Follow the "5 As" on an Evidence-Based Medicine Journey

Assess the process

Appraise the information

Appraise the quality of the evidence and recommendations

Essential Evidence Plus
ACP Journal Club
PARE

Use point of care resources to answer the questions

Cochrane Library
USPSTF Guidelines
UpToDate
Dynamed

Use background resources to help focus the question

5 Minute Clinical Consult
Online Text Books
UpToDate

Apply to the Patient

Apply point of care resources according to patient's context, considering needs and appropriate utilization of tests

Epicorates
Micromedex
Lexicomp

Assess the Patient

Ask an answerable question

Use your knowledge to help the patient

5 Minute Clinical Consult
Online Text Books
UpToDate

Learning Opportunities Ahead

Use the following tips as a guide to efficient EBM, focused clinical teaching and learning to enhance quality patient care. Follow the 5 As

Created by WISE FM!

Anne Gerzio, MD, David Klein, MD, Magnolia Larson, MD, John Pelti, MD, MPH. Published July 2019 as part of WISE FM (Wisconsin Institute of Scholars for Educators in Family Medicine), a statewide faculty development collaborative

Resources: