



# In Touch

UNIVERSITY OF WISCONSIN-MADISON DOCTOR OF PHYSICAL THERAPY PROGRAM  
ALUMNI NEWSLETTER • FALL 2020

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## A Message from the Program Director

**Lisa Steinkamp**, PT, PhD, MBA



Hello Alumni and Friends!

Wow, what a ride this has been. The challenges of dealing with a pandemic, racial tension, and economic crises have been exceptionally difficult BUT I have never been

so impressed with and proud of our faculty, staff and students. The pandemic may have upended our lives but it certainly did not derail our spirit and determination.

When we first heard that we were not going to be able to complete spring semester in-person, faculty sacrificed their spring break plans to quickly pivot their classrooms to virtual environments. Little did we know that we would not be returning to on-site education and our situation would become even more dire over the next 8 months. Faculty adjusted and began to focus on innovative ways to make their virtual classrooms more effective for the long haul. Meanwhile, our students rose to the occasion and transitioned to virtual learning with resiliency and positive attitudes. They have demonstrated such flexibility and tolerance.

Our first-year students started matriculation in May and have yet to meet most of their classmates in person. In addition, many faculty, staff and students are trying to balance education with tending to their families, while others are combating isolation and loneliness. Another confounding stressor has been finances. Many students or their partners lost jobs, forcing them into stark fiscal situations where they did not know if they could afford to continue in the Program. This is where I need to thank you, our alumni, for your generosity. Never has our partnership with you been more meaningful. Your philanthropy enabled us to retain our students while their worlds fell apart around them. We were able to dig into our UW Foundation reserves and award over \$100,000 in financial aid to students this past year, retaining all of them! Your continued support has never been more vital, especially with impending budget cuts.

As with any crisis, there have been many silver linings over the course of the last 9 months (has it really only been that long?). An obvious benefit is our newfound ability to provide quality virtual education when beneficial or necessary. Due to the replacement of a May internship with a short course on telehealth developed by **Drs. Duncan and Hartman**, we are all now well-versed in this skill that will inevitably follow us into the future; faculty clinics, interactive teaching labs, pro bono and MEDIC clinics are all currently being delivered via telehealth. Another positive outcome of these times is the overall

optimism that I have for the future of physical therapy in the hands of these younger generations. Never have I seen such unconditional compassion in the face of difficulty and hardship; I am very confident about these generations' ability to lead and address forthcoming challenges.

With change comes opportunity and many positive initiatives have risen from the current climate. Our efforts to address and eradicate longstanding racism have exponentially increased with a sense of urgency. Faculty, staff and students are engaged in anti-bias training to learn where we are, where we need to go, and what we need to do to get there. We are focusing on diversity, equity and inclusion within the Program and are working closely with many entities outside the Program to expose more children from diverse backgrounds to physical therapy. Our ADEPT student group has been instrumental in forging connections and engaging in outreach, and two of our students, **Brian Ishola** and **Pedro Zavala**, were influential in starting the APTA-WI DEI committee.

When we return to some semblance of "normalcy," whatever that may be, the Program will be armed with a new collaborative classroom and state-of-the-art technology in all classrooms, including the teaching labs. We will have more options in how we teach than ever before. But faculty do much more than teach; they are also engaged in research, clinic, administration, and service. I could not be more proud of all of their accomplishments—from **Dr. Hartman's** prestigious Fulbright scholarship, to the numerous awards that both faculty and students have won this past year (you can read about these in the Student News and Faculty News sections). I am also extremely grateful to the second-year students, such as **Jonathan Wise**, who organized the first-year virtual orientation, and all of the Instructional Assistants (listed in Student News) who helped faculty navigate first-year virtual Anatomy and palpation courses this past summer.

Finally, the superhero through all of this has been **Dr. Duncan**, our director of clinical education. We have had over 100 internships cancel and somehow all of our students still have some place to go. I would also like to recognize our amazing staff of **Sue Arneson**, **Lisa Levy**, **Melissa Smiley**, and **Deonna Suiter**, who are truly the glue that holds the Program together. It truly has taken a village to weather this storm. We hope this newsletter finds you well and again, I cannot reiterate enough how critical your support has been and will continue to be as we continue to move "On, Wisconsin."

With Gratitude,

*Lisa Steinkamp*

# Student News

## Congratulations to the 2020 Graduates!

Kristin Anderson, Macy Bolt, Vanezza Pauline Buendia, Joseph Burkeland, Matthew Christensen, Tony Do, Deandra Elcock, Fernando Espinoza Jenkins, Shasta Fleming, Brad Freeborn, Malorie Gaber, Tyler Gehrke, Jacob Graboski, Jenna Green, Ana Grimh, Stephanie Grobe, Madison Heil, Jennifer Hornbaker, Jeffrey Jaeggi, Brennen Jaquint, Whitney Kahl, Caroline Klinker, Brett Knautz, Laurel Kornblau, Jesse Kroll, Zachary Lentini, Nikko Manning, Rachel McDonald, Moriah Morgan, Erin Nelson, Justin Olson, Nicole Pihl, Kayla Rymer, Tara Schmidt, Mikaela Schwantz, Monica Steigerwald, Seve Strook, Austin Sturdivant, and Matthew Weber.

## Congratulations to the Entering Class of 2022!

Kenneth Allen, Benjamin Alt, Anya Bayley, Marissa Becker, Ramsey Benkert, Abby Bishop, Jenna Blair, Joseph Borgwardt, Grace Compton, Yilin Diao, Nicole Dorshorst, Michael Gillcrist, Travis Haysley, Jack Heinrich, Kevin Huckstorf, Alyssa Kelling, Nicole Kessinger, Michelle LaFave, Emily Lilla, Adam Link, Jacob Lopez, Zachary Lorbeck, Shalla Moy, Kaylie Nytes, Trent Nytes, Marika Parrish, Tashelle Peigan, Cassandra Piette, Delaney Reilly, Morgaine Reinl, Tara Roodbeen, Thomas Schneider, Maya Shipway, Abigail Simplot, Andrew Slick, Bailey Smith, Jaimee Swanson, Aleksandra Torkelson, Elle VanTilburg, and Matthew Waller.



The **Class of 2021** enjoys their White Coat Ceremony prior to an early end to the semester due to COVID-19. This group is now on internships, thanks to the miracle work by **Dr. Duncan** and the phenomenal relationships we have with our clinical sites.



