A Message from the Program Director

Lisa Steinkamp, PT, MS, MBA

Dear Alumni and Friends,

For the second year in a row, we were rated the #1 program by current students and recent graduates on GraduatePrograms.com. Although this is by no means a scientific ranking, it is flattering in that it is a reflection of how our students and graduates view us in the categories of career support, faculty support, financial aid, and graduate program value. One of the terms floating around our hallways is blended learning. UW-Madison defines blended learning courses as “instructor-designed and supervised environments that use face-to-face and technology-mediated channels to enhance interactive, engaging learning experiences and to improve learning outcomes for students.”

Colleen Cobey, PT, MS, FAAOMPT and Sue Wenker, PT, MS, GCS are Blended Learning Fellows, representing the School of Medicine and Public Health on a campus-wide initiative to create and disseminate innovative ideas and resources to enhance the development of curricula that incorporate blended learning. Jill Boissonnault, PT, PhD, WCS and Mary Sesto, PT, PhD have joined them in the Blended Learning Course Redesign, a semester-long series to help instructors create blended learning experiences for students. In addition, Sue is involved in a year-long course called “Teach On-Line at UW,” which teaches instructors to develop fully on-line courses. I have been busy working on a multi-year master plan for a facilities overhaul, with a new classroom, new bathrooms and locker rooms, a few more offices, and upgrades to teaching labs and public spaces such as hallways. We have successfully completed the first phase, which was implementing lecture capture and video conferencing capabilities in our classroom and teaching labs. Finally, Tucker, the Program service dog, passed away in June and sent us Keeley, a rescue dog with severe osteoarthritis of all limbs, who can move just well enough to provide students, faculty, staff and others in the building with both comic and stress relief.

On Wisconsin!

Congratulations to the 2014 Graduates ~
Eric Bader, Robert Baumeister, Marie Boo, Theresa Brokaw, Sara Carney, Nicholas Conte, Georgia Corner, Kaela Erickson, Alyssa French, Allison Gabrielsson, Chelsea Gilbertson, Grace Grogan, Anna Hagens, Sarah Hobbs, Paul Jones, Kayla Kaschinske, Lindsay Donath, Michelle Korneder, Tyler Krausert, Brittany Malin, Stephen Malvitz, Kara Mathys, Adam Neill, Thuan Ngo, Brenna O’Halloran, Amy Pearce, Lisa Phillips, Steven Porst, Lori Puchalski, Andrew Sandgren, Sarah Schachtlin, Lindsay Schaefer, Emily Dennison, Kyle Sirek, Jaclyn Spees, Jessica Oakland, Megan Veltman, Hyacinth Wallace, and Samuel Wernberg.

Congratulations to the Entering Class of 2017 ~
Tyler Ballentine, Tyler Baures, Laura Brodziski, Eric Burmeister, Sarah Ceschin, Avelene Chan, Laura Dean, Megan Donohue, Nathan Ebben, Aaron Eichsteadt, Emily Francione, Treven Fritschka, Wendee Gardner, Amanda Gyyer, Caryn Herrick, Nicholas Hoening, Kevin Howard, Adrienne Javes, Shanna Karls, Adam Kiepert, Allison Kleefish, Kevan LaPorte, Michael Mathson, Allison McCarthy, Marysa Meyer, Brian Morris, Katharine Place, Jordan Reeves, Emily Sackett, Amanda Schmitz, Melissa Schultz, Hannah Sutter-Balke, Kaiya Sygulla, Brett Taber, Susan Vehe, Kaitlin Walters, Collin Weyer, Nicole Will, Eliza Wortman, and Allison Zimmerman.

www.orthorehab.wisc.edu/physical-therapy/
A Note from the Phi Theta Student Service Organization:
Over the past year, Phi Theta has continued to play a central role in the DPT students’ experience through the program. We have continued our partnership with the Madison Spinal Cord Injury Group as well as the Special Olympics of Wisconsin. We help to supply volunteers to assist with adaptive bike rides and even adaptive kayaking events, as well as regional sporting events with the Special Olympics. We also started a partnership with the Juvenile Detention Center of Dane County in which we supply monthly volunteers to provide exercise and sport classes to the folks at the facility. Through many fundraising efforts by selling Bucky Books, clothing sales, working concessions at UW Men’s Basketball games, putting on massage fundraisers, and doing a silent auction at our annual holiday party, we were able to provide donations to benefit MEDiC, the Belize and Uganda global health trips, the Neuro pro-bono clinic, the Pittsburgh-Marquette challenge, and the SCI group of Madison. We made a big push this year to increase APTA/WPTA membership among the students and we were able to increase membership to nearly 70% of the first and second-year students. We also had student reps attend WPTA Southwest district meetings to help be a student voice in the advocacy of our profession. In addition, we had our 14th annual 5K Bucky’s Race for Rehab in May. This was the first year we opened the race up to people with disabilities and we had close to 100 total participants, making it one of the most successful races of all time. We have kept extremely busy with various volunteering events in the community including keeping up on our Adopt-a-Highway and raking leaves for an elderly gentleman. We put on a successful OT-PT career fair, and further developed social events such as a trip to a Brewer game, PT Olympics, and a wonderfully-planned holiday party to help keep all of the students connected. We made great strides in bettering and giving back to our community, as well as building closer relationships among one another. We are excited about what is to come in the upcoming year! Codi Halbur, SPT (outgoing President).

2014-2015 Phi Theta Council
President:  Nate Hoover
Vice President:  Nicki Ruegsegger
Secretary:  Alyssa George
Treasurer:  Kayla Sharpee
Public Relations and Interdisciplinary Affairs:  Hayley Gerster

Interprofessional Health Council
The Interprofessional Health Council won a National Consumers League “Script Your Future” Medication Adherence Team Challenge award for their focus on health disparities and underrepresented community outreach. The IPHC partnered with MEDiC and other UW-Madison and community partners to provide medication adherence-focused counseling to underserved individuals.
The Challenge involved more than 2,200 future health care professionals, participating in 300 events in 26 states, counseling more than 9,300 patients and reaching more than 6 million consumers nationwide. The NCL stated that: “The Interprofessional Health Council at the University of Wisconsin-Madison worked in its community to reach individuals with low incomes or without health insurance. The team conducted most activities at free medical and pharmacy clinics, and at local food pantries. The team provided critical information about the importance of taking charge of one’s health and taking medication as prescribed during the earlier medical visits. The team directly counseled 200 patients and distributed campaign materials that were used during consultations. Through the team’s participation in the Challenge, lasting partnerships have been developed and will continue throughout the year, including monitoring medication adherence levels among clinic patients.” Doubara Wis-Wolo, SPT (outgoing President)

2014-2015 Interprofessional Health Council Board
President:  Hayley Gerster, SPT
Vice President:  Thuy-Vu Do, SPPharmD
Secretary:  Kristin Statwicki, PharmD
Webmaster:  Caitlin Gendenning, SPT
Writing Committee Chairperson:  Joe Deanovich, SOT

MEDiC
Volunteering at MEDiC clinics continues to be an exciting part of the UW DPT program! MEDiC is a student-run pro bono clinic system in the local Madison area, comprised of volunteer students from multiple disciplines within the UW School of Medicine and Public Health. Local clinicians also volunteer their time to help oversee clinical care and guide students in the decision-making process. First and second-year PT students have the opportunity to volunteer at a clinic at least one time per semester, where they are able to see patients and perform evaluations. Each of the seven MEDiC clinics function slightly differently and have a unique patient population. MEDiC provides students the chance to practice their patient skills, to apply the knowledge they are learning in the classroom, and to collaborate with other health care student professionals.
The MEDiC council has made enormous strides towards creating a greater interdisciplinary approach within each of the clinics. MEDiC is unique in that it encompasses students of various programs, ages and levels (Nursing, Medical, Pharmacy, Physical Therapy, Physician’s Assistant). Our goal has been to create a patient-focused model where we all can work together during the evaluation and treatment process, keeping the patient’s best interest in mind.
The MEDiC council has also been working hard over the past four years to design and implement an electronic medical record system within all of the clinics, called the “PED.” We have just heard
recent news that this documentation system has been approved and will be brought to the clinics shortly! Our hope is that the PED will provide better documentation of patient encounters, improve communication between providers and patients, and improve overall patient care.

The MEDiC organization continues to host several fundraising events throughout the year to raise money for our clinics. The Bucky’s Race for Rehab 5K race was hosted by the PT students in May and was a great success! The most recent event, Movin’ for MEDiC 5K run/walk, was held on October 5th on the Lakeshore path in downtown Madison. We hope to continue to see growth in our MEDiC clinics and improvements in our patient care!

A big thank you goes out to the following 2014-2015 PT MEDiC Clinic Coordinators for all of their hard work and dedication towards making our Program a big part of this organization! Kahtlin Klos, SPT (PT MEDiC Coordinator)

2014-2015 MEDiC Council
Coordinator: Kahtlin Klos
ARC House and Michelle Tracy Clinic: Caitlin Glendenning and Rachel Peerboom
Salvation Army and Grace Clinics: Nicole Flackey and Nick Yuetter
Southside Clinic: Kyle Hampton and Mindy Hoffman

Pro Bono Clinic: Facts & Figures
• Began in April 2012 with one patient and six students
• Last fall, we served 10 patients, with 52 students involved
• Last spring, we served 10 patients (4 new to replace discharged patients), with 48 students involved
• We provide ongoing neuro rehab on Friday afternoons to patients with the following diagnoses: SCI (complete and incomplete), TBI, Stroke, CP, Multiple Trauma with residual balance and coordination deficits
• Our model uses a team approach of a PT-2 and PT-1 (often 4 students), that allows them to alternate weeks, along with input from Dr. Dewane; when able, some PT-3s will drop in and add their insights as well
• We have gotten referrals from discharge planners at UW and Meriter (primarily patients with no insurance), as well as referrals from community therapists who have patients whose insurance won’t cover rehab services (under-insured)
• Students report a better understanding of treatment progression and more confidence after working in the Pro Bono Clinic
• Students also report that the Pro Bono Clinic allows them to “keep it real”
• All patients have made significant gains with the students and are meeting timely functional goals
(Megan Brothen and Jessica Dietz, outgoing Coordinators; Nate Seitz, Michelle Tollakson and Alex Wolfe, current Coordinators)

In addition, Anna Hagens and Megan Veltman (Class of 2014) created a manual for other PT programs on how to start a student-run pro bono clinic. This can be found at: http://ortho.wisc.edu/Home/DoctorofPhysicalTherapy/StudentLife/LearningOpportunities/StudentClinic.aspx

2014 Scholarship Recipients
Amelia Doyon Scholarship: Brandon McMullen
Barbara Ellen Gerlich-Hoefeyzer Scholarship:
Autumn Hensei and Nathan Seitz
Caroline, Clara, Charles and Mildred Harper Scholarship:
Katie Claus, Nicole Flackey, John Heitzman, Raisa McArtor, Brittany Novotny and Ashley Woest
Margaret Kohli Scholarship: Codi Halbur, Christa Wille and Dobby Wis-Wolo
Jean Roland Scholarship: Amanda Cleary
Ridley Family Scholarship: Karen Lovely and Michelle Tollakson

UW PT Alumni Scholarships for Instructional Assistants in Gross Human Anatomy and Anatomical Applications in Physical Therapy:
Megan Brothen, Julie Chen, Kristen Gollnick, Raisa McArtor, Sarah Stream, Brianne Trevorrow, Dobby WisWolo and Ashley Woest

