Hello Alumni and Friends!
Wow, what a ride this has been. The challenges of dealing with a pandemic, racial tension, and economic crises have been exceptionally difficult but I have never been so impressed with and proud of our faculty, staff and students. The pandemic may have upended our lives but it certainly did not derail our spirit and determination.

When we first heard that we were not going to be able to complete spring semester in-person, faculty sacrificed their spring break plans to quickly pivot their classrooms to virtual environments. Little did we know that we would not be returning to on-site education and our situation would become even more dire over the next 8 months. Faculty adjusted and began to focus on innovative ways to make their virtual classrooms more effective for the long haul. Meanwhile, our students rose to the occasion and transitioned to virtual learning with resiliency and positive attitudes. They have demonstrated such flexibility and tolerance.

Our first-year students started matriculation in May and have yet to meet most of their classmates in person. In addition, many faculty, staff and students are trying to balance education with tending to their families, while others are combating isolation and loneliness. Another confounding stressor has been finances. Many students or their partners lost jobs, forcing them into stark fiscal situations where they did not know if they could afford to continue in the Program. This is where I need to thank you, our alumni, for your generosity. Never has our partnership with you been more meaningful. Your philanthropy enabled us to retain our students while their worlds fell apart around them. We were able to dig into our UW Foundation reserves and award over $100,000 in financial aid to students this past year, retaining all of them! Your continued support has never been more vital, especially with impending budget cuts.

As with any crisis, there have been many silver linings over the course of the last 9 months (has it really only been that long?). An obvious benefit is our newfound ability to provide quality virtual education when beneficial or necessary. Due to the replacement of a May internship with a short course on telehealth developed by Drs. Duncan and Hartman, we are all now well-versed in this skill that will inevitably follow us into the future; faculty clinics, interactive teaching labs, pro bono and MEDiC clinics are all currently being delivered via telehealth. Another positive outcome of these times is the overall optimism that I have for the future of physical therapy in the hands of these younger generations. Never have I seen such unconditional compassion in the face of difficulty and hardship; I am very confident about these generations’ ability to lead and address forthcoming challenges.

With change comes opportunity and many positive initiatives have risen from the current climate. Our efforts to address and eradicate longstanding racism have exponentially increased with a sense of urgency. Faculty, staff and students are engaged in anti-bias training to learn where we are, where we need to go, and what we need to do to get there. We are focusing on diversity, equity and inclusion within the Program and are working closely with many entities outside the Program to expose more children from diverse backgrounds to physical therapy. Our ADEPT student group has been instrumental in forging connections and engaging in outreach, and two of our students, Brian Ishola and Pedro Zavala, were influential in starting the APTA-WI DEI committee.

When we return to some semblance of “normalcy,” whatever that may be, the Program will be armed with a new collaborative classroom and state-of-the-art technology in all classrooms, including the teaching labs. We will have more options in how we teach than ever before. But faculty do much more than teach; they are also engaged in research, clinic, administration, and service. I could not be more proud of all of their accomplishments—from Dr. Hartman’s prestigious Fulbright scholarship, to the numerous awards that both faculty and students have won this past year (you can read about these in the Student News and Faculty News sections). I am also extremely grateful to the second-year students, such as Jonathan Wise, who organized the first-year virtual orientation, and all of the Instructional Assistants (listed in Student News) who helped faculty navigate first-year virtual Anatomy and palpation courses this past summer.

Finally, the superhero through all of this has been Dr. Duncan, our director of clinical education. We have had over 100 internships cancel and somehow all of our students still have some place to go. I would also like to recognize our amazing staff of Sue Arneson, Lisa Levy, Melissa Smiley, and Deonna Suiter, who are truly the glue that holds the Program together. It truly has taken a village to weather this storm. We hope this newsletter finds you well and again, I cannot reiterate enough how critical your support has been and will continue to be as we continue to move “On, Wisconsin.”

With Gratitude,

Lisa Steinkamp, PT, PhD, MBA
A Message from the Program Director
http://www.med.wisc.edu/education/physical-therapy-program
Congratulations to the 2020 Graduates!

Congratulations to the Entering Class of 2022!
Kenneth Allen, Benjamin Alt, Anya Bayley, Marissa Becker, Ramsey Benkert, Abby Bishop, Jenna Blair, Joseph Borgwardt, Grace Compton, Yilin Diao, Nicole Doroshorst, Michael Gillcrist, Travis Haysley, Jack Heinrich, Kevin Huckstorf, Alyssa Kelling, Nicole Kessinger, Michelle LaFave, Emily Lila, Adam Link, Jacob Lopez, Zachary Lorbeck, Shalla Moy, Kaylie Nytes, Trent Nytes, Marika Parrish, Tashelle Peigan, Cassandra Piette, Delaney Reilly, Morgaine Reinl, Tara Roodbeen, Thomas Schneider, Maya Shipway, Abigail Simplot, Andrew Slick, Bailey Smith, Jaimee Swanson, Aleksandra Torkelson, Elle VanTilburg, and Matthew Waller.

Doctor of Physical Therapy Student Organization (DPTSO)
2019-2020 was both a unique and successful year for our Doctor of Physical Therapy Student Organization (DPTSO). Despite COVID-19 interrupting a variety of our planned events and volunteer opportunities, our members remained motivated and active in numerous fundraisers, educational advancement, and job preparation opportunities. Some of these volunteer opportunities included Spinal Cord Injury Group for adaptive kayaking, Badger Honor Flight teams, MEDiC clinics, Pro Bono Clinic, Special Olympics, Ballroom Basics for Balance, ADEPT, and WPTA Student SIG.

This year’s fundraising began with our third annual Golf Outing at Yahara Hills. Despite some early morning rain, the event was a success and raised over $1300 for our program! We were grateful to have this event be such a success as it was the only major fundraiser our group was able to hold this year due to COVID-19.

DPTSO began planning our annual Bucky’s Race 5k run/walk early this past November. While we were unable to host the event, we were overwhelmed by the number of participants who chose to donate their race fees to help support our program. Through these generous donations, we were able to raise nearly $500!

Through these fundraising efforts, we were able to support our students in professional development opportunities such as attending the WPTA fall and spring conferences, the American Physical Therapy Association (APTA) Combined Sections Meeting (CSM), as well as subsidize a portion of third-year student APTA membership dues.

While our group worked hard to fundraise and expand professional opportunities, we also had some fun this year with social events including a Brewer game with the first- and second-year classes and a holiday party at the Monona Terrace.

A big thank you to the outgoing DPTSO board: Matt Stewart (Vice President), Haley Fiegel (Treasurer), Lauren Hughes (Secretary), and Ashley O’Rourke (Personal Relations)! Additionally, thank you to both classes, faculty, and staff for making all we accomplished this year possible.

– Nikki Reil, SPT DPTSO-UW President Class of 2021

The Class of 2021 enjoys their White Coat Ceremony prior to an early end to the semester due to COVID-19. This group is now on internships, thanks to the miracle work by Dr. Duncan and the phenomenal relationships we have with our clinical sites.
**Student News**

**DPTSO Board for 2020-2021**
- President: Matt Kuik
- Vice President: Alexis Mashl
- Treasurer: Morgan McCuen
- Secretary: Jenny Price
- Personal Relations: Joe Chapman

Find us on Facebook: [www.facebook.com/DPTSOUW](http://www.facebook.com/DPTSOUW)

---

**Advancing Diversity and Education in Physical Therapy (ADEPT)**
ADEPT sends the 2019-20 board (Natalie Mologne, Danielle Green, Lindsay Dolan, Taylor Dybul, and Sarah Gamillo) off on internships and welcomes new presidents Daniel Deuel and Moe Lucre, Secretary Alexandra Jordan, Outreach Coordinator Maggie Gruben, and Social Media Coordinator Maya Puleo.

We continued many of our regular events this year and started volunteering at some new events as well. ADEPT continued to work with the Office of Multicultural Affairs to teach community members about physical therapy and what the profession entails at the School of Medicine and Public Health’s Family Empowerment Day. We also continued our Food for Thought events and discussed a Hidden Brain podcast titled, “People like Us” over Ian’s Pizza.

We also were invited to host a station at the Saturday Science at Discovery’s “Science of Sport” day, where we informed children and their families about various prerequisites for performing a sport via a poster and PT-based activities and demonstrations. We also hosted a very successful fundraiser this year at MacTaggarts and are looking forward to future collaboration with this business!

---

**Supporting BLM:**
Brian Ishola, SPT and the School of Medicine and Public Health’s White Coats for Black Lives.

---

**MEDiC Clinic Updates**
The previous MEDiC PT Coordinators made the leadership transition seamless. At our Southside clinic, we continued to stay busy for both Saturday PT clinics each month. This past year, we also gained ten new community providers to guide students during clinic days to help our patients. Due to the Coronavirus, the clinic was shut down in mid-March. The MEDiC Council is currently running bi-weekly telehealth clinic visits for General Medicine in order to continue providing care for the Madison community.

Emily Miller, Lacey Abell, Stephanie Conway, and Lindsay Dolan are proud to transition their roles to the following students:
- **PT Liaison to the MEDiC Concil:** Matt Kuik
- **Clinic Coordinators:** Samantha Dawes, Emma Dalton, David Propson

---

**Pro Bono Clinic**
This year, 85+ student volunteers from PT, OT, and SLP provided rehabilitation services to 15 patients with neurologic conditions such as Traumatic Brain Injury, Stroke, Multiple Sclerosis, and Incomplete Spinal Cord Injury. We are pleased to report that the clinic was able to successfully implement our first ever electronic documentation system this past spring! While we had to stop the clinic for a few months, we are now up and running virtually.

Megan Lowe, Dan Schiedermayer, Haley Fiegel, and Danielle Green have passed the baton to the following council members:
- **Patient Coordinator:** Kelly Kent
- **Volunteer Coordinator:** Katie Hoffman
- **Outreach Coordinator:** Jenna Radke
- **Resource Coordinator:** Maggie Gruben

---

We hope that ADEPT events will be back to running more normally in the fall, and if not, we are excited to see what can be accomplished virtually!
Congratulations to the following 2020 Scholarship Recipients!

PT-1 Scholarships
Ridley Family Scholarship: Daniel Deuel, Colten Haack
PT Student Scholarship: Joyce Meier, Madeline Wille
Gerlich-Hoeferzey Scholarship: Emma Dalton, Matthew Kuik, Seraphina Provenzano
Harper Family Scholarships: Joseph Chapman, Brett Ladsten, Jenna Radke, Jenna Schneider
Amelia Doyon Scholarship: David Propson
Gertrude Wilkinson Fund (normally used for global health trips): Mason Kuhn, Maya Shipway, Yueh-Ling Yu

PT-2 Scholarships
• Margaret Kohli Scholarships: Lindsay Dolan, Haley Fiegel, Emily Miller, Natalie Mologne, Daniel Schiedermayer, Emily Schmidt
• Ridley Family Scholarship: Nicole Reil
• UW Madison Alumni Scholarship: Stephanie Conway
• Roland Scholarship: Tanner Dimka, Maddie Tetzke
• Gertrude Wilkinson Fund: Tyler Durand
• Mary McKinney Edmonds Fund: Brian Ishola
• Micah Wong Spirit Award: Joe Chapman, Diego Villarreal

Instructional Assistant Awards
• ANA 637 Anatomy Lab: Matthew Kuik, David Propson
• PT 501 Palpation Lab: Daniel Deuel, Colten Haack, Corinne Haas, Katie Hoffman, Moe Lucre, Jenna Schneider

There are alumni who generously support our students each year whose accounts are not yet endowed. We are so thankful for their generosity!
• Amy Moncher/Katz Fund: Daniel Deuel, Derek Studer
• Judy Neigoff Fund: Samantha Zawistowski
• Ramaker/Budlong Fund: Samantha Zawistowski
• Gunnery Sergeant Daniel Price Memorial Scholarship Fund (for Veterans): Andrew Standiford, Dillon Vulgamott, Michael Gillcrist
• Barbara Morgan Fund: Daniel Deuel, Maurice Lucre