## Doctor of Physical Therapy Student Organization (DPTSO)

2019-2020 was both a unique and successful year for our Doctor of Physical Therapy Student Organization (DPTSO). Despite COVID-19 interrupting a variety of our planned events and volunteer opportunities, our members remained motivated and active in numerous fundraisers, educational advancement, and job preparation opportunities. Some of these volunteer opportunities included Spinal Cord Injury Group for adaptive kayaking, Badger Honor Flight teams, MEDiC clinics, Pro Bono Clinic, Special Olympics, Ballroom Basics for Balance, ADEPT, and WPTA Student SIG.

This year's fundraising began with our third annual Golf Outing at Yahara Hills. Despite some early morning rain, the event was a success and raised over \$1300 for our program! We were grateful to have this event be such a success as it was the only major fundraiser our group was able to hold this year due to COVID-19.



**Drs. Wenker and Steinkamp** enjoy the DPTSO golf event.

DPTSO began planning our annual Bucky's Race 5k run/walk early this past November. While we were unable to host the event, we were overwhelmed by the number of participants who chose to donate their race fees to help support our program. Through these generous donations, we were able to raise nearly \$500!

Through these fundraising efforts, we were able to support our students in professional development opportunities such as attending the WPTA fall and spring conferences, the American Physical Therapy Association (APTA) Combined Sections Meeting (CSM), as well as subsidize a portion of third-year student APTA membership dues.

While our group worked hard to fundraise and expand professional opportunities, we also had some fun this year with social events including a Brewer game with the first- and second-year classes and a holiday party at the Monona Terrace.

A big thank you to the outgoing DPTSO board: **Matt Stewart** (Vice President), **Haley Fiegel** (Treasurer), **Lauren Hughes** (Secretary), and **Ashley O'Rourke** (Personal Relations)! Additionally, thank you to both classes, faculty, and staff for making all we accomplished this year possible.

— **Nikki Reil**, SPT DPTSO-UW President Class of 2021





## DPTSO Board for 2020-2021

**President:** Matt Kuik

**Vice President:** Alexis Mashl

**Treasurer:** Morgan McCuen

**Secretary:** Jenny Price

**Personal Relations:** Joe Chapman

Find us on Facebook: [www.facebook.com/DPTSOUW](https://www.facebook.com/DPTSOUW)

## Advancing Diversity and Education in Physical Therapy (ADEPT)

ADEPT sends the 2019-20 board (Natalie Mologne, Danielle Green, Lindsay Dolan, Taylor Dybul, and Sarah Gamillo) off on internships and welcomes new presidents Daniel Deuel and Moe Lucre, Secretary Alexandra Jordan, Outreach Coordinator Maggie Gruben, and Social Media Coordinator Maya Puleo.

We continued many of our regular events this year and started volunteering at some new events as well. ADEPT continued to work with the Office of Multicultural Affairs to teach community members about physical therapy and what the profession entails at the School of Medicine and Public Health's Family Empowerment Day. We also continued our Food for Thought events and discussed a Hidden Brain podcast titled, "People like Us" over Ian's Pizza.

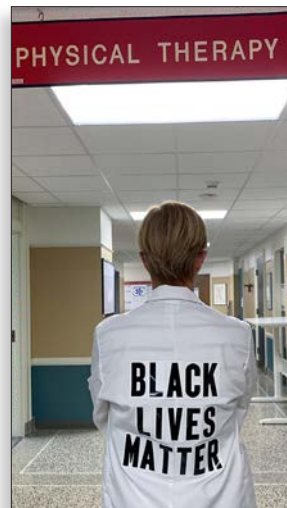
We also were invited to host a station at the Saturday Science at Discovery's "Science of Sport" day, where we informed children and their families about various prerequisites for performing a sport via a poster and PT-based activities and demonstrations. We also hosted a very successful fundraiser this year at MacTaggart's and are looking forward to future collaboration with this business!



*Natalie Mologne, Taylor Dybul and Danielle Green host Saturday Science Day at the Wisconsin Institutes of Discovery.*

This year, we also started collaborating with Dr. Amy Schubert as we felt that her missions for recruiting students and coordinating admissions aligned well with ADEPT. ADEPT members volunteered at various panels and healthcare expos that Dr. Schubert coordinated. We were very excited to continue volunteering at Sherman Middle School's Juventud after-school program, as well as collaborate with Occupational Therapy students for a Food for Thought event in the spring; however, we had to cancel these events due to the pandemic. Additionally, we had planned to help out an event at Blackhawk Middle School and had planned a visit to McFarland High school's Health Occupations Students of America (HOSA) club or anatomy class.

We hope that ADEPT events will be back to running more normally in the fall, and if not, we are excited to see what can be accomplished virtually!



*Supporting BLM: Brian Ishola, SPT and the School of Medicine and Public Health's White Coats for Black Lives.*

## MEDiC Clinic Updates

The previous MEDiC PT Coordinators made the leadership transition seamless. At our Southside clinic, we continued to stay busy for both Saturday PT clinics each month. This past year, we also gained ten new community providers to guide students during clinic days to help our patients. Due to the Coronavirus, the clinic was shut down in mid-March. The MEDiC Council is currently running bi-weekly telehealth clinic visits for General Medicine in order to continue providing care for the Madison community.

Emily Miller, Lacey Abell, Stephanie Conway, and Lindsay Dolan are proud to transition their roles to the following students:

**PT Liaison to the MEDiC Council:** Matt Kuik

**Clinic Coordinators:** Samantha Dawes, Emma Dalton, David Propson

## Pro Bono Clinic

This year, 85+ student volunteers from PT, OT, and SLP provided rehabilitation services to 15 patients with neurologic conditions such as Traumatic Brain Injury, Stroke, Multiple Sclerosis, and Incomplete Spinal Cord Injury. We are pleased to report that the clinic was able to successfully implement our first ever electronic documentation system this past spring! While we had to stop the clinic for a few months, we are now up and running virtually.

Megan Lowe, Dan Schiedermayer, Haley Fiegel, and Danielle Green have passed the baton to the following council members:

**Patient Coordinator:** Kelly Kent

**Volunteer Coordinator:** Katie Hoffman

**Outreach Coordinator:** Jenna Radke

**Resource Coordinator:** Maggie Gruben

# Student News

## Congratulations to the following 2020 Scholarship Recipients!

### PT-1 Scholarships

Ridley Family Scholarship: **Daniel Deuel, Colten Haack**

PT Student Scholarship: **Joyce Meier, Madeline Wille**

Gerlich-Hoefeyzer Scholarship: **Emma Dalton, Matthew Kuik, Seraphina Provenzano**

Harper Family Scholarships: **Joseph Chapman, Brett Ladsten, Jenna Radke, Jenna Schneider**

Amelia Doyon Scholarship: **David Propson**

Gertrude Wilkinson Fund (normally used for global health trips): **Mason Kuhn, Maya Shipway, Yueh-Ling Yu**

### PT-2 Scholarships

- Margaret Kohli Scholarships: **Lindsay Dolan, Haley Fiegel, Emily Miller, Natalie Mologne, Daniel Schiedermayer, Emily Schmidt**

- Ridley Family Scholarship: **Nicole Reil**

- UW Madison Alumni Scholarship: **Stephanie Conway**

- Roland Scholarship: **Tanner Dimka, Maddie Tetzke**

- Gertrude Wilkinson Fund: **Tyler Durand**

- Mary McKinney Edmonds Fund: **Brian Ishola**

- Micah Wong Spirit Award: **Joe Chapman, Diego Villarreal**

### Instructional Assistant Awards

- ANA 637 Anatomy Lab: **Matthew Kuik, David Propson**

- PT 501 Palpation Lab: **Daniel Deuel, Colten Haack, Corinne Haas, Katie Hoffman, Moe Lucre, Jenna Schneider**

There are alumni who generously support our students each year whose accounts are not yet endowed. We are so thankful for their generosity!

- Amy Moncher/Katz Fund: **Daniel Deuel, Derek Studer**

- Judy Neigoff Fund: **Samantha Zawistowski**

- Ramaker/Budlong Fund: **Samantha Zawistowski**

- Gunnery Sergeant Daniel Price Memorial Scholarship Fund (for Veterans): **Andrew Standiford, Dillon Vulgamott, Michael Gillcrist**

- Barbara Morgan Fund: **Daniel Deuel, Maurice Lucre**

As previously mentioned, we spent over \$100,000 of our PT General Fund helping students financially this year because they or their partner lost their jobs during COVID-19. I felt so enormously grateful to have the nest egg provided by YOU, our alumni!

### APTA-WI (formerly WPTA) Honors and Awards

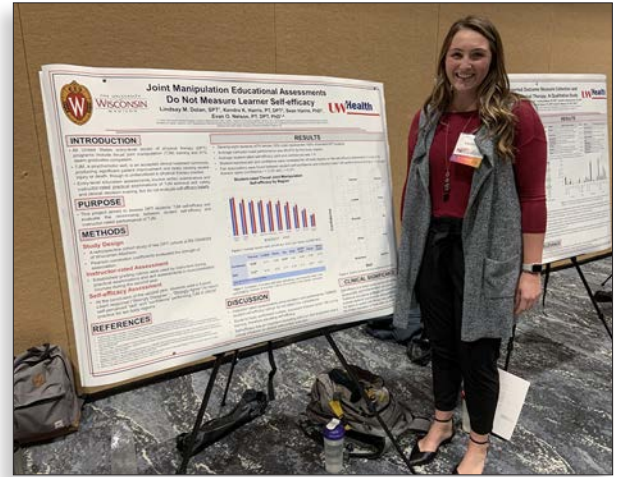
- 2020 WPT Fund Winners: **Jacob Baus, Tyler Christensen, Nicole Reil, Pedro Zavala**

- Chris Crivello Community Service Award: **Lindsay Dolan, Daniel Schiedermayer**

- Student Emerging Leader: **Lindsay Dolan**

**Pedro Zavala** and **Alexis Mashl** were each featured in PT Connections for their roles as Chair of the APTA- and Chair of the

Nominating Committee Chair WI Student Interest Group (SIG) and Head of the Student Networking Committee, respectively. Student Special Interest Group and now DEI committee.



**Lindsay Dolan** also won the 2019 WPTA Student Research Poster Award (thank you Dr. Nelson for your guidance and mentorship).

### Advocating at the Capitol



**Pedro Zavala, Jeff Jaeggi, Lindsay Dolan**, and other WPTA leaders testified in front of lawmakers at the Wisconsin State Capitol. They advocated to the Senate Health Committee on Senate Bill 39: the physical therapy interstate compact. They were successful in passing that bill in the senate and therefore had the opportunity to testify in front of the House Assembly Committee on Health for Assembly Bill 438 regarding the compact as well as Assembly Bill 581 which was proposed to help clarify 'supervision' of a student of physical therapy assistant and student physical therapist.

### APTA Honors and Awards

- **Lindsay Dolan** was elected as the APTA's PT-Political Action Committee's (PAC's) Student Liaison. Her role is to promote and educate about the PT-PAC to the student assembly via conferences, online interviews, and organizing the APTA's Flash Action Strategy for 2020.

- An essay written by **Daniel Deuel** was featured Advocacy Day at the APTA Federal Advocacy Forum.

- **Joe Chapman** served as a moderator for the American Academy of Sports Physical Therapy (AASPT) Mobilize platform for the Team Concept Conference 2020.



# Student/Faculty News

- **Alexis Mashl** and **Maya Puleo** are part of the leadership of the Female Athlete SIG of AASPT.
- **Joe Chapman** served as a moderator for the American Academy of Sports Physical Therapy (AASPT) Mobilize platform for the Team Concept Conference 2020.

## Other Honors and Awards

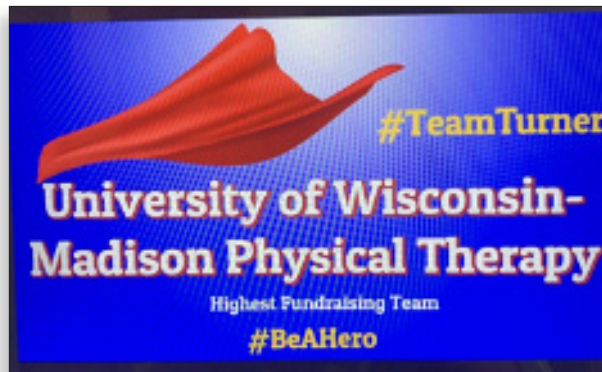
- **Daniel Deuel**, **Jonathan Wise**, and **Travis Haysley** are part of the School of Medicine and Public Health's Building Community Initiative, whose mission is to create a community where all learners, staff and faculty feel valued, included and empowered: <https://intranet.med.wisc.edu/building-community/>.
- **Emma Dalton** and **Daniel Deuel** were selected as the Maternal and Child Health (MCH) Lend trainees this year.
- **Chantal Bougie** was elected as a program representative to the Interprofessional Health Council (IPHC).
- **Seraphine Provenzano** was nominated for the Madison's Best New Artist by the Madison Area Music Awards.