Other Awards

Congratulations to Kathryn Claus, Kelsey Figg, Sarah Stream and Ashley Woest, Class of 2015, for receiving a WPT Scholars Award!
Congratulations to Codi Halbur, Class of 2015, for receiving a WPT Fund Cris Crivello Community Service Award!
Congratulations to Christa Wille, Class of 2015, for winning a Tracy Rasor Sports Medicine Scholarship!
Amanda Cleary and Ashley Woest, Class of 2015, completed their Maternal and Child Health (MCH) Leadership Education in Neurodevelopmental Disabilities (LEND) interdisciplinary and disciplinary leadership training, and Nicole Flackey and Caitlin Glendenning, Class of 2016, were selected to participate in the program for 2014-2015.
Congratulations to Sarah Marie Hobbs, Class of 2014, who is the recipient of the APTA’s Outstanding Student Physical Therapist Award! This award honors PT students for outstanding achievements in delivery of patient/client care and community service, and a commitment to the PT profession and association. Sarah was the Phi Theta Vice President and was involved with APTA’s Student Assembly Board of Directors. She is now an Orthopedic PT Resident at UW Hospital and Clinics. Sarah also received the WPTA Emerging Leader award! The following is Sarah’s recap of her stint in the House of Delegates:
Prior to attending the 2013 House of Delegates, my understanding of the House of Delegates was a little cloudy. I knew the APTA held its House of Delegates meeting around the time of the Annual APTA Conference. I knew the House was a forum where decisions were made on bylaws and the direction of the profession. However, I did not fully understand the magnitude and impact of the decisions. My first day attending the House of Delegates, I was a little overwhelmed. The pace of the conversation moved quickly following Robert’s Rules of Order, which I knew very little about. I had reviewed the RCs from APTAs Twitter Feed prior to attending, which provided me with a little background to the debates. But as each discussion unfolded, I learned so much more about the history of each issue and the importance of each decision.

This was a big year at the House of Delegates – I feel so lucky to have had the opportunity to attend AND to provide my voice as a student and Wisconsin Chapter member. The biggest and most exciting discussion, in my mind, was related to developing a new APTA Vision Statement. As a first-year student, we studied Vision 2020. Vision 2020 was where our profession was headed and was the professional I was striving to become.

By 2020, physical therapy will be provided by physical therapists who are doctors of physical therapy, recognized by consumers and other health care professionals as the practitioners of choice to whom consumers have direct access for the diagnosis of, interventions for, and prevention of impairments, functional limitations, and disabilities related to movement, function, and health. Doctors of physical therapy, practitioners of choice, direct access...major goals for our profession and goals that we were achieving. Sitting in the House of Delegates 2013, I was listening to the debate on a new vision. I was listening to a debate on a vision that would be the motivation for the future students, current students, and professions. I couldn’t help but think this could be the statement the future first-year classes would hear in Seminar. This would be the vision that guided them through the Program and in to the professionals they hoped to become.

During the few days of discussion and debate at the House of Delegates, I did more than simply sit and listen. I was given the opportunity to share my thoughts with the Student Assembly Board and helped to solicit ideas from other students in attendance on what the vision meant to them. The Wisconsin Delegation invited me to sit with them in their evening debriefs and planning sessions. I can assure you we are in good hands – I was impressed at the insight from our Wisconsin delegates and hope to someday understand a fraction of what they have to share.

Walking the halls on breaks and hearing each delegation discuss their opinions, it was remarkable to see the passion from each group – hoping to create a vision that could drive us into the future. It was an amazing few days of learning for me – seeing our Wisconsin leaders at work, seeing how our profession makes decisions, and seeing the importance of being involved in the direction of our profession.

Ultimately, our new vision statement was passed by 90%- WOW. "Transforming society by optimizing movement to improve the human experience." Inspiring, short and direct. This vision statement did not come without debate, but I couldn’t be happier with the outcome. I feel honored to have not only been in attendance, but also to have shared my voice – even in a small way. This vision gives me, as a student, the feeling that my profession has the power to transform society…that my profession has the power to truly impact the human experience. It is both moving and powerful. Moving forward from the 2013 House of Delegates, the vision of physical therapy is to “transform society,” so let’s get to work!

Karen Lovely (Class of 2016) is following Sarah’s political lead as an elected APTA Wisconsin Student Core Ambassador!

Service Learning Projects

We had nine teams of students participate in wonderful service-learning projects this past year. Below is a summary of their outstanding work!

1. Special Olympics WI: Students developed individual and group fitness training regimens for Madison-area basketball Special Olympics participants. The students assessed individual athletes as part of the process and also presented nutrition information to the participants.

2. Tri 4 Schools: The students developed and administered pre and post-assessments to record each child’s progress in the areas of endurance, flexibility, and overall social and academic “health.” The organization promotes triathlons for school-aged children and in the process, fund-raises for the schools. Its mission is to promote fitness for these children.

3. Team Survivor: This organization is committed to assisting “Women with Cancer to Achieve the Extraordinary” and works to provide convenient and easily-implemented exercise programs to cancer survivors in Madison. The students developed an at-home exercise video for Team Survivor’s clients.
4. Wheels for Winners: The students once again partnered with this non-profit to assist them in awarding bicycles to youngsters in the Madison area in exchange for completion of community service projects. The DPT students worked with the Goodman Community Center this year.

5. UW DPT Pro-Bono clinic: The DPT program offers pro-bono PT services to those with neurologic dysfunction that require additional PT after their insurance reimbursement runs dry. Under the direction of Judy Dewane, PT, DSc, MHS, NCS, the clinic director, four DPT students worked to fund-raise by running a successful garage sale on the lawn outside 1300 University Ave. The funds will be put towards a printer, clinic supplies and parking passes for the clinic's clients.

6. MEDiC Council and the Bucky Race for Rehab: The UW-Madison PT student organization, Phi Theta, has put on an annual 5K run to promote the UW School of Medicine and Public Health’s MEDiC clinics. This year, we turned that effort into a PT 600 Service-learning project and improved attendance and fund-raising efforts. The students worked with the Council to ensure great organization before and during the successful race. Bucky attended and the group presented MEDiC with a check for $864! The group also worked to make the race accessible for all.

