MEDIC Welcomes a New Southside Director and Faculty Medical Advisor

Written by Dr. Don Carufel-Wert

Greetings. My name is Don Carufel-Wert and I am excited to join the MEDIC community as the new Medical Director at the Southside clinic, and to fill the newly created position of Medical Advisor to the MEDIC Council. I look forward to working on a local scale with the Southside MEDIC clinic staff, as well as on a broader scale with the larger MEDIC community. As the Medical Advisor, I will be available to anyone involved with MEDIC for issues and questions related to medical care of our patients, systems issues with the clinics, or anything else you want to ask about. Sharon Younkin remains in her vital position as Faculty Advisor, and will continue to answer most of your questions regarding MEDIC. I will be very available, unless I am out of town, on my pager so the MEDIC Council and Clinic Coordinators can reach me.

To introduce myself a bit further, here is some of my educational, geographical, career and family background. I am a proud Madison family medicine residency graduate of 1995 and trained at the Verona Family Medical Clinic. Prior to college at Eastern Mennonite University in Harrisonburg, VA, I lived in Pennsylvania, Washington DC, Kansas, West Virginia, and Indiana. Between college and med school, I volunteered for a year at an inner city clinic in Washington, D.C. Then I returned to the Midwest for medical school at Indiana University. After an excellent training program during the 3 years of residency, I spent a year splitting time between the Madison Community Health Center, and teaching and doing urgent care at the Northeast clinic. My family and I then moved to Milwaukee where I worked for Family Health Plan briefly. Next I returned to academics joining the St. Luke's family medicine residency program and seeing patients at the Clarke Square Family Health Center. After 4 years in Milwaukee, my family, including my wife Terri, and daughters Lauren and Gabby, couldn't resist the urge to return to Madison and all it has to offer.

Presently I work half-time in the DFM teaching residents in Verona, overseeing the Community Medicine curriculum for the residency, providing leadership to the LOCUS program, as well as working with the MEDIC program. The other half of my job is caring for patients at the Access Community Health Center, a federally-funded community health center. In my spare time, I enjoy reading, playing with my family including 3 dogs, traveling, music, and puttering around the house.

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Faculty Physical Therapy Clinic

Written by Lisa Steinkamp

The monthly MEDIC physical therapy faculty referral clinic at Southside Clinic has been a wonderful addition to the overall MEDIC experience for physical therapy students. A PT faculty member works with PT students at the Southside Clinic on the second Saturday of each month, seeing walk-in patients and referrals from other MEDIC clinics. Please keep the referrals coming! In addition to the faculty clinic, summer organizational efforts have resulted in a MEDIC PT council with two coordinators for each of the three clinics in which PT students participate. Zach Barber and Jamie Wolkenbreit are coordinators for the Southside Clinic, Amy Schubert and Heidi Has treiter are coordinators at ARC House, and Cherie Olsen and Shannon Flood are coordinating involvement at the Michele Tracy House. Amy has organized a health and fitness education class slated to begin at Southside this month, with a probable second location at the Salvation Army. This class involves participation from nutrition and kinesiology students as well as medical and PT students. All PT students will attend at least one MEDIC clinic this year and are thrilled to be a part of this interdisciplinary service organization.

Volunteers of the Month in 2005

We have many wonderful health professional workers who volunteer with and contribute to MEDIC. Below are recognized volunteers of the month who have shown outstanding work with MEDIC so far this year. Please join us in thanking them for their time and efforts towards the MEDIC clinics and the underserved population in Madison.

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<tr>
<td>February</td>
<td>Dr. David Meyers</td>
<td>June</td>
<td>Dr. Jim Sosman</td>
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<td>March</td>
<td>Lisa Steinkamp</td>
<td>July</td>
<td>Dr. Calvin Bruce</td>
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<td>April</td>
<td>Dr. Wayne Loveland</td>
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Please send donations to:

MEDIC  
Attn: Sharon Younkin  
HSLC, Room 4236  
750 Highland Avenue  
Madison, WI 53705

Thank you!...to our Donors

Covenant Lutheran Endowment, Stoughton, WI  
Medical Student Fun Club  
Physician Assistant Students—Class of 2006  
Physical Therapy Department  
Steve Singh and the Orientation Video Crew  
Trek Bicycle Store of Madison
Physician Assistant Students
Join the MEDIC Team

Written by Kate Swoboda

The role of Physician Assistants has always been geared towards helping the medically underserved and our class of 2007 is already dedicated to following that example. From the start of classes this summer many students expressed an interest in helping volunteer with MEDIC. Our involvement started with Southside and Grace Clinics, but after passing the sign-up sheets around it became obvious that there was great enthusiasm in our class towards helping. We spoke with Sharon and the other clinic coordinators and began our involvement with Salvation Army, ARC, and Michelle Tracy House. As PA Coordinators Val and I have heard first-hand from our classmates how valuable they have found their experience and how much it inspires them to help the underserved. This summer we completed our patient history and physical exam class and our experiences with MEDIC only help us to re-hone our skills. We look forward to our continued involvement with MEDIC and our interactions with the med students and PT students.

Kate Swoboda and Val Carroll are the new PA Coordinators on the MEDIC Council.

MEDIC Newsletter Staff

President:  Patrick McKenna
Vice President/Treasurer:  Ben Heinzen
Faculty Advisor:  Sharon Younkin
Newsletter Coordinator:  Stephanie Smudde
Additional Newsletter Contributors:  Don Carufel-Wert, Lisa Steinkamp, Ryan Woods, Neil Sandhu, Kate Swoboda

Data Project Update

Written by Ryan Woods

MEDIC has an ongoing data project to better understand the population our clinics serve and the most needed services and pharmaceuticals. Below is data collected in the past academic year (8/15/04 – 8/15/05). Unfortunately, we receive some incomplete data forms, which accounts for the remaining percentages. We hope that this will at least give you a better perspective of what MEDIC clinics and their patients look like.

• MEDIC clinics saw 993 patients:
  ~71% English-speakers
  15% Spanish speakers

• Patient Composition:
  37% African American
  32% Caucasian
  16% Latino/a

• Only about 24% of patients were employed

• MEDIC provided about 75% of prescriptions free of charge

• The top 5 diagnoses in clinics:
  Depression
  Asthma
  Hypertension
  Cold
  Acid Reflux/GERD

Want to Volunteer at a MEDIC Clinic?

Physician Schedulers:
Janelle Durst  jdurst@wisc.edu
Terrah Paul Olson  tpaul@wisc.edu

Resident Scheduler:
Nicole Fischer  nmfischer@wisc.edu
MEDIC and BORDERS will be partnering in February of 2006 to raise money for the Reach Out and Read Program. We will be sending out coupons to those of you in the Madison area early next year. The coupon allows you to receive a discount on your Borders purchase—AND—Borders will donate a percentage of the days’ purchases to MEDIC.

Reach Out and Read (ROR) increases literacy among Madison-area high-risk families and interrupts the cycle of low literacy as it is passed from generation to generation. ROR is making a huge impact in the Madison area and surrounding suburbs. Medical student volunteers actively participate by promoting early literacy to children by reading to them and giving out free books to encourage parents to read aloud to them. Reach out and Read is a program model that is based on research showing the connection between active reading of children and the development of language.

Reach Out and Read Fundraiser in February 2006

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