**Katelyn Hoffman, Morgan McCuen and Yueh-Ling Yu**, and celebrate Chinese New Year.



*Stress relief in pre-COVID-19 times.*



*DPT students, faculty and staff walked or ran over 1400 km and raised over \$2000 for Turner's Heroes, a non-profit that provides superhero-themed events at childrens' hospitals, along with research grants for pediatric cancer.*

## Faculty News

**Welcome Melissa Smiley, MSE, Ed.S.!**



We are thrilled to have **Melissa Smiley, MSE, Ed.S.**, as our educational technology consultant and instructional designer! Melissa is part of the phenomenal educational technology team at the School of Medicine and Public Health, devoting the majority of her support to the Doctor of Physical Therapy Program.

Melissa earned her bachelor's degree in political science (cum laude) from the University of Wisconsin – Whitewater in 2010, followed by her Master's of Science in Education from the University of Wisconsin–Stout in 2013, focusing on curriculum development and educational technology.

Melissa continued her education in 2016 at UW-Stout pursuing an Educational Specialist degree focusing on instructional design, universal design for learning and developmental psychology of learning.

Melissa's research in this program included studying the impacts of adverse childhood experiences in neurological development and how ACE's impact learning in adulthood to adjust online course design strategies for more inclusive learning environments.

# Faculty News

In Melissa's current role, she works to support the faculty in course design and strategies, working with video conferencing and recording platforms, exam proctoring services, student engagement, and Canvas administration.

Melissa also has a long history of serving in shared governance committees, and as an academic staff assembly representative. Some of her achievements in the UW System include completed the Chancellor's Academy for Leadership and Innovation, and presenting at local, regional, and national conferences on learning design, inclusive learning and online teaching.

## Welcome Deonna Suiter, BS, PTA!



We scored when we found **Deonna Suiter, BS, PTA** to fill the role of Clinical Education Assistant for the Program, the reason being is so far, there is nothing she can't do!

Deonna earned her Bachelor of Arts in Exercise and Sport Science from University of North Carolina at Chapel Hill in 2004 and her associates degree in Physical Therapist Assistant at Nash Community College in 2007. She joined us this summer to help Dr. Duncan through COVID-19 challenges but little did we know she would be so efficient that we had a hard time keeping her busy.

Deonna helps with onboarding of students as well as making sure they maintain all requirements while in the Program. Deonna has also been helping out with labs, lectures, forums, recruitment and admissions, and research. She is a member of the American Physical Therapy Association and maintains her license as a physical therapist assistant, primarily working with the geriatric population. Deonna has been an impressive addition to our team!

## ■ Natalie Blonien, PT, DPT



Since the university shifted to virtual learning in the spring, I have been amazed by the resilience of the students and faculty. It was never a professional goal of mine to become a distance learning instructor, nor a telehealth pediatric physical therapist but the determination of my clinical and academic colleagues has been a positive outcome of these unusual times. I feel fortunate that SMPH had invested in an extremely capable and innovative educational technology staff that has made all of the difference. The challenge has been how to get students the hands-on experience that we value so much in the neuro/pediatric courses. We made the decision to transition all of our in-person labs this fall, from baby lab to gait lab to the pediatric experience, to telehealth and remote experiences to keep students and the community safe. Even in a telehealth format, students gained valuable skills and experiences in working with parents and children.

## ■ Colleen Cobey, PT, MS, Ex Phys

Teaching during COVID-19 is like anything else during these extraordinary times: every day presents new challenges, questions and a need for prompt solutions. Wow, that sounds like I am describing clinical care! Although it is difficult to recognize while you are in the moment, students may look back and realize that the skills and tools they are learning now will serve them very well in the clinic.

For the course that I teach with Dr. Wenker this fall, we adapted one of our learning experiences as a telehealth visit where first-year students performed a history on a standardized patient. Although we have discussed telehealth in the past, we were never inclined to make it an active learning experience until now and I think it gave the students valuable practice for their upcoming clinical placements!

Congratulations to Colleen, who was inducted as a UW-Madison Teaching Academy Fellow!



As part of the Platinum Green Certification, the DPT Program collected pet food for the Dane County Humane Society to help pet owners who utilize food pantries.





## ■ Daniel Cobian, PT, PhD

What a decade year this has been! I hope all our UW-Madison friends and alumni are staying physically healthy and mentally well during these trying times. To move forward we had to focus on what we could do with the cards in our hand. To that end, I have appreciated the benefits of improved technology to facilitate virtual interaction and transmission of knowledge.

I recently participated in a virtual conference with attendees representing five different continents! The diversity of experiences really made for some interesting discussion and enhanced learning for all. Even in a post-COVID world, the ability to offer both in-person and virtual attendance at such events could really improve the dissemination of knowledge in our field.

I continue to serve multiple roles as a scientist, clinician, and educator, a mix that I always hoped would define my career in physical therapy. My time is divided between instruction primarily within the first-year DPT curriculum, clinical physical therapy in Sports Rehabilitation at The American Center, and consultation and research activities as a member of the Badger Athletic Performance Laboratory (within the UW Athletic Department).

In the previous calendar year, I was an invited speaker at the Motor Control Symposium hosted by the International Society of Biomechanics and at the Mountain Land Running Summit (Park City, UT). Students working under my direction contributed to a variety of research projects and presented research at the Combined Sections Meeting (CSM) in Denver, CO, the American College of Sports Medicine (ACSM) Annual Meeting, the Wisconsin Physical Therapy Association (WPTA) Fall Conference, and "Research in the Rotunda," a selective event showcasing the work of UW System school undergraduates, held in the rotunda of the State Capitol building. Seeing mentored students develop clinical research skills and make meaningful contributions to the knowledge base in our field is one of the most fulfilling aspects of my job.

In the past year, I have also become more involved in the research initiatives of the American Academy of Sports Physical Therapy, assisting with abstract and grant review processes and serving as the research coordinator for the section's annual conference. I look forward to contributing to the didactic and clinical education of our most recent matriculating class of DPT students, along with continuing to expand my research agenda to assist our profession in understanding the neuromuscular implications of musculoskeletal trauma and how to best prescribe and dose rehabilitation interventions to facilitate improved outcomes and long-term quality of life.