As previously mentioned, we spent over $100,000 of our PT General Fund helping students financially this year because they or their partner lost their jobs during COVID-19. I felt so enormously grateful to have the nest egg provided by YOU, our alumni!
• Amy Moncher/Katz Fund: Daniel Deuel, Derek Studer
• Judy Neigoff Fund: Samantha Zawistowski
• Ramaker/Budlong Fund: Samantha Zawistowski
• Gunnery Sergeant Daniel Price Memorial Scholarship Fund (for Veterans): Andrew Standiford, Dillon Vulgamott, Michael Gillcrist
• Barbara Morgan Fund: Daniel Deuel, Maurice Lucre

APTA-WI (formerly WPTA) Honors and Awards
• 2020 WPT Fund Winners: Jacob Baus, Tyler Christensen, Nicole Reil, Pedro Zavala
• Chris Crivello Community Service Award: Lindsay Dolan, Daniel Schiedermayer
• Student Emerging Leader: Lindsay Dolan

Pedro Zavala, Jeff Jaeggi, Lindsay Dolan, and other WPTA leaders testified in front of lawmakers at the Wisconsin State Capitol. They advocated to the Senate Health Committee on Senate Bill 39: the physical therapy interstate compact. They were successful in passing that bill in the senate and therefore had the opportunity to testify in front of the House Assembly Committee on Health for Assembly Bill 438 regarding the compact as well as Assembly Bill 581 which was proposed to help clarify ‘supervision’ of a student of physical therapy assistant and student physical therapist.

APTA Honors and Awards
• Lindsay Dolan was elected as the APTA’s PT-Political Action Committee’s (PAC’s) Student Liaison. Her role is to promote and educate about the PT-PAC to the student assembly via conferences, online interviews, and organizing the APTA’s Flash Action Strategy for 2020.
• An essay written by Daniel Deuel was featured Advocacy Day at the APTA Federal Advocacy Forum.
• Joe Chapman served as a moderator for the American Academy of Sports Physical Therapy (AASPT) Mobilize platform for the Team Concept Conference 2020.

Lindsay Dolan also won the 2019 WPTA Student Research Poster Award (thank you Dr. Nelson for your guidance and mentorship).
• Alexis Mashl and Maya Puleo are part of the leadership of the Female Athlete SIG of AASPT.

• Joe Chapman served as a moderator for the American Academy of Sports Physical Therapy (AASPT) Mobilize platform for the Team Concept Conference 2020.

Other Honors and Awards
• Daniel Deuel, Jonathan Wise, and Travis Haysley are part of the School of Medicine and Public Health’s Building Community Initiative, whose mission is to create a community where all learners, staff and faculty feel valued, included and empowered: https://intranet.med.wisc.edu/building-community/.

• Emma Dalton and Daniel Deuel were selected as the Maternal and Child Health (MCH) Lend trainees this year.

• Chantal Bougie was elected as a program representative to the Interprofessional Health Council (IPHC).

• Seraphine Provenzano was nominated for the Madison’s Best New Artist by the Madison Area Music Awards.

DPT students, faculty and staff walked or ran over 1400 km and raised over $2000 for Turner’s Heroes, a non-profit that provides superhero-themed events at childrens’ hospitals, along with research grants for pediatric cancer.

Welcome Melissa Smiley, MSE, Ed.S.!

Katelyn Hoffman, Morgan McCuen and Yueh-Ling Yu, and celebrate Chinese New Year.

Stress relief in pre-COVID-19 times.

We are thrilled to have Melissa Smiley, MSE, Ed.S., as our educational technology consultant and instructional designer! Melissa is part of the phenomenal educational technology team at the School of Medicine and Public Health, devoting the majority of her support to the Doctor of Physical Therapy Program.

Melissa earned her bachelor’s degree in political science (cum laude) from the University of Wisconsin – Whitewater in 2010, followed by her Master’s of Science in Education from the University of Wisconsin–Stout in 2013, focusing on curriculum development and educational technology.

Melissa continued her education in 2016 at UW-Stout pursuing an Educational Specialist degree focusing on instructional design, universal design for learning and developmental psychology of learning.

Melissa’s research in this program included studying the impacts of adverse childhood experiences in neurological development and how ACE’s impact learning in adulthood to adjust online course design strategies for more inclusive learning environments.
In Melissa’s current role, she works to support the faculty in course design and strategies, working with video conferencing and recording platforms, exam proctoring services, student engagement, and Canvas administration.

Melissa also has a long history of serving in shared governance committees, and as an academic staff assembly representative. Some of her achievements in the UW System include completing the Chancellor’s Academy for Leadership and Innovation, and presenting at local, regional, and national conferences on learning design, inclusive learning and online teaching.

**Welcome Deonna Suiter, BS, PTA!**

We scored when we found Deonna Suiter, BS, PTA to fill the role of Clinical Education Assistant for the Program, the reason being is so far, there is nothing she can’t do!

Deonna earned her Bachelor of Arts in Exercise and Sport Science from University of North Carolina at Chapel Hill in 2004 and her associates degree in Physical Therapist Assistant at Nash Community College in 2007. She joined us this summer to help Dr. Duncan through COVID-19 challenges but little did we know she would be so efficient that we had a hard time keeping her busy.

Deonna helps with onboarding of students as well as making sure they maintain all requirements while in the Program. Deonna has also been helping out with labs, lectures, forums, recruitment and admissions, and research. She is a member of the American Physical Therapy Association and maintains her license as a physical therapist assistant, primarily working with the geriatric population. Deonna has been an impressive addition to our team!

**Colleen Cobey, PT, MS, Ex Phys**

Teaching during COVID-19 is like anything else during these extraordinary times: every day presents new challenges, questions and a need for prompt solutions. Wow, that sounds like I am describing clinical care! Although it is difficult to recognize while you are in the moment, students may look back and realize that the skills and tools they are learning now will serve them very well in the clinic.

For the course that I teach with Dr. Wenker this fall, we adapted one of our learning experiences as a telehealth visit where first-year students performed a history on a standardized patient. Although we have discussed telehealth in the past, we were never inclined to make it an active learning experience until now and I think it gave the students valuable practice for their upcoming clinical placements!

Congratulations to Colleen, who was inducted as a UW-Madison Teaching Academy Fellow!

As part of the Platinum Green Certification, the DPT Program collected pet food for the Dane County Humane Society to help pet owners who utilize food pantries.
Daniel Cobian, PT, PhD

What a decade year this has been! I hope all our UW-Madison friends and alumni are staying physically healthy and mentally well during these trying times. To move forward we had to focus on what we could do with the cards in our hand. To that end, I have appreciated the benefits of improved technology to facilitate virtual interaction and transmission of knowledge.

I recently participated in a virtual conference with attendees representing five different continents! The diversity of experiences really made for some interesting discussion and enhanced learning for all. Even in a post-COVID world, the ability to offer both in-person and virtual attendance at such events could really improve the dissemination of knowledge in our field.

I continue to serve multiple roles as a scientist, clinician, and educator, a mix that I always hoped would define my career in physical therapy. My time is divided between instruction primarily within the first-year DPT curriculum, clinical physical therapy in Sports Rehabilitation at The American Center, and consultation and research activities as a member of the Badger Athletic Performance Laboratory (within the UW Athletic Department).

In the previous calendar year, I was an invited speaker at the Motor Control Symposium hosted by the International Society of Biomechanics and at the Mountain Land Running Summit (Park City, UT). Students working under my direction contributed to a variety of research projects and presented research at the Combined Sections Meeting (CSM) in Denver, CO, the American College of Sports Medicine (ACSM) Annual Meeting, the Wisconsin Physical Therapy Association (WPTA) Fall Conference, and “Research in the Rotunda,” a selective event showcasing the work of UW System undergraduates, held in the rotunda of the State Capitol building. Seeing mentored students develop clinical research skills and make meaningful contributions to the knowledge base in our field is one of the most fulfilling aspects of my job.

In the past year, I have also become more involved in the research initiatives of the American Academy of Sports Physical Therapy, assisting with abstract and grant review processes and serving as the research coordinator for the section’s annual conference. I look forward to contributing to the didactic and clinical education of our most recent matriculating class of DPT students, along with continuing to expand my research agenda to assist our profession in understanding the neuromuscular implications of musculoskeletal trauma and how to best prescribe and dose rehabilitation interventions to facilitate improved outcomes and long-term quality of life.

Published Manuscripts and Abstracts


Judy Dewane, PT, DSc, MHS, NCS

With the change to more virtual instruction in response to the Covid-19 pandemic, I have been exploring the use of technology to optimize learning. One of the more unique experiences was the development of an online skill check that was part video submission demonstrating skills and part simultaneous skill check.

Unintended benefits of the activity was a better understanding of what equipment is typically in a patient’s home for exercise and how to creatively adapt to the setting and materials. This naturally evolved to exploring telehealth with the students. With the inability to bring in patients for classroom and Pro Bono clinic, we have shifted to virtual baby lab and gait lab. We have successfully resumed Pro Bono this fall using telehealth. The students are working with people with complex motor control problems and their caregivers. We are working through the challenges of technology bandwidth while still working in inter-professional teams to reach this underserved population.

Jeanne Duncan, PT, DPT, DCE

As the Directory of Clinical Education, I can say that the spring of 2020 will be one I will never forget! The COVID-19 pandemic has certainly resulted in personal growth in learning how to navigate a world of uncertainty. Due to multiple cancellations this spring and with the help of all faculty, especially Dr. Jeff Hartman, an alternative course for PT 701, our 4-week clinical placement, was created. Dr. Hartman and I developed an alternative course to meet many of the same learning objectives as the clinical internship. With use of standardized patients, we focused the course around Physical Therapy in Telehealth. Students had multiple opportunities to complete and observe their classmates perform evaluations.
Finally, I just want to recognize the hard work that recently hired Clinical Education Assistant. She has been a blessing. We are very excited to introduce Madison Teaching Academy Fellow! Congratulations to Dr. Duncan, who was inducted as a UW-Madison Teaching Academy Fellow!

Clinical Education Corner

As with everything else, COVID-19 turned clinical education and clinical placements upside down this past March. We have continued to forge a new path during a time of uncertainty and constant change. I want to extend a very sincere thank you to all of our clinical partners that helped in navigating this path with us and continue to educate our students in the new world. For those of you who continue to have policies restricting students on site, we are grateful for your partnership and look forward to resuming placements in the future. We will look to our clinical sites for guidance on facility-specific policy changes and restrictions and as a program, we will continue to monitor and make decisions regarding clinical education with our stakeholders’ interests and safety in mind. Together, we will get through this! Once again, a very sincere “thank you” to all of you who have offered placements and have educated our DPT students throughout the year. We appreciate all that you do for them and the Program!

We are very excited to introduce Deonna Suiter, PTA as our recently hired Clinical Education Assistant. She has been a blessing to have around!

Finally, I just want to recognize the hard work that Doug Grovergrys, MPT, ATC, CSCS, SCS has put in these past couple of months to assist our Program with finding replacement clinical placements for our students. With over a quarter of our placements cancelling both for the July and September internships, I was concerned that I would not be able to meet the students’ needs. With Doug’s help, along with UW Health and other clinical partners, I was able to find placements for all of our students for these two internships. We will continue to have open and frequent communication regarding the upcoming placements as we move into the fall and winter months to determine the needs of our students while also considering instructor burnout and each facility’s physical distancing requirements. I am simply amazed at the dedication and flexibility our local clinicians have had during these challenging and uncertain times. I am not sure what I would do without Doug and his willingness to problem solve! Doug – Thank you so much!!!

Kristi Hallisy, PT, DSc, OCS

In January 2020, Dr. Kristi Hallisy was promoted to Associate Professor (Clinical Health Sciences track) in the Department of Family Medicine and Community Health. Tai Chi Prime – a community-based Tai Chi program for falls prevention for older adults developed by Dr. Hallisy’s research team was approved by the National Council on Aging “to be included in the evidence-based falls prevention pre-approved list of programs eligible to be supported by U.S. Administration for Community Living (ACL) Title III-D or other discretionary funding from ACL.”

The Academy of Geriatric Physical Therapy (AGPT) hosted Dr. Hallisy’s two-day Level 1 pre-conference course – Tai Chi Fundamentals Adapted (TCF-A) Basic Moves Training Program at the Denver APTA Combined Sections Meeting (7 of the last 8 years). In 2020, AGPT also sponsored a Level 2 TCF-A course and Laurel Kornblau, DPT, PT (Class of 2020) became the first UW-Madison DPT student to certify in the TCF-A program while assisting at the CSM courses. GeriNotes, AGPT’s clinical magazine, published Hallisy KM. Tai Chi for Community-Based Falls Prevention, 2020;27(1):20-23. Currently, Dr. Hallisy is working on an Educational Monograph for AGPT entitled “Tai Chi for Physical Therapists and Physical Therapy Assistants Working with Older Adults.”

Congratulations Dr. Hallisy (second from left)!

Publications

Nationally, I serve on executive committees with the APTA’s Global Health Advisory Committee, and I continue to serve as the Program’s liaison with the CIPE and the Master of Public Health Program.

I was asked to serve a three-year term on the UW’s Global Health Education Partnership (ICEP). Upon my return, I quickly adapted to the new norm in the US and spent the summer helping design new courses and modules for the DPT Program, the Center for Interprofessional Practice and Education Partnership (ICEP).

Jeff Hartman, PT, DPT, MPH
My first 1.5 years on faculty with the UW PT Program has exceeded expectations and it has been quite an honor to be part of something so special. The staff, students, faculty, and alumni are second to none. This past year has been full of challenges and adventures but I wouldn’t want it any other way.

The highlight has to be taking my wife and three children down to Belize to fulfill a dream. I was able to build upon my work that I started in Belize as a Fulbright Scholar partnering with the United States Embassy and the University of Belize to do a nationwide situational analysis for the physiotherapy profession. While our time was cut short seven weeks due to Covid-19, we still had an amazing time and through my research, I was able to map the physiotherapy services throughout the country and lay the groundwork for the establishment of a formal Physiotherapy Association in Belize.

Global Health Highlights

The UW Guatemala and Belize service-learning trips were cancelled this year due to Covid and 2021 is pending. I would like to give a well-deserved shout out to all the students who were scheduled to go on one of these experiences and handled the uncertainty of their situation with class and persistence. They continued to plan and prepare even knowing they may not go, and they never complained. In the end, they donated the money they raised to a wonderful organization in Belize that serves older adults. Their money helped the organization protect and serve a group of 37 older adults who were extremely vulnerable to Covid-19.

Bryan Heiderscheit, PT, PhD, FAPTA

Research from Dr. Heiderscheit’s lab was presented at professional conferences including the APTA’s Combined Sections Meeting (Denver, CO) and virtually at the American College of Sports Medicine and American Society of Biomechanics. Dr. Heiderscheit was an invited speaker at several organizations and professional conferences including International Institute for Race Medicine (Washington, DC), National Football League (New York, NY), National Basketball Association (New York, NY), Akron Children’s Hospital Sports Medicine Annual Conference (Akron, OH), including virtually with the United States Olympic and Paralympic Committee, NBA and Australian Football League Sports Medicine Lecture Series and Australian Sports MAP Network. He was named the Gaenslen Bascom Professor in the Department of Orthopedics and Rehabilitation, and his lab group received the Excellence in Research Award from the American Academy of Sports Physical Therapy. Dr. Heiderscheit continues to serve as an Editor for the Journal of Orthopaedic & Sports Physical Therapy and on the editorial board for Orthopedics Today.

Publications


McClinton S, Heiderscheit BC, McPoil TG, Flynn TW. Effectiveness of physical therapy treatment in addition to usual podiatry management of plantar heel pain: A randomized clinical trial.

2020 presentations dedicated to targeting learners impacted since COVID-19
Chewing B, Hallisy KM. Tai Chi to Improve Balance: Complementary Falls Reduction Intervention. Pharmacy Society of Wisconsin Educational Conference, Monona Terrace Convention Center, Madison, WI (PSW virtual conference)
Hallisy KM. Exercise Interventions to Prevent Falls. AARP-WIHA StreamYard videos for National Falls Prevention month. (Tai Chi web-stream for older adults at risk for falls).

Scholarship

Jumping around in Belize!

Upon my return, I quickly adapted to the new norm in the US and spent the summer helping design new courses and modules for the DPT Program, the Center for Interprofessional Practice and Education (CIPE), and the new Global Health Certificate program. I was asked to serve a three-year term on the UW’s Global Health Advisory Committee, and I continue to serve as the Program’s liaison with the CIPE and the Master of Public Health Program.

Unfortunately, all of our Global Health activities are put on hold for the time being, but I continue to work on establishing partnerships in anticipation of life post-Covid-19.

Nationally, I serve on executive committees with the APTA’s Global Health Special Interest Group and the Consortium of Universities for Global Health and globally, I continue to work with colleagues in Belize, Nepal and Iraq to build up communities and the profession through research and training. For good and for bad, this past year will be tough to beat!
Major re-designs of physical agents and both clinical medicine courses involved applying student-focused design principles to our online course platform. Multiple technologies were integrated to facilitate student engagement and learning in each course. Beyond adapting the educational technologies, we also realized a need to adapt learning activities.

As you have likely realized as your own life, successful virtual teaching cannot simply replicate classroom activities. We replaced in-class lectures with class sessions involving unique opportunities for student-student and student-teacher interactions. We created class sessions to resemble the daily conversations and collaborations professional colleagues have in the clinical setting. I am excited to be part of the impeding evolution of DPT education!

I completed a dissertation titled “Psychometric Analysis of the University of Wisconsin Running Injury and Recovery Index” and earned a PhD in Clinical Investigation in August 2019. For this work, my co-authors and I received the 2020 Excellence in Research Award from the American Academy of Sports Physical Therapy. I received the 2020 Mentor of the Year Award from the Wisconsin Physical Therapy Association. In the past year, I gave multiple conference presentations and contributed to the following scholarly works.

**Publications**


**Conference Abstracts**


---

**Evan Nelson, PT, DPT, OCS**

In 2020, the disruptive impact of COVID-19 is impossible to escape or ignore. I have found it necessary to embrace the many positive consequences as a protective mechanism against COVID-crankiness. In my professional role as a DPT educator, COVID-19 provided the necessary stimulus to implement course changes that were contemplated, discussed, and trialed over the past few years.

Implementing these changes involved deep, thoughtful reflection on how course content and activities contributed to the teaching goals and objectives. This reflection, combined with experience I earned as a virtual elementary school parent, identified discrepancies in how we use educational technologies to achieve our learning objectives. Without the in-person education, these discrepancies in our online platforms produced vulnerabilities in students’ capacity to achieve our desired learning outcome.


Congratulations to Dr. Nelson, who was recently awarded the Legacy Fund New Investigator Research Grant from the American Academy of Sports Physical Therapy for his project, “Prospective evaluation of running-related injury disability in high school cross country runners.”

Amy Schubert, PT, DPT, Director of Admissions

It has been another busy year in admissions filled with many changes… some planned, and others a bit more reactive due to COVID-19. We have made improvements to overall admissions processes including an online payment system for supplemental application fees and program deposits, and are in the final stages of developing an online record of residency form. I also facilitated processes to finalize our DPT-MPH dual degree program, and we admitted our first two students.

During the spring semester, I co-instructed PT512 “Principles of Professional Practice and Administration,” for the second time (the first time remotely!), and we welcomed the incoming Class of 2023 students at the end of May with a virtual Orientation (which was also a first!). I continue to hold clinic at UHS 1 day per week, which sounds like it will carry on via telehealth into the foreseeable future. When campus closed, there was a transition to online meetings with prospective students and event participation; I created a virtual video tour of campus/program space in lieu of in-person tours (which can be found on our website):

https://www.med.wisc.edu/education/physical-therapy-program/campus-and-program-space/

The 2020-21 admissions cycle opened in early July, and we are already busy reviewing applications for our next class… I’m hopeful that we can reestablished some normalcy by the time selected applicants join us next May!

Congratulations to Dr. Schubert, who was selected as an APTA Academy of Education Centennial Scholar, where she will be combing Academy archival resources to create a timeline of and database for historical events, actions, and volunteer leadership. The goal will be to ultimately provide accessible documentation of the evolution of the Academy as a volunteer organization serving physical therapy education.

Admissions Updates

It has been an interesting year in admissions, like everywhere else. Physical Therapist Centralized Application Service (PTCAS) decided to eliminate the binding option of Early Decision in for all participating programs. We decided to utilize what was previously known as the “General Admission” deadline, on November 1, as our single deadline. We are currently stilling quite busy with application reviews as our number of applicants appears to be as strong as it has been in the past.

We finalized the option for applicants to pursue a DPT-MPH dual degree last year; interested applicants are required to indicate their intent to pursue the dual degree on their PTCAS application, and then are subsequently reviewed by the DPT and MPH admissions committee separately. We admitted two students from the last admissions cycle, and look forward to seeing where things go as we are one of the few programs throughout the country who offer this dual degree.

We also made changes to our overall admissions processes for this cycle including an online payment system for supplemental application fees and program deposits, and are in the final stages of developing an online record of residency form. As we continue working primarily from remote locations, it has been a great year to have transitioned to these electronic systems as we don’t have to worry about collecting checks and materials from the mail every day!

We made some COVID-19-related admissions changes, such as accepting spring semester Pass/Fail grades with no disadvantage to the applicant; accepting GREs taken with ETS’s at-home option; and being flexible in the number of shadowing hours we require. PTCAS also included an application question this cycle where applicants can expand on how they were personally or professionally affected by COVID-19, which provides an opportunity for applicants to discuss COVID-19 limitations. We recognize that many effects of COVID-19 are domino in nature and that we will likely continue dealing with some of these repercussions during the next admissions cycle(s). Our spring 2020 “Meet the Program” in-person event was cancelled, and visitors have been prohibited on campus since that time; we created videos for our website which include some of the event content, you can check them out here: https://www.med.wisc.edu/education/physical-therapy-program/meet-the-program/.

I want to sincerely thank alumni and clinicians who have served on our admissions committee—we know it is a lot of work but your input is one of the most valuable parts of the process!

Mary Sesto, PT, PhD

Research conducted in Dr. Sesto’s lab focuses on the use of health information technologies to improve health outcomes in individuals with chronic diseases and disabilities. Students working with Dr. Sesto have had research accepted to the following conferences: Society of Behavioral Medicine Annual Meeting, San Antonio Breast Cancer Symposium, Wisconsin Education and Research Network Conference and the Human Factors and Ergonomics Conference. Dr. Sesto serves as core faculty in the University of Wisconsin Carbone Cancer Center and the Wisconsin Institute for Health Systems Engineering. Dr. Sesto is responsible for teaching courses in the research track.

Publications


Rastogi S, Tevaarwerk AJ, Sesto ME, Van Remortel B, Date P, Gangnon R, Thraen-Borowski K, Cadmus-Bertram L. Effect of a technology-supported physical activity intervention on health-related quality of life, sleep, and processes of behavior change in

### Lisa Steinkamp, PT, PhD, MBA

My primary areas of focus over the past year have been completing the CAPTE self-study, which was postponed to next June; addressing racism and microaggression issues and ramping up our DEI efforts; assisting our students with financial literacy and strapping debt; and leading the DPT Program through COVID-19 challenges. I also serve on numerous School of Medicine and Public Health committees; new additions last year were co-chair of the Well-being Committee, and member of the Building Community Steering Committee and the Strategic Improvement and Accreditation Committee.

My efforts for many years revolved around the creation of interprofessional activities for our students and I am pleased to say that this goal has been achieved and then some!

### Presentations and Publications


### Current Research

Steinkamp L (PI), Wenker S, Duncan J, Isola B, Lucre M. Racism and Microaggressions in the Clinic: Recognition and Management. A qualitative study involving physical therapists and physical therapist assistants in Wisconsin, alumni of the University of Wisconsin-Madison physical therapy program, and current University of Wisconsin-Madison Doctor of Physical Therapy students. We are investigating incidents of racism and microaggressions, especially with students, how they were managed, and ways to create inclusive clinical environments.

Other ongoing projects that were accepted for presentations but were canceled due to COVID-19, were “Do URM Students Experience Microaggressions on Clinical Internships?” and “Underrepresented Student Perspectives on Barriers and Facilitators during Their Journeys to Physical Therapy School.”