7. Andean Health and Development, Ecuador: Students Guillermo Contreras and Jesse Majxner traveled to Ecuador with alumnus David Lippi-Guerron, PT (Class of 2013) to present a series of in-services (in Spanish!) to medical residents who will staff a new rural hospital in Santo Domingo. The group presented to 84 residents over a five-day period on the role and scope of PT, as well as examination and treatment of low back and shoulder injuries. This was the Program’s first service-learning trip to Ecuador and we hope to continue it in the future.

8. Hillside Healthcare International in Punta Gorda, Belize: Six students once again traveled with two faculty members to work with Hillside in promoting disability awareness in rural schools. The students presented to 20 schools over a five-day period. The group also provided Hillside with culturally-appropriate patient-educational brochures and exercise handouts. Additionally, the students raised funds and worked to assist Hillside in making their medical campus more client-accessible.

9. Uganda: This three-week trip involved six students who traveled to three locations in Uganda with two alumni, Sara Smiley, PT (Class of 1980) and Jennifer Sewall, PT, SCS, ATC, CSCS (Class of 2006). The students assisted local PTs in patient care, delivered in-service education to staff,
provided man and woman power to rehabilitate a clinic’s PT department, and developed a patient-education exercise resource for one of the facilities. The students reported learning an enormous amount about the country’s people and health care system.

Thank you to WPTA for their support and donations to the DPT Student Global Health Fund!
Visit our website for active faculty projects

Bill Boissonnault, PT, DPT, DHSc, FAAOMPT, FAPTA
I continue to teach courses related to medical screening and direct access practice. I will complete my term as Foundation for Physical Therapy President and Trustee at the end of the year. I am currently chairing the WPTA’s X-ray Legislative Task Force, working with Chapter leadership to regain our ability to refer patients directly to a radiologist.

Awards: 2014 Lucy Blair Service, Award American Physical Therapy Association

Publications

Jill Boissonnault, PT, PhD, WCS - Promoted to Associate Professor, CHS Track!
In addition to my teaching here at UW-Madison, I have been continuing my work as an APTA Media Spokesperson, which allows me to promote our profession by giving input to magazines and print media on physical therapy, mostly on women’s health. I continue to teach ethics courses to PTs around the state of WI as a thank-you to sites that accept our students for clinical internships. In 2012, the courses were on health literacy and in 2013, as part of a new licensure cycle, I began teaching a course on informed consent in physical therapy. I had the opportunity to teach abroad in 2013, in both Slovenia and in Israel, and am working collaboratively with two faculty members in Australia on a research project on the ECHOWS tool for assessment of patient-interviewing skills. We received a School of Medicine and Public Health Department of Orthopedics and Rehabilitation Research Grant to fund that project. I continue to be the Director of the UWHC/Meriter Orthopedic PT Residency Program; we have graduated another class and begun the next!


Stacey Brickson, PT, PhD, ATC, CSCS
My work in muscle injury and collaboration with Dr. Ray Vanderby’s lab has resulted in the following recent publications:

4. Brickson S and Meyer P. The Effect of Mesenchymal Stem Cells on Skeletal Muscle Injury” presentation at the American College of Sports Medicine Annual Meeting, Orlando, May 2014. This summer, I also assisted the Strength and Conditioning program at Middleton High School and led a women’s cycling group designed specifically for those with musculoskeletal impairments. My interest in cycling as a mode of exercise for those with physical impairments led to a partnership with Colin O’Brien of Cronometro and creation of an 8 CEU course in March, Introduction to Bike Fit Metrics for the Clinician. The VA Memorial Hospital was recently awarded a Post-Professional Residency in Cardiovascular and Pulmonary Therapy, and we welcomed Richard Severin, DPT into the program. Through the UW-DPT program alliance with the VA, we presented a 4 CEU course on the Treatment of Congestive Heart Failure at the UW-Milwaukee College of Health Sciences in May.

Colleen Cobey, PT, MS, FAAOMPT
My teaching appointment starts with PT 501 Anatomical Applications taught in the summer, PT 527 Foundations of Examination and Evaluation in the fall, and finally PT 534 Therapeutic Interventions in the spring semester. In PT 527, we continue to utilize the Simulation Center at UW Hospital to provide a realistic inpatient experience for the students. Working in pairs, students perform a bedside assessment and transfer a manikin capable of verbally communicating and demonstrating fluctuating physiologic responses. Following this experience, the students are again at the SIMS Center for their final practical, which is performed with a standardized patient. I am also involved in teaching in the Orthopedic Residency. I currently instruct the hip unit for the residents and this is a two-day course that occurs in January of each year.

My clinical appointment includes University Health Services and UW Research Park Spine Clinic. At UHS, we have expanded our time to include a summer session based on how busy we have been during the fall and spring semesters. I am currently participating in the direct access training in the outpatient setting through UW Health and will complete this by the end of the year.

As part of my service component, I am involved with the Stepping On program and I have lectured at the Oakwood Village on falls prevention. I have also been certified as a CPR instructor and with Reenie Euhardy, PT, MS, GCS, we are offering certification and renewal CPR courses to our students and faculty.

Judy Dewane, PT, DSc, MHS, NCS
I continue to be very involved with the DPT Pro Bono Clinic. The clinic is on Friday afternoons and seeks to provide ongoing treatment to people with neurological/motor control dysfunction who either do not have insurance or are under-insured. The mission “serving to learn, learning to serve,” really describes the clinic. The students work in teams of PT1s and PT2s, and provide ongoing treatment with the opportunity to work on treatment progression in a safe setting. At the same time, they provide a service for the underserved in our area. I was the keynote speaker for the Only Leaves Should Fall event sponsored by Safe Communities of Dane County. The PT students were also very involved in the event, providing falls risk screenings along with OT, Pharmacy and Nursing students.