### Published Manuscripts and Abstracts

Cobian DG, Stiffler-Joachim MR, Bjork, MD, Sanfilippo JL, Heiderscheit BC. Lower Extremity Kinetic and Kinematic Asymmetries 4, 6, and 9 Months Post-ACL Reconstruction in Elite Collegiate Athletes. *Med Sci Sports Exerc.* 2019;49(5s): S367 (1745).

Cobian DG, Bjork MD, Stiffler-Joachim MR, Heiderscheit BC. Knee Kinetics are More Asymmetrical during Running than Jumping 6 to 12 Months post-Anterior Cruciate Ligament Reconstruction in Collegiate Athletes. *J Orthop Sports Phys Ther.* 2020;50(1): CSM38 (SPL19).

Cobian DG, Gamillo SA, Stiffler-Joachim MR, Sanfilippo JL, Kliethermes SA, Heiderscheit BC. Rate of Torque Development, not

Strength or Time, is Associated with Running Knee Loads post-Anterior Cruciate Ligament Reconstruction. *J Orthop Sports Phys Ther.* 2020;50(1): CSM38 (SPL20).

Cobian DG, Lentini ZM, Stiffler-Joachim MR, Thomas GM, Davis BH, Heiderscheit BC. Quantifying Hamstring Endurance with a Novel Sustained Knee Flexor Task versus Repeated-Effort Isometric Contractions. *J Orthop Sports Phys Ther.* 2020;50(1): CSM38 (SPL21).

Cobian DG, Philosophos DR, Sanfilippo JL, Heiderscheit BC. Increased Lower Extremity Injury Incidence and Participation Time Loss post-Anterior Cruciate Ligament Reconstruction in Elite Collegiate Athletes. *J Orthop Sports Phys Ther.* 2020;50(1): CSM189 (SP027).

Lentini ZM, Cobian DG, Stiffler-Joachim MR, Thomas GM, Davis BH, Heiderscheit BC. Comparison of a Novel Unilateral Hamstring Endurance Task with The Nordic Hamstring Exercise. *J Orthop Sports Phys Ther.* 2020;50(1): CSM207 (SP074).

Cobian DG, Bjork MD, Gamillo SA, Stiffler-Joachim MR, Sanfilippo JL, Heiderscheit BC. Quadriceps Strength and Rate of Torque Development are Associated with Countermovement Jump Knee Kinetics Post-ACLR. *Med Sci Sports Exerc.* 2020;52(5s): S1 (72).

Roehl TJ, Cobian DG, Stiffler-Joachim MR, Sanfilippo JL, Heiderscheit BC. Knee Extensor Torque Variability Correlates with Impaired Functional Knee Kinetics after ACLR in Collegiate Athletes. *Med Sci Sports Exerc.* 2020;52(5s): S191 (985).

McClinton SM, Cobian DG, Heiderscheit BC. Physical Therapist Management of Anterior Knee Pain. *Curr Rev Musculoskelet Med.* (in press)

## ■ Judy Dewane, PT, DSc, MHS, NCS

With the change to more virtual instruction in response to the Covid-19 pandemic, I have been exploring the use of technology to optimize learning. One of the more unique experiences was the development of an online skill check that was part video submission demonstrating skills and part simultaneous skill check.

Unintended benefits of the activity was a better understanding of what equipment is typically in a patient's home for exercise and how to creatively adapt to the setting and materials. This naturally evolved to exploring telehealth with the students. With the inability to bring in patients for classroom and Pro Bono clinic, we have shifted to virtual baby lab and gait lab. We have successfully resumed Pro Bono this fall using telehealth. The students are working with people with complex motor control problems and their caregivers. We are working through the challenges of technology bandwidth while still working in inter-professional teams to reach this underserved population.

## ■ Jeanne Duncan, PT, DPT, DCE

As the Directory of Clinical Education, I can say that the spring of 2020 will be one I will never forget! The COVID-19 pandemic has certainly resulted in personal growth in learning how to navigate a world of uncertainty. Due to multiple cancellations this spring and with the help of all faculty, especially **Dr. Jeff Hartman**, an alternative course for PT 701, our 4-week clinical placement, was created. Dr. Hartman and I developed an alternative course to meet many of the same learning objectives as the clinical internship. With use of standardized patients, we focused the course around Physical Therapy in Telehealth. Students had multiple opportunities to complete and observe their classmates perform evaluations

# Faculty News

in a virtual platform, then complete documentation and focus on observational skills through video analysis of gait and activities. While not exactly the same as a clinical setting, we found that moving forward we will now be able to use these learning activities in other classes since telehealth is likely here to stay. I continue to work with our clinical partners to ensure new guidelines and restrictions were followed to ensure safety for students, staff and patients.

Fortunately, even before COVID-19 ever emerged, **Dr. Susan Wenker** and I developed our annual free ethics course titled “Ethics Surrounding Interprofessional Care” for facilities taking our students in a blended on-line format. This allowed us to continue to offer free continuing education during a time when in-person courses was not safe. **Dr. Wenker, Dr. Lisa Steinkamp, Maurice Lucre, SPT Class of 2022, Brian Ishola, SPT Class of 2021 and Deonna Suiter, PTA** are in the beginning stages of development of an ethics course for the next licensure cycle focusing on microaggressions in the clinic setting. While COVID-19 resulted in the cancellation of hosting the Credentialed Clinical Instructor course this past spring, I hope to resume co-teaching this with Dr. Sue Wenker next year.

Along with **Jim Carlson, MPT, Cardiovascular and Pulmonary Clinical Specialist (Class of 1999)** and mentor of the VA Cardiopulmonary Residency program, I coordinate and co-teach PT 523: Cardiovascular and Pulmonary Aspects of Physical Therapy in the second year of the curriculum. We have continued to add practical-based experiences focusing on the treatment of patients with Cardiovascular and Pulmonary pathologies in the Acute Care and ICU settings with the use of the simulation center at UW Hospital. We recently were accepted for a platform for the Acute Care section at CSM regarding the “Use of High Fidelity Therapist Based Simulation to Enhance Confidence in DPT Students.” Lastly, to round out my role, I provide PT services at UHS which allows me to keep my skills and knowledge up-to-date.