### Jill Thein-Nissenbaum, PT, DSc, SCS, ATC

I hope everyone is adjusting to this new “normal!” As you can imagine, COVID-19 has had a large impact on the DPT Program, particularly the clinic-based courses, which have a lab component. This spring, we scrambled to get the lectures on-line quickly and thanks to a wonderful IT group, were able to make that transition without much difficulty. The laboratory component was a bit more challenging! But, fortunately, we had forward-thinking students in previous years that requested to videotape skills to create a library for their class and future classes. (Shout out to alumni Matt Pechacek and Billy Bruggink!)

As such, we had a pretty well-stocked library of videos for the students to watch. In addition, we re-structured our lab time that was face-to-face to maximize our hands-on time. Moving forward into the fall, we have added to our library of videos, linked the videos directly to the notes in the lab manual, and streamlined our learning management system, Canvas, so all of the PT courses have a similar layout. Lastly, we will continue to have students send us videos demonstrating exercises they might prescribe to a patient. It was fun seeing the students brainstorm through the lack of equipment an actual patient may experience! We saw pets, small children, and backpacks full of textbooks used as a means of resistance! It was a really wonderful and creative way for the students to get creative!

My 13th season with Badger Sports medicine and UW Athletics will be like no other. Changes occur suddenly and frequently regarding ways to provide care for the athletes. Fortunately, I work with an amazing group of athletic trainers and team physicians. Communication continues to play a vital role in our management of the injured athlete.

I was elected as the Treasurer of the American Academy of Sports Physical Therapy last year. Like the APTA and other components, we have had to make changes in our delivery method of continuing education and other materials. Fortunately, the AASPT has successfully risen to this challenge.

### Susan Wenker, PT, PhD, GCS

I experienced sheer joy and humbleness when I received the Joan Mills Service Award and Distinguished Educator Award from APTA Geriatrics at CSM 2020. Needless to say, I was floating on air for several days! I also have the pleasure to reconnect with my clinical education roots and collaborate on a research project with Drs. Lisa Steinkamp and Jeannie Duncan, and two students in...
the UW Madison – DPT program, Moe Lucre, and Brian Ishola. At the campus level, I continue to be the academic co-chair for the University of Wisconsin-Madison Teaching Academy and sit on the education subcommittee for the Center for Professional Practice and Education (CIPE) along with working to create bridges for faculty development with the School of Medicine and Public Health, CIPE, and the Teaching Academy. We will be piloting an online Advanced Dementia Interprofessional Clinical Simulation in August with the goal of offering it in spring 2021 to health profession students.

Presentations and Publications

Wenker, SL & Cobey, C. Osteoarthritis and Physical Therapy, Home Study Course, American Physical Therapy Association-Geriatrics. (Summer 2020)

Martin R; Botkin R; Campbell, A; Faucheux, C; Kegelmeyer, D; Kendig, D; Kumble, S; Manal, TJ; Mayer, K; Michener, L; Reilley, A; Wells, CL; Wenker, S. COVID-19 Core Outcome Measures APTA Academies and Sections. June 2020.


Peachacek, M; Wenker, SL; Militzer, J; Scharenbrock, J; Hallam, J; Bradley, B; Doster, J; Nelson, O. Wisconsin Physical Therapy Association Fall Conference, October 10, 2019. Patient-Reported Outcome Measure Collection and Clinical Use in Physical Therapy: A Qualitative Study. Poster Presentation.

Wise, Margaret; Wenker, SL; Heiderscheit, B; Gretebeck K; Clemson K; Palmer, W; Myers S; Lacey V; Gangnon R: Maus A; Gustafson D; Gustafson D; Mahone, J. A Feasibility Study: Effects of an Online Continuation Program for a Community-based Fall Prevention Program. Poster Presentation. APTA Combined Sections Meeting.

Badger Talk Presentation – Staff development regarding effective communication with patients who have dementia. Luther Manor, Wauwatosa, WI Sept 9, 2020.

Invited - Badger Talk Presentation- Physical Activity and Exercise, Onalaska, WI, May 27, 2020.

Wenker, SL; Wingood, M; Seversen R; Resources for Immediate Academic Online PT and PTAs Teaching Geriatric Content in Academic Programs.

Let us know if you are interested in becoming a Clinical Instructor, helping with any of our global trips, or granting our students shadowing opportunities! Our latest need is with the Saturday morning MEDiC clinic, which we have expanded to twice a month and is currently being held virtually.

Thank you, Stoughton Hospital, Jennifer Ballweg (2010) and Elizabeth Touchett (2008), for the Frenzel google donations!

Our alumni reception in Denver was well-attended, including Bucky of course!

Alumni News

Make sure we have your current email address and update your contact information at: http://uwalumni.com/directory!

Check our website for updates! Join our Facebook page!
Congratulations to Anne Kloos, PT, PhD, NCS, winner of the 2019 Margaret Kohli Award for Outstanding Alumni Contributions! Dr. Kloos has made the Program proud with her extensive research related to assessments and interventions to improve balance and gait and prevent falls in individuals with neurodegenerative diseases.

Since we will not be meeting in person this year, we are announcing now that the 2020 Margaret Kohli Award for Outstanding Alumni Contributions is William Boissonnault, PT, DPT, DHSc, FAAOMPT, FAPTA. Dr. Boissonnault will also be giving our annual Visiting Lecture in fall of 2021.

Bill is graduate of UW-Madison’s Physical Therapy Program, Class of 1977. Bill served as adjunct faculty at the UW-Madison PT Program from 1996-1999, and as full-time faculty from 2000-2015. He is currently the Executive Vice President, APTA of Professional Affairs and professor-emeritus, UW-Madison. Bill holds multiple adjunct faculty positions, and has presented nationally/internationally on medical screening, diagnostic imaging, and direct access. Bill has over 50 journal publications on these topics and is editor/co-editor of seven textbooks.

Bill has served as president of the Orthopaedic Section, APTA (1995-2001), and the Foundation for Physical Therapy, Inc (2009-2014). He has received numerous awards/honors including APTA’s Baethke-Carlin Award for Excellence in Academic Teaching and Lucy Blair Service Award, and named a Catherine Worthingham Kloos has made the Program proud with her extensive research related to assessments and interventions to improve balance and gait and prevent falls in individuals with neurodegenerative diseases.