On a personal note, I would like to thank the UW PT Community (current and former students, colleagues), for all the support over the last six months with regards to the death of my parents and brother.
I am extremely excited to start my new career as the ACCE of UW-Madison DPT Program! I am busy trying to learn the intricacies of Clinical Education and determining what I might be able to add to the program from my background and experiences. I look forward to working alongside Sue Wenker, PT, MS, GCS with securing exceptional clinical placements for our students and watching them grow into successful clinicians themselves! In addition to my career here, I continue to work at Stoughton Hospital in providing patient care in an outpatient rural setting, and I am working toward completing my transitional DPT at The College of St. Scholastica.

Traveling to Belize with six DPT students is my highlight since the last InTouch. The students completed their Service Learning projects in Belize during January and I was privileged to be a faculty advisor accompanying them. Last fall, I became a certified American Heart Association instructor and taught several classes to our students who need BLS certification prior to their internships. Advising potential future physical therapist students on various paths to join our profession and managing the admission process continues to be my primary responsibility. The Physical Therapy Centralized Application Service is asking applicants to write a new essay this year: "APTA's vision for physical therapy is ‘transforming society by optimizing movement to improve the human experience.’ How will you embody this vision as a future physical therapist?" The Admissions Committee and I are looking forward to reading a variety of responses to this question. Admission to our Program remains very competitive, with strong graduates joining us as alumni each year.

I continue to spread the word on the health benefits of Tai Chi. In April of this year, I did a presentation for the School of Medicine and Public Health Department of Orthopedics and Rehabilitation’s Physical Medicine and Rehabilitation Pain Research Day. My talk, "Tai Chi as a Meditative Movement Therapy for Persistent Musculoskeletal Pain," also included a 30-minute Tai Chi session for personal mindfulness and stress reduction for all the participants. I was an invited speaker for the International Tai Chi Chuan Symposium for Health, Education and Cultural Exchange, held July 6-11 in Louisville, Kentucky. At this conference, I did an Academic Platform Presentation on the Clinical Application of Tai Chi for Pain Management, a case study poster presentation (Tai Chi Enhances Biopsychosocial Management of Chronic LBP), and was part of the Academic Panel Discussion: "On the Front Lines: teaching, studying, researching; the voices of personal experience in the Tai Chi community." In terms of community service, I provided a free six-week community-based Tai Chi Fundamentals program for a group of people at Trinity United Methodist Church. In April, I started my second term as a Director for the WPTRA Board of Directors. As part of the WPTRA Health and Wellness Committee, I participated in the WPTRA Spring Conference Strong Women Training Workshop. I will be a substitute trainer for a new Strong Women community program that will be starting in McFarland WI later this year. I also started the three-part training series for becoming an APTA Academy of Geriatrics Certified Exercise Expert for the Aging Adult (CEEEAA).

Graduate student research from my lab was presented at professional conferences, including the APTA’s Combined Sections Meeting (Las Vegas, NV), American College of Sports Medicine (Orlando, FL) and World Congress of Biomechanics (Boston, MA). I was an invited speaker at several national and international conferences, including Mayo Clinic Sports Medicine Symposium (Rochester, MN), California Physical Therapy Association (Los Angeles, CA), III International Congress of Kinesiology in Sports (Santiago, Chile), and MuscleTech Network Workshop (Barcelona, Spain). I also served as the guest editor for a special issue of J Orthop Sports Phys Ther devoted to running.

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for keeping the Serf, Nat, and Shell gyms safe. This fall, I will begin my junior year at UW as a Kinesiology-Exercise and Movement Science major, and I will be working towards acquiring my ACE Personal Training Certification.

- **Pat Mecum, Program Assistant**
  Since I have come back, it has been a joy working with the students and keeping them happy with candy. I like working with the software that takes care of student records and keeping up with course schedules. This summer was great in many ways, including the weather. My tomatoes came in and made it to batches of salsa to share. My day begins well before I come to the PT program as I go to the gym to get my exercise in at 4:30 every morning. After work, I take care of my grandkids. My son’s quadruplets are six-years old now and in the first grade. But in between my workouts and my grandkids, I enjoy working with the PT students and faculty!

- **Evan Nelson, PT, DPT, OCS**
  I expanded my clinical role this year, spending time in the UW Health Spine PT and Sports Rehabilitation clinics. My work with UW Health includes serving on a team investigating methods for electronically distributing and receiving patient-reported outcomes so provider burden may be minimized in the face of the new functional limitation reporting regulations. I continue to participate in research, studying the clinical management of running-related injuries with the UW Neuromuscular Biomechanics Laboratory. My teaching responsibilities include physical agents, wound care, and clinical instruction of DPT and undergraduate students. I am working hard to bring ‘realism’ into the classroom during the wound care portion of the curriculum. I welcome any pictures, stories, expired wound care products, or reports from your clinical experiences using wound care practices.

Special thanks and appreciation to Celleration, Inc. of Minnesota for allowing our students to gain experience with the MIST® ultrasound therapy system during the wound management course.

Thanks also to UW Health Home Care, Madison, who generously provided equipment for the wound management lab experience.

- **Karen Patterson, PT, MS, PCS**
  I continue to coordinate UW-Madison DPT Global Health Programs, which include programs in Uganda, Belize, and Ecuador. I serve on the Global Health Institute’s Inter-professional Education Committee. I was newly elected to the Nominating Committee of the APTA Global Health Special Interest Group. I am presenting at the APTA’s 22nd Annual National Student Conclave with Lisa Steinkamp, PT, MS, MBA and Jen Werwie, PT, DPT (Class of 2012) on Choose Your Path! Sessions: PT Going Global.

I am involved in a research project to establish a Multi-Center Spinal Muscular Atrophy Database with Dr. Mathew Halanski and Dr. Mary Schroth. In 2013, the pilot study portion was completed, resulting in two abstract and poster presentations at national conferences. This project has continued with a multi-center retrospective study in 2014, merging into a prospective study and the establishment of a nationally-recognized data base for future research and clinical care. I continue to serve on the Medical Advisory Board for ProjectCure SMA (previously Families of Spinal Muscular Atrophy Association).