*Congratulations to **Dr. Duncan**, who was inducted as a UW-Madison Teaching Academy Fellow!*

## Clinical Education Corner

As with everything else, COVID-19 turned clinical education and clinical placements upside down this past March. We have continued to forge a new path during a time of uncertainty and constant change. I want to extend a very sincere thank you to all of our clinical partners that helped in navigating this path with us and continue to educate our students in the new world. For those of you who continue to have policies restricting students on site, we are grateful for your partnership and look forward to resuming placements in the future. We will look to our clinical sites for guidance on facility-specific policy changes and restrictions and as a program, we will continue to monitor and make decisions regarding clinical education with our stakeholders’ interests and safety in mind. Together, we will get through this! Once again, a very sincere “thank you” to all of you who have offered placements and have educated our DPT students throughout the year. We appreciate all that you do for them and the Program!

We are very excited to introduce **Deonna Suiter, PTA** as our recently hired Clinical Education Assistant. She has been a blessing to have around!

Finally, I just want to recognize the hard work that **Doug**

**Grovergrys, MPT, ATC, CSCS, SCS** has put in these past couple of months to assist our Program with finding replacement clinical placements for our students. With over a quarter of our placements cancelling both for the July and September internships, I was concerned that I would not be able to meet the students’ needs. With Doug’s help, along with UW Health and other clinical partners, I was able to find placements for all of our students for these two internships. We will continue to have open and frequent communication regarding the upcoming placements as we move into the fall and winter months to determine the needs of our students while also considering instructor burnout and each facility’s physical distancing requirements. I am simply amazed at the dedication and flexibility our local clinicians have had during these challenging and uncertain times. I am not sure what I would do without Doug and his willingness to problem solve! Doug – Thank you so much!!!

## ■ Kristi Hallisy, PT, DSc, OCS

In January 2020, Dr. Kristi Hallisy was promoted to Associate Professor (Clinical Health Sciences track) in the Department of Family Medicine and Community Health. Tai Chi Prime – a community-based Tai Chi program for falls prevention for older adults developed by Dr. Hallisy’s research team was approved by the National Council on Aging “to be included in the evidence-based falls prevention pre-approved list of programs eligible to be supported by U.S. Administration for Community Living (ACL) Title III-D or other discretionary funding from ACL.”

The Academy of Geriatric Physical Therapy (AGPT) hosted Dr. Hallisy’s two-day Level 1 pre-conference course – *Tai Chi Fundamentals Adapted (TCF-A) Basic Moves Training Program* at the Denver APTA Combined Sections Meeting (7 of the last 8 years). In 2020, AGPT also sponsored a Level 2 TCF-A course and **Laurel Kornblau, DPT, PT** (Class of 2020) became the first UW-Madison DPT student to certify in the TCF-A program while assisting at the CSM courses. *GerNotes*, AGPT’s clinical magazine, published Hallisy KM. Tai Chi for Community-Based Falls Prevention, 2020;27(1):20-23. Currently, Dr. Hallisy is working on an Educational Monograph for AGPT entitled “Tai Chi for Physical Therapists and Physical Therapy Assistants Working with Older Adults.”



*Congratulations **Dr. Hallisy** (second from left)!*

## Publications

Hallisy K. Management of Geriatric Low Back Pain with Tai Chi, *Journal of Geriatric Medicine* (accepted).



2020 presentations dedicated to targeting learners impacted since COVID-19

Chewning B, Hallisy KM. Tai Chi to Improve Balance: Complementary Falls Reduction Intervention. Pharmacy Society of Wisconsin Educational Conference, Monona Terrace Convention Center, Madison, WI (PSW virtual conference)

Hallisy KM. Exercise Interventions to Prevent Falls. AARP-WIHA StreamYard videos for National Falls Prevention month. (Tai Chi web-stream for older adults at risk for falls).

Hallisy, KM. Provider Skills and Procedures Workshop: *Telehealth and In-Person Orthopaedic Exams: Upper & Lower Body Skills*, University of Wisconsin-Madison Interprofessional Continuing Education Partnership (ICEP).

## ■ Jeff Hartman, PT, DPT, MPH

My first 1.5 years on faculty with the UW PT Program has exceeded expectations and it has been quite an honor to be part of something so special. The staff, students, faculty, and alumni are second to none. This past year has been full of challenges and adventures but I wouldn't want it any other way.

The highlight has to be taking my wife and three children down to Belize to fulfill a dream. I was able to build upon my work that I started in Belize as a Fulbright Scholar partnering with the United States Embassy and the University of Belize to do a nationwide situational analysis for the physiotherapy profession. While our time was cut short seven weeks due to Covid-19, we still had an amazing time and through my research, I was able to map out the physiotherapy services throughout the country and lay the groundwork for the establishment of a formal Physiotherapy Association in Belize.



*Jumping around in Belize!*

Upon my return, I quickly adapted to the new norm in the US and spent the summer helping design new courses and modules for the DPT Program, the Center for Interprofessional Practice and Education (CIPE), and the new Global Health Certificate program. I was asked to serve a three-year term on the UW's Global Health Advisory Committee, and I continue to serve as the Program's liaison with the CIPE and the Master of Public Health Program. Unfortunately, all of our Global Health activities are put on hold for the time being, but I continue to work on establishing partnerships in anticipation of life post-Covid-19.

Nationally, I serve on executive committees with the APTA's Global Health Special Interest Group and the Consortium of Universities

for Global Health and globally, I continue to work with colleagues in Belize, Nepal and Iraq to build up communities and the profession through research and training. For good and for bad, this past year will be tough to beat!

## Scholarship

Cox J, Hartman J. Physical Therapists Needed: The Refugee Crisis in Greece and Our Ethical Responsibility to Respond, *Physical Therapy*, Volume 99, Issue 12, December 2019, Pages 1583–1586, <https://doi.org/10.1093/ptj/pzz128>

Hartman J, Blair L, DiLapo D, Quist S. The mapping of international education experiences throughout US-based physical therapy programs. Global Health Institute, University of Wisconsin School of Medicine and Public Health, poster presentation, 2020.

Hartman J, Blair L, DiLapo D, Quist S. The mapping of international education experiences throughout US-based physical therapy programs. Global Health Reception, APTA Combined Sections Meeting, invited poster presentation, 2020.

## Global Health Highlights

The UW Guatemala and Belize service-learning trips were cancelled this year due to Covid and 2021 is pending. I would like to give a well-deserved shout out to all the students who were scheduled to go on one of these experiences and handled the uncertainty of their situation with class and persistence. They continued to plan and prepare even knowing they may not go, and they never complained. In the end, they donated the money they raised to a wonderful organization in Belize that serves older adults. Their money helped the organization protect and serve a group of 37 older adults who were extremely vulnerable to Covid-19.

## ■ Bryan Heiderscheit, PT, PhD, FAPTA

Research from Dr. Heiderscheit's lab was presented at professional conferences including the APTA's Combined Sections Meeting (Denver, CO) and virtually at the American College of Sports Medicine and American Society of Biomechanics. Dr. Heiderscheit was an invited speaker at several organizations and professional conferences including International Institute for Race Medicine (Washington, DC), National Football League (New York, NY), National Basketball Association (New York, NY), Akron Children's Hospital Sports Medicine Annual Conference (Akron, OH), including virtually with the United States Olympic and Paralympic Committee, NBA and Australian Football League Sports Medicine Lecture Series and Australian Sports MAP Network. He was named the Gaenslen Bascom Professor in the Department of Orthopedics and Rehabilitation, and his lab group received the Excellence in Research Award from the American Academy of Sports Physical Therapy. Dr. Heiderscheit continues to serve as an Editor for the *Journal of Orthopaedic & Sports Physical Therapy* and on the editorial board for *Orthopedics Today*.

## Publications

Deering R, Chumanov ES, Stiffler-Joachim MR, Heiderscheit BC. Exercise program reduces inter-recti distance in female runners up to two years postpartum. *J Women Health Phys Ther* 44:9-18, 2020.

McClinton S, Heiderscheit BC, McPoil TG, Flynn TW. Effectiveness of physical therapy treatment in addition to usual podiatry management of plantar heel pain: A randomized clinical trial.

*BMC Musculoskel Disord* 20:630, 2019. doi: 10.1186/s12891-019-3009-y. PMID: 31883516; PubMed Central PMCID: PMC6935140

Mulligan E, Heiderscheit BC, Jenkins W, Rauh M. Sports physical therapy education in the United States: Where do we go from here? *J Allied Health* 49(2):e79-e87, 2020. PMID: 32469379

Deering RE, Christopher SM, Heiderscheit BC. From childbirth to the starting blocks: Are we providing the best care to our postpartum athletes? *J Orthop Sports Phys Ther* 50:281-284, 2020. doi: 10.2519/jospt.2020.0607. PMID: 32476582

Johnston W, Heiderscheit BC, Sanfilippo J, Brooks MA, Caulfield B. Athletes with a concussion history in the last two years have impairments in dynamic balance performance. *Scand J Sci Med Sport* Apr 20, 2020 [Epub Ahead of Print]. doi: 10.1111/sms.1369. PMID: 32311175

Johnston W, Heiderscheit BC, Coughlan G, McLoughlin R, Liston M, Brooks MA, Caulfield B. Concussion recovery evaluation using the inertial sensor instrumented Y Balance Test. *J Neurotrauma* May 12, 2020 [Epub Ahead of Print]. doi: 10.1089/neu.2020.7040. PMID: 32394801

Nelson EO, Kliethermes S, Heiderscheit BC. Validity and responsiveness of the University of Wisconsin Running Injury and Recovery Index. *J Orthop Sports Phys Ther.* (in press)

Stiffler-Joachim MR, Wille CM, Kliethermes S, Heiderscheit BC. Influence of sex, speed, kinematic and anthropometric factors on base of gait during running. *J Athl Train.* (in press)

Crawford SK, Lee KS, Bashford GR, Heiderscheit BC. Intra-session and inter-rater reliability of spatial frequency analysis methods in skeletal muscle. *PLOS One* 2020 15(7):e0235924. doi: 10.1371/journal.pone.0235924. eCollection 2020. PMID: 32649705

Krabak B, Roberts W, Tenforde A, Ackerman K, Adami P, Baggish A, Barrack M, Cianca J, Davis I, D'Hemecourt P, Fredericson M, Goldman J, Harrast M, Heiderscheit B, Hollander K, Kraus E, Luke A, Miller E, Moyer M, Rauh M, Toresdahl B, Wasfy M. Youth running consensus statement: minimizing risk of injury and illness in young runners. *Br J Sports Med.* (in press)

Grove C, Whitney SL, Hetzel SJ, Heiderscheit BC, Pyle M. Effect of repetitive administration of a next-generation Sensory Organization Test in adults with and without vestibular dysfunction. *Otology & Neurotology.* (in press)

McClinton S, Cobian D, Heiderscheit BC. Physical therapist management of anterior knee pain. *Curr Rev Musculoskelet Med.* (in press)

## ■ Evan Nelson, PT, DPT, OCS

In 2020, the disruptive impact of COVID-19 is impossible to escape or ignore. I have found it necessary to embrace the many positive consequences as a protective mechanism against COVID-crankiness. In my professional role as a DPT educator, COVID-19 provided the necessary stimulus to implement course changes that were contemplated, discussed, and trialed over the past few years.

Implementing these changes involved deep, thoughtful reflection on how course content and activities contributed to the teaching goals and objectives. This reflection, combined with experience I earned as a virtual elementary school parent, identified discrepancies in how we use educational technologies to achieve our learning objectives. Without the in-person education, these discrepancies in our online platforms produced vulnerabilities in students' capacity to achieve our desired learning outcome.

Major re-designs of physical agents and both clinical medicine courses involved applying student-focused design principles to our online course platform. Multiple technologies were integrated to facilitate student engagement and learning in each course. Beyond adapting the educational technologies, we also realized a need to adapt learning activities.

As you have likely realized as your own life, successful virtual teaching cannot simply replicate classroom activities. We replaced in-class lectures with class sessions involving unique opportunities for student-student and student-teacher interactions. We created class sessions to resemble the daily conversations and collaborations professional colleagues have in the clinical setting. I am excited to be part of the impending evolution of DPT education!

I completed a dissertation titled "Psychometric Analysis of the University of Wisconsin Running Injury and Recovery Index" and earned a PhD in Clinical Investigation in August 2019. For this work, my co-authors and I received the 2020 Excellence in Research Award from the American Academy of Sports Physical Therapy. I received the 2020 Mentor of the Year Award from the Wisconsin Physical Therapy Association. In the past year, I gave multiple conference presentations and contributed to the following scholarly works.