Alumni Updates

• Kim Skinner, PT, DPT (2002): The Program received the following announcement from the editor of onlinephysicaltherapyprograms.com: “We have been featuring accomplished faculty members on our site to introduce our prospective graduate student audience to various DPT programs around the country and the amazing faculty doing research at them. I am contacting you to let you know about a wonderful interview we did with Dr. Skinner on her work researching the PoNS Treatment. https://onlinephysicaltherapyprograms.com/faculty-research/kim-skinner/, I Just wanted to let you know about this recognition so you can share it with your community. Dr. Skinner’s insight has made a great addition to our site!”

• Susan Frikken, PT, DPT (2013) and Ballroom Basics for Balance (BB4B) have had lots of publicity (https://www.youtube.com/watch?v=We0LNgQoNzQ) and are looking for more teachers. Please visit the website https://www.ballroombasicsforbalance.org/, BB4B has been featured on Inside UW and on Badger Talks. In addition, she worked with DPT students to develop a project on “Keys to Better Balance.” Dr. Frikken was also featured by NBC on the impact of COVID-19 on private practice: https://www.nbc15.com/content/news/Some-private-practitioners-face-difficult-decision-amidst-pandemic-569311581.html.

• Congratulations to Christa Wille (2015) and her husband, who recently welcomed Audia Wille Bernardoni to their family.

• Congratulations to Amanda Gyger, PT, DPT (2017) on her wedding, which was a reunion of sorts for her classmates!

• Hannah Sutter-Balke, PT, DPT, ATC (2017) was recently at the MSC for a vestibular certification course and updated us on her happenings since graduation in 2017. She moved to St. Louis and back, twice, and switched between multiple settings and jobs before finally settling near Milwaukee, where she has started a Physical Therapy platform with the help of her boyfriend, Will, who has an MBA. It launched on November 18th, 2019 so it is one year old now. The platform is called “Phyx” and is a convenience-based service that connects patients and PTs to deliver physical therapy to homes, offices, or gyms. It is cash-pay, transparent, and operates in the downtown Milwaukee area. PTs who treat using the platform are independent contractors and can be full-time or part-time. Check out her website: https://www.betterwithphyx.com/

• Congratulations to Brad Johnson, PT, DPT (2018), for his APTA-WI Rookie of the Year Award!

• Jacob Graboski, PT, DPT (2020) received a grant from WPTA to fund his Dairyland Sports service learning project this year. He also received word that his team’s educational session proposal was accepted for CSM 2021! He will be presenting with two other colleagues from the Adaptive Sports SIG through the American Academy of Sports Physical Therapy Section. ID Number: 7366 “Bringing the Paralympics Home: Identifying and Creating Local Adaptive Sports Opportunities.”

Alumni Donations

Would you like to have a legacy impact on the UW-Madison DPT Program? Bequests, or gifts from estates, Life Income gifts (the donor makes a gift and receives an income for life), and gifts of real estate can have a tremendous impact on the UW Physical Therapy Program.

Planned Gifts may be given to support students (scholarships and unique learning opportunities), faculty, research, and programs. For more information on naming the PT program as a beneficiary of your will, to find out which assets make the most tax-efficient bequest to charity, and to be inspired by the stories of your fellow alumni who have created planned gifts please contact Jill Watson at jill.watson@supportuw.org or 608-262-4632.

Please see https://www.med.wisc.edu/education/physical-therapy-program/make-a-gift/ for descriptions on ways to donate on-line.

Let's keep In Touch!

We love hearing from our alumni!

Drop us an email to let us know of any news you’d like to share with us at: https://bit.ly/2YQTwu0

Also, you can keep up-to-date with the program on our Facebook page: https://bit.ly/2Z6ReTe
DPT Honor Roll
July 1, 2019 to June 30, 2020

$500 +
Kay S. and Gerald J. Bizjak
Suzann K. Campbell
Pamela F. Carlson
Catherine S. and Richard L. Easterday
John D. Garbrecht
Karla R. Hayter and Benedict L. Gierl
Shirley M. and Berdean D. Jergenson
Vicki and James Lundeen
Patricia G. Marshall
Elizabeth M. Petty and Karen K. Milner
Barbara C. and Jay A. Ramaker
St John Charitable Education Trust
Jane K. and Glenn H. Watts
Leah M. Wong
Patricia G. and Suey S. Wong

$250 - $499
Mary E. and Raymond J. Jast
Shannon R. and David T. Kunstman
Ann M. Malarkey
Mary K. and Philip E. Stone
Linda M. Walters
Selden D. Wasson

$100 - $249 (continued)
Jeffrey J. and Kathryn S. Salkowski
Robert W. Sandstrom
Margaret A. Schueller
Laurie D. Seckel
Kathleen A. Shields
Elizabeth A. Stoffel
Mary A. Tracy
Janet R. Zehms-Stankrauff and Jack Stankrauff

$1 - $99
Jerry S. Aul and Melissa M. Ernest Aul
Karen A. and Bruce G. Barnes
Anita M. Belonger
Sarah L. Burdick
John W. Buscher
Catherine A. Chapman
Dale E. and James Coon
Margaret F. Cooper
Kristine C. and Daniel J. Dekarske
Monica F. and Thomas J. Diamond
Laura M. and Berkley Guse
Curtis J. Jevens
Kristin T. and Geoffrey W. Klein
Cindy N. Kosek
Therese M. Morrical
Eric R. Muse
Debra A. and Jay W. O’Connell
Ingrid A. Petrilla
Jodee L. Plazek
Venita M. Plazewski
Barbara L. and Mark J. Ratke
Virginia A. and Dennis J. Sheahan
Helen Wahlstrom Stratton
Donna J. Wischmann
Please visit the following website for descriptions of these funds and ways to donate on-line:

https://www.med.wisc.edu/education/physical-therapy-program/make-a-gift

- Physical Therapy General Fund (132301395)
- PT Student Scholarship Fund (132583031)
- Mary McKinney Edmonds Fund (recruitment and support for students who are under-represented in medicine) (112583323)
- Janet Lemke Fund (for research) (132584234)
- Visiting Lecture Fund (132301395)
- DPTSO General Fund