I coordinated a successful first GoBabyGo electric car adaptation for early mobility for two children with movement impairment, which included both UW-Madison DPT students and UW engineering students, and am currently applying for additional funds to establish an ongoing program. See photos below!

- **Barb Morgan, PT, PhD, Professor Emeritus**
  Although I retired several years ago, my research is still keeping me busy. We just entered the final year of a four-year NIH study of pharmacologic interventions for preventing or reversing the adverse cardiovascular consequences of sleep apnea. Our recruiting is going very well—we hope to have data on 100 subjects before the grant ends in July, 2015. After that, I plan to really retire, spend more time with our granddaughter, and play more tennis!

- **Mary Sesto, PT, PhD - Promoted to Associate Professor, Tenure Track**
  Research from my lab was presented by my graduate students and me at several meetings, including the University of Wisconsin Systems Engineering Initiative for Patient Outcomes, the Human Factors and Ergonomics International meeting, and the International Symposium on Human Factors and Ergonomics in Health Care.

Publications
Lisa Steinkamp, PT, MS, MBA
I continue to teach Principles of Professional Practice and Administration in conjunction with the MPH Program’s Health Systems Management and Policy course. DPT and MPH students attend multiple lectures on health care systems together. At the Program level, I spend a lot of my time managing budgets, facilities, workloads, schedules, and numerous activities (our students have a lot of energy!). At the School of Medicine and Public Health level, I am on multiple committees addressing equity and diversity, and academic affairs, and trying to promote interprofessional curricula, student resources, electives and social activities. One of our focuses is to create a website that could be an integrative resource for faculty, staff and students from all health professions programs and Schools. I passed my prelims and have completed data collection for my PhD so I am on the home stretch. In the meantime, I have enjoyed embodying the Wisconsin Idea through outreach at local high schools, working with at-risk youth in cross-age mentoring models. Finally, I am coordinating many Independent Studies with our students as well as undergraduates interested in service learning, but two that have been fun to watch are a conversational Spanish class, which was completely driven by the students, and a study of the potential role of PT in the Emergency Department. Students are taking turns spending time in the ED, collecting data on PT-appropriate roles of PT in the Emergency Department. Students are taking turns spending time in the ED, collecting data on PT-appropriate cases, in an effort to show potential cost-savings and decreased re-admission rates.

Jill Thein-Nissenbaum, PT, DSc, SCS, ATC
I continue to teach in the musculoskeletal courses for the second-year students and continue my appointment with UW Athletics, providing care for the injured athletes. I work closely with the athletic trainers and physicians to provide physical therapy services for athletes from all 22 sports. This summer, 11 DPT students and I volunteered at Middleton High School and were involved in a summer strength, conditioning, and injury prevention program. The high school athletes trained with two strength and conditioning coaches, and the DPT students provide an “extra pair of hands” at these sessions. Training sessions were four days/week and each day, there were three sessions to accommodate the different skill levels of the athletes. There were, on average, approximately 75 athletes at any given training session. The role of the DPT student was to demonstrate the skill or activity, and provide verbal and visual cueing and feedback to the athlete. Lastly, the DPT students educated the high school athletes on the importance of quality movement to decrease injury risk.

Sue Wenker, PT, MS, GCS, Director of Clinical Education
I have the pleasure of being a co-instructor with Colleen Cobey, PT, MS, FAAOMPT in the fall and we are continuing to find ways to blend our course to enrich the learning experiences of the students. Currently, our lectures are becoming discussions and “Monday Morning Clinic” in order to facilitate application of concepts to clinical life and we are always looking for alternative teaching strategies! Reenie Euhardy, PT, MS, GCS and I are also revamping the geriatric content we teach to encourage student participation and development of critical thinking skills. The world of clinical education is continuing to be dynamic and evolving.

Jeanne Duncan, PT, ACCE has joined our team to continue to meet the clinical education needs of the Program. Jeanne will be managing contracts and day-to-day operations. We continue to meet with and survey clinical instructors regarding current issues/trends in clinical education, including length of internships, students taking the NPTE early, use of evaluative tools during internships, and overall preparation of students. A HUGE thank you to clinical instructors for making time in their days to educate students from our Program; we anticipate being able to provide online courses in the next year where you can earn CEUs—a small token of our appreciation! As I transition out of being the programming co-chair for the Academy of Geriatrics/APTA, I am moving into new and different roles, including research liaison for the newly-founded Cognitive and Mental Health SIG for the Academy of Geriatrics, executive member of the UW-Madison Teaching and Learning Academy, and development of a course that will be offered on-line. I can’t think of a better place to work or a better group of co-workers and students by which to be surrounded!

Clin Ed Corner
Thank you for educating students from UW-Madison! We are hoping to provide updates about Madison’s clinical education program bi-annually.

• Please welcome Jeanne Duncan, PT, ACCE to the clinical education team. Jeanne comes to us from an outpatient orthopedic environment, where she has been the CCCE for ten years. She is also a graduate of our program (Class of 1998)! Jeanne will be working part-time, managing day-to-day operations, and can be contacted Tuesdays, Wednesdays, and Fridays.

• We have had the pleasure of visiting with clinicians throughout the state and are working on the following topics of interest:
  - Implementation of the CPI for four-week internships instead of the Clinical Internship Evaluation Tool. The CPI will be completed as the final evaluation.
  - Continuing discussions surrounding students sitting for the NPTE early and the impact of studying while on their internships.
  - Feedback to investigate lengthening internships from eight to at least nine weeks in duration.
  - The impact of pre-PT student requirements to complete observational experiences and the impact of these experiences on the clinicians and facilities.

Meghan Cotter, PhD and Elise Davis, PhD: Anatomy Professors
We have spent the year teaching anatomy to undergraduates, first and fourth-year medical students, and physical and occupational therapists (as well as a few anthropologists!). Another summer of Human Anatomy is on the books and the class of 2017 took off to a great start! In the spring of 2014, we were lucky enough to secure a grant for technology improvements to the anatomy labs. One of our big purchases was iPads for each of the dissection groups to use during lab. Students are able to use 3D anatomy apps and to use the internet to find more background information on anatomical structures. The students find the iPads to be useful tools in the lab, stating that the iPads help increase their understanding of anatomy. We will continue to add content such as interactive online dissectors, drawing apps, and anatomy review and quizzing apps in the future. We will also be installing large video screens to the labs and will be able to demonstrate structures to the entire class using these new and exciting additions!

