations to:
UW Foundation
1848 University Ave.
PO Box 8960
Madison, WI 53708-8960
Attn: Andrea Engebretson
In “Memo”, write “MEDIC”

If you are interested in volunteering at one of our clinics, please contact:
Physician Schedulers
Joe Eichenseer (jeichen@wisc.edu) or
Anna Momont (anmomont@wisc.edu)

President Schedulers:
Jenny Pofahl (jepofahl@wisc.edu)

MEDIC relies on grants, donations and volunteers to keep our clinics open. Our needs include drugs, funds and your time!
Medical Students Go the Distance for MEDIC

On September 12th, medical students Lindsay Cuta and Ryan Byrne spent most of the day swimming, biking, and running as they competed in the Ironman Wisconsin Triathlon. Both finished the race with great efforts in the marathon portion. However, the day was not just about racing. Lindsay and Ryan used the triathlon to raise $1,750 for MEDIC. They would like to thank all the students, faculty, friends, and family who helped make this fundraiser a success!

In addition to Lindsay and Ryan's fundraiser, the University of Wisconsin Triathlon Team ran an aid station on the Ironman run course. As thanks for their efforts, Ironman North America will donate $500 to MEDIC.

MEDIC would like to thank Marianne Benforado for the donation of her late father's medical equipment to MEDIC including blood pressure cuffs and a stethoscope. Dr. Joseph Benforado was a pioneer in the treatment of alcoholism and other drug abuse in the Madison area and additionally he served as a member of the UW Medical School faculty for two decades from 1967 to 1986. MEDIC student volunteers greatly appreciate the thoughtfulness of this donation.

Medical Students Excited to Volunteer for MEDIC

The fall orientation session for MEDIC was attended by approximately 120 first year students. Dr. Murray Katcher, the medical director of the Salvation Army Clinic, provided a history of MEDIC and Dr. Ted Goodfriend, the medical director of Grace Clinic, facilitated a mock patient interview to demonstrate the student role at the MEDIC clinics. Following orientation, small groups of students learned basic physical exam techniques in the medical school exam rooms. Student interest was in excess of volunteer need for August through October but all students attending the session will get an opportunity to volunteer at some point in the year.

Volunteers of the Month

We have many wonderful physician and health professional volunteers who provide care for underserved populations in Madison. Their commitment has established a solid foundation for the MEDIC clinics and has led to the care of thousands of patients who otherwise would have nowhere to turn. Please join us in recognizing the following physician and health professional volunteers for their outstanding contributions in the MEDIC clinics.

March 2004: Dr. Richard Anstett  October 2004: Karen Ruwaldt
April 2004: Dr. John Beasley  November 2004: Nel Lemmennes
May 2004: Dr. Matt Crowe  December: Deb Sanftleben
September 2004: Dr. David Bernhardt  Mary Fuller

Salvation Army Clinic Bids Farewell to Extraordinary Volunteer

Karen Ruwaldt is a volunteer who knows the Salvation Army so well that new employees have frequently gone to her for help. In addition to her contributions to the shelter, Karen's support of the MEDIC clinic has been remarkable. She has served at the Salvation Army clinic nearly every Tuesday night for over two years, and will soon be moving on to post-graduate life.

Her official role was "intake," but she also helped with nearly every other aspect of the clinic and was crucial in making the clinic run smoothly from set-up to clean-up. Because student and physician volunteers change each week, her help has been invaluable in allowing the two clinic coordinators to focus on guiding clinic volunteers and helping with patient needs. Although her expertise is hard to replace, Ruwaldt helped ease the transition by training two undergraduates, Aaron Cohn and Kirsten Austad, who will be taking over the intake position.

Ruwaldt graduated with majors in Biochemistry and Spanish and is looking for a year-long international opportunity in a Spanish-speaking country. She will also be applying to medical school.

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