There are many health issues in low-income communities of color and not all of them are physical. Whether these health problems are depression, high blood pressure or high levels of stress, these problems create the well-documented health disparities in communities of color; which really are the result of larger systemic oppressions, such as racism and oppression based on sexuality. These broader systems and factors are called social determinants of health. Youth of color are the keys to organizing, to break down these oppressive structures and end the health disparities in our communities that will create healthy communities. On either June 13th and 14th or 15th and 16th, Freedom Inc will be holding a Youth of Color Health Summit to address these health disparities by looking at the social determinants of health, through workshops and conversation. We have three main goals for the Summit:

1. Create a common analysis and knowledge base around health, health disparities, and social determinants in communities of color.
2. Encourage youth leadership and build youth leadership and organizing skills so that they may identify and organize around health disparities to create healthier communities.
3. Create a space for youth leaders to network with other youth leaders already doing the work to address health disparities.

The theme for the health summit is: Youth Empowerment: taking back our power to create healthier communities. Please consider submitting a workshop proposal for the health summit.

We would like youth of color (12-24) and youth of color advocates to present at the summit. LGBTQ youth, youth with disabilities, undocumented, and all other identities are strongly encouraged to present. Please consider that there will be a youth audience in your workshop. Since all of the attendees will be youth keep lectures and activities exciting, engaging, and age appropriate. You can specify which age groups your workshop targets below. Workshops should be 50mins to an hour long.
What is your name and the names and preferred gender pronouns of all who will be presenting?

_____________________________________________________________________________

_____________________________________________________________________________

What is the name of your workshop?
This title will show up on the agenda

_____________________________________________________________________________

Please describe your workshop
in 3 to 4 sentences

_____________________________________________________________________________

_____________________________________________________________________________

Which health disparity will your workshop address?
cause of health problems (circle as many as apply)

- lack of access to recreational space
- homelessness
- redlining
- over policing
no access to health care

no access to healthy/fresh food

Other:

What larger issues does your workshop address? Circle all that apply

Racism- oppression people of color face (Black, Latin@, Asian, Indigenous/Native American/First Nation

Classism- oppression poor people face

Heterosexism- oppression lesbian, gay, bisexual people face

Cisgenderism- oppression transgender and gender non-conforming people face

Sexism- oppression women face

Abelism- oppression people with disabilities face

Other:

How long is your workshop?

Which health issue will your workshop be addressing?

child obeisity

over policing

health problems from bad foods

HIV/STDs

domestic violence
mental health issues
eating disorders
low self esteem/poor self image
gang violence
encarceration
drug abuse/alcoholism
malnutrition
bullying
achievement gaps
problems for youth of color in schools
sexual assault
gender
Other:

What materials will you need to assist you in your workshop?
projectors, laptops, etc

Are you affiliated with an organization?
please circle
yes
What organization are you affiliated with if any?
________________________________________________________________

What is your organization’s mission statement?
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________

Why are you interested in presenting at this summit?
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________

If you are not affiliated with an organization what is your motivation behind your social justice work?
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________