Luis Populin, PhD: Neuroanatomy Professor
Greetings! This is my second year teaching Anatomy 637 (Neuroanatomy). We are off to a great start. Everyone is working hard and everything indicates that we are going to have a very productive semester!
Alumni News

- Please update your contact information at http://uwalumni.com/directory (and please update us with your current email address!)
- Check our website for updates!
- Join our Facebook page!
- Let us know if you are interested in becoming a clinical instructor, helping with any global trips, or granting our students shadowing opportunities!

Alumni Updates

Bernadine (Schlinkert) Johnson (1949-first Bachelor of Science class!): About 12 were in our class compared to many more now. Congratulations to all! “Are any of you gals left-in other states-like Marcia Esche in Illinois, and Leon Stutzman-now in California?”


Cindy (Gibson) Horn (1981) developed a treatment called Balance-Based Torso-Weighting that is now taught across the country. Patients from all over the world come see me in Oakland, Ca. There are several articles now; several more are coming from the NIH grant that we just finished. Most of the work has been done with MS, showing same-session improvement in gait and balance. See the following website: www.motiontherapeutics.com for many same-day treatments for neuro and elderly patients on the YouTube site.

Amy Schubert (2007) opened a clinic called Body Fit Solutions, in Middleton, WI, where she focuses on personal training and physical therapy for women by women.

Marie Boo, Nick Conte and Steve Malvitz (2014) started a website called Nextwavept.com, a place for students to learn from each other. Nick is now the Los Angeles Dodgers’ minor league baseball medical/rehab coordinator.

Congratulations to Jeff Salkowski, PT, DPT, CSCS (2002), who was awarded the WPTA Clinical Instructor of the Year Award!

Congratulations to the following ABPTS Certified Specialists:

The following alumni were awarded specialist certifications at the APTA Combined Sections Meeting:

- Jerry Steven Aul, PT, OCS (1982)
- Michael John Chesiak, PT, DPT, OCS (1989)
- Amy E. Clarke, PT, MSPT, OCS (2001)
- Ann Therese Kaminski, PT, OCS (2001)
- Janice Miller Laux, PT, PCS (1977)
- David M. Nissenbaum, PT, OCS (1999)
- Travis M. Obermire, PT, DPT, CSCS, OCS, SCS (2010)
- Scott Wesley Peterson, PT, DPT, OCS (2010)
- Jennifer Sewall, PT, SCS, ATC, CSCS (2006)

Obituaries

Mary Jane Duffee (1948) passed away on May 30, 2014 in Dallas, TX at the age of 91.

Karen St. John-Gobrick (1973): Karen owned and operated a physical therapy practice, taught for six years at McGill University, and conducted national seminars. She left the UW-Madison PT Program a generous gift to be used to support students financially and for facilities and equipment improvements.

Lois Ridley passed away on January 18, 2014 at the age of 92. Lois was a generous supporter of the UW-Madison DPT Program and started the Ridley Scholarship Fund with spouse, Ted and her son, Gordon Ridley.

Reunion News

Thanks to all of you who joined us for our alumni event at the APTA Combined Sections Meeting in Las Vegas! We hope to see you in Indianapolis!
Thank you to Susan Griffin, PT, DPT, MS, GCS, RP (1984) for her two-year term as the first chair of our Alumni Coalition! And congratulations to Sue as the newly-elected APTA Speaker of the House of Delegates! Jennifer Werwie, PT, DPT (2012) and James Cumming, PT, OCS (2004) are current co-chairs and Chantel Hasman, PT, CMPT (2005) is secretary.

**Alumni News**

The UW–Madison PT Alumni Coalition is currently working to establish a mentoring program for third-year PT students during their final affiliations or for new graduates of the Program. Our goal is to help ease the transition for students from intern to physical therapist. If you are interested in becoming a short-term mentor for a student who will be placed at an internship in your geographical area, or a new graduate who lives in your area, please contact Chantel Hasman, PT at chasman@gmail.com.

Further details:
- Requires a minimum of one year of clinical experience
- Mentor can work in any area of clinical practice
- Commitment is maximum of two to three hours per month of contact in the form of email, phone calls, other forms of electronic communication, and/or face-to-face contact
- Potential topics of mentoring include: job searching, clinical content, job interviewing, resume and CV writing, local/ geographical information
- Student will initiate the initial contact with the mentor, preferably before their internship begins, with a response by the mentor requested within one week.

**Alumni Coalition News**

The 2014 Visiting Lecturer will be Jennifer Bottomley, PhD, MS, PT. Dr. Bottomley will also be giving a CE course on The Aging Drug-User: Pharmacology for the Older Client, on November 11 and 12. In addition, Dr. Bottomley will be awarded the Margaret Kohli Award for Outstanding Alumni Contributions to the Physical Therapy Profession!

**Mentoring Program for Third-Year PTs and Recent Graduates**

The UW–Madison PT Alumni Coalition is currently working to establish a mentoring program for third-year PT students during their final affiliations or for new graduates of the Program. Our goal is to help ease the transition for students from intern to physical therapist. If you are interested in becoming a short-term mentor for a student who will be placed at an internship in your geographical area, or a new graduate who lives in your area, please contact Chantel Hasman, PT at chasman@gmail.com.

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**Call for Information on UW-Madison PT Program Historical Materials**

The UW-Madison PT Program, in conjunction with the UW-Madison PT Program Alumni Coalition, is beginning a process of archiving and displaying the program’s history!

What can you do? Send us an email or letter listing what you might wish to donate to the program. You can also email us scanned images of your materials. DO NOT SEND MATERIALS AT THIS TIME! We will review responses and contact individuals if we wish for you to send materials. If we request your materials, please understand that we must ask that the postage be at your own expense.

Please send your responses to: Pat Mecum at mecum@pt.wisc.edu, or to: Pat Mecum, UW-Madison DPT Program, 5173 MSC, 1300 University Ave., Madison, WI 53706-1532.

What types of items are we looking for?
- Photos from classes or internships prior to 1995
- Photos of PT tools and equipment, prior to 1995, that were used by our PT students
- Photos of faculty and administrative staff prior to 2000

**Course Materials:**
- Syllabi or course descriptions prior to 1972
- Handouts from classes prior to 1995
- Bound course notes prior to 1995
- Listing of curricula prior to 1995
- Texts used by UW-Madison PT students prior to 1975

What will happen to the donated materials?
- We hope to proudly display some of these materials in a cabinet on the 5th floor of the Medical Sciences Center where the PT Program is housed.
- Please note that the materials will become the property of the PT Program and will not be returned to the senders.

**Anatomy Department Offers Unique Opportunity for Dissection Instruction**

Are you interested in brushing up on your anatomy of the pelvis and sharing what you know with interested students?

Beginning this January, the anatomy department will offer a unique opportunity for health science students and practicing health science professionals to work together to complete detailed dissections of both the male and female pelvis. The participant-led dissections will begin the spring semester of this academic year and likely be completed by the end of the fall semester. We will work in small groups of 3-4 individuals during the spring and fall semester, and we will meet in the medical sciences building on the UW-Madison campus. Each group will receive a male or female pelvis to dissect, as well as a guide for how to successfully complete the dissection, while learning about innervation, vascularization, muscle, and other tissues.

Depending on the availability of interested participants, we will set up a regular time to meet- most likely one evening M-F from 6-8pm. Although an instructor will not be present during most of our sessions, Dr. Elise Davis and Dr. Meghan Cotter, instructors within the anatomy department, have generously agreed to offer the experience for a 1 credit independent study to students who are interested.

For more information or to reserve a spot in the group, please email Wendee Gardner (1st year DPT student) at wdgardner@wisc.edu or 262-339-7892.
Faculty, students and alumni socialize at the UW-Madison reunion.
$500+
Suzann K. Campbell and James B. DeLapp
Richard L. and Catherine S. Easterday
Ann M. Malarkey
Gordon T. and Susan J. Ridley
Lois G. Ridley
Karen K. St. John

$250-$499
Kay S. Bizjak
Steven and Nancy K. Blatnik
John D. Garbrecht
Howard R. and Laura S. Hamann
Berdeen D. and Shirley M. Jergenson
Laurel A. Ling
Judith G. Neigoff
Karen K. St. John

$100-$249
Sandra L. Anderson
Andrew J. Bachhuber
Gary and Janet Bezucha
William G. and Jill S. Boisdonnault
Jeffrey A. Brunner
Donna J. Cech
James W. Coulter
Elizabeth E. Cross
Michael N. and Beth Dana
Nadine D. Foley
King-Sze I. Fung
Barbara L. Griffith
Richard J. and Sandra W. Groebner
Judith A. Haeberle
Warren R. and Susan M. Hingst
Ruth M. Jaeger
Mary E. Jast
Geoffrey J. Kaplan
Daniel T. and Laura J. Kult
Heather L. Loewi
Kathryn M. Lyons
Raymond R. Maffet
Gladys M. Manke

James T. and Sarah J. McDonald
Patricia D. Mergener
Paul J. and Ruth M. Meyer
Janet M. Nordstrom
Dennis E. and Phoebe L. O’Connell
Richard D. Osterberg
Sandra L. Plummer
Paul H. Prefontaine
William R. Reise and Dolores G. Ellis-Reise
Alan S. and Catherine W. Robertson
Barbara A. Roepke
Julie L. Rosen
Roger G. Rung
Robert W. Sandstrom
Katherine S. Scott
Laurie D. Seckel
Kathleen A. Shields
Jack Stankrauff and Janet R. Zehms-Stankrauff
Christopher R. Stone
Philip E. and Mary K. Stone
Nancy L. Thompson
Steven and Leslie VanVolkinburg

$1-$99
Jerry S. and Melissa M.E. Aul
David A. and Angela M. Baeten
Tracy Barrett-Peck
Nancy J. Blochynski
Nancy M. Brissett
Sarah L. Burdick
John W. Buscher
William J., Jr. and Susan Butler
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Debra L. Loeher-Carpenter
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Michael L. and Darlene M. Mcguigan
Therese M. Morrical
Thomas W. and Michelle N. Olmsted
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We would like to show our appreciation to the following individuals and businesses who made donations to the University of Wisconsin-Madison Physical Therapy Program during the past year.

We are grateful for your contributions and recognize that many of the Program’s facility improvements, activities, and scholarships would not be possible without you!

Thank you!

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Keep In Touch! We want to hear from you!

Name: __________________________________________

Name when you were a student (if different): __________________________________________

Address: __________________________________________

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Telephone: ____________________________ FAX: ____________________________

E-mail: __________________________________________

Year of Graduation: ____________________________

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- The PT Student Scholarship Fund
- The Mary McKinney Edmonds Minority Recruitment Fund
- The Janet Lemke Fund for Doctoral Education
- The Next Step PhD Fellowship Fund

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PO Box 78807  
Milwaukee WI 53278-0807

**Phi Theta Student Organization Funds:**

- Phi Theta General Fund
- Phi Theta Durable Medical Equipment Abroad Fund
- Phi Theta Marquette Challenge Fund
- Phi Theta Global Impact Fund

Please make checks out to:  
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Mail to:  
Doctor of Physical Therapy Program  
5175 Medical Sciences Center  
1300 University Avenue  
Madison WI 53706

If you would like to contribute directly to the University of Wisconsin Foundation accounts, please visit our Web site at:  
www.orthorehab.wisc.edu/physical-therapy/ and proceed directly to the UWF link.

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