## Publications

Nelson EO, Kliethermes SA, Heiderscheit BC. Construct Validity and Responsiveness of the University of Wisconsin Running Injury and Recovery Index. *J Orthopedic Sports Phys Ther.* (in press)

Nelson EO, Ryan MR, AufderHeide EA, Heiderscheit BC. Development of the University of Wisconsin Running Injury and Recovery Index. *J Orthop Sports Phys Ther.* 2019;49(10):751-760, E1. Epub August 3, 2019. <https://doi.org/10.2519/jospt.2019.8868>.

## Conference Abstracts

Nelson EO, Kliethermes S, Heiderscheit BC. Prospective Validation and Responsiveness of the University of Wisconsin Running Injury and Recovery Index. American Physical Therapy Association Combined Sections Meeting 2020. Denver, CO. *J Orthop Sports Phys Ther.* 2020;50(1):CSM51. <https://doi.org/10.2519/jospt.2020.50.1.CSM30>.

Nelson EO, Gordon E, Cropes MS, Wahl E, Birstler J, Schwoerer C, Kittleson C, Sesto M. Survey of Wisconsin Physical Therapist Radiograph Ordering Behaviors and Implementation: A mixed-methods approach. American Physical Therapy Association Combined Sections Meeting 2020. Denver, CO. *J Orthop Sports Phys Ther.* 2020;50(1):CSM18. <https://doi.org/10.2519/jospt.2020.50.1.CSM1>

Maschke B, Nelson EO, Palmsten A, Heiderscheit B, Obermeier M, Russell H, Chmielewski TL. Improved psychological distress is associated with improved running ability in injured runners. American Physical Therapy Association Combined Sections Meeting 2020. Denver, CO. *J Orthop Sports Phys Ther* 2020;50(1):CSM212. <https://doi.org/10.2519/jospt.2020.50.1.CSM178>

Nelson EO, Gordon E, Schwoerer C, Birstler J, Cropes MS, Wahl E, Kittleson C, Sesto M. Survey of Wisconsin Physical Therapists' Radiograph Ordering Behaviors. Wisconsin Physical Therapy Association Fall Conference 2019. Madison, WI.

Cropes MS, Nelson EO, Wahl E, Gordon E, Birstler J, Schwoerer C, Kittleson C, Sesto M. Implementation of Radiograph Ordering in Physical Therapy Practice: A qualitative study. Wisconsin Physical Therapy Association Fall Conference 2019. Madison, WI.



Dolan L, Harris KK, Harris S, Nelson EO. Joint Manipulation Educational Assessments Do Not Measure Learner Self-Efficacy. Wisconsin Physical Therapy Association Fall Conference 2019. Madison, WI.

Pechacek M, Wenker S, Militzer J, Scharenbrock J, Hallam J, Bradley B, Doester J, Nelson EO. Patient-reported outcome measure collection and clinical use in physical therapy: a qualitative study. Wisconsin Physical Therapy Association Fall Conference 2019. Madison, WI.

*Congratulations to Dr. Nelson, who was recently awarded the Legacy Fund New Investigator Research Grant from the American Academy of Sports Physical Therapy for his project, "Prospective evaluation of running-related injury disability in high school cross country runners."*

## ■ Amy Schubert, PT, DPT, Director of Admissions

It has been another busy year in admissions filled with many changes... some planned, and others a bit more reactive due to COVID-19. We have made improvements to overall admissions processes including an online payment system for supplemental application fees and program deposits, and are in the final stages of developing an online record of residency form. I also facilitated processes to finalize our DPT-MPH dual degree program, and we admitted our first two students.

During the spring semester, I co-instructed PT512 "Principles of Professional Practice and Administration," for the second time (the first time remotely!), and we welcomed the incoming Class of 2023 students at the end of May with a virtual Orientation (which was also a first!). I continue to hold clinic at UHS 1 day per week, which sounds like it will carry on via telehealth into the foreseeable future. When campus closed, there was a transition to online meetings with prospective students and event participation; I created a virtual video tour of campus/program space in lieu of in-person tours (which can be found on our website):

<https://www.med.wisc.edu/education/physical-therapy-program/campus-and-program-space/>

The 2020-21 admissions cycle opened in early July, and we are already busy reviewing applications for our next class... I'm hopeful that we can reestablished some normalcy by the time selected applicants join us next May!

*Congratulations to Dr. Schubert, who was selected as an APTA Academy of Education Centennial Scholar, where she will be combing Academy archival resources to create a timeline of and database for historical events, actions, and volunteer leadership. The goal will be to ultimately provide accessible documentation of the evolution of the Academy as a volunteer organization serving physical therapy education.*

## Admissions Updates

It has been an interesting year in admissions, like everywhere else. Physical Therapist Centralized Application Service (PTCAS) decided to eliminate the binding option of Early Decision in for all participating programs. We decided to utilize what was previously known as the "General Admission" deadline, on November 1, as our single deadline. We are currently staying quite busy with application reviews as our number of applicants appears to be as strong as it has been in the past.

We finalized the option for applicants to pursue a DPT-MPH dual degree last year; interested applicants are required to indicate their intent to pursue the dual degree on their PTCAS application, and

then are subsequently reviewed by the DPT and MPH admissions committee separately. We admitted two students from the last admissions cycle, and look forward to seeing where things go as we are one of the few programs throughout the country who offer this dual degree.

We also made changes to our overall admissions processes for this cycle including an online payment system for supplemental application fees and program deposits, and are in the final stages of developing an online record of residency form. As we continue working primarily from remote locations, it has been a great year to have transitioned to these electronic systems as we don't have to worry about collecting checks and materials from the mail every day!

We made some COVID-19-related admissions changes, such as accepting spring semester Pass/Fail grades with no disadvantage to the applicant; accepting GREs taken with ETS's at-home option; and being flexible in the number of shadowing hours we require. PTCAS also included an application question this cycle where applicants can expand on how they were personally or professionally affected by COVID-19, which provides an opportunity for applicants to discuss COVID-19 limitations. We recognize that many effects of COVID-19 are domino in nature and that we will likely continue dealing with some of these repercussions during the next admissions cycle(s). Our spring 2020 "Meet the Program" in-person event was cancelled, and visitors have been prohibited on campus since that time; we created videos for our website which include some of the event content, you can check them out here! <https://www.med.wisc.edu/education/physical-therapy-program/meet-the-program/>.

I want to sincerely thank alumni and clinicians who have served on our admissions committee—we know it is a lot of work but your input is one of the most valuable parts of the process!

## ■ Mary Sesto, PT, PhD

Research conducted in Dr. Sesto's lab focuses on the use of health information technologies to improve health outcomes in individuals with chronic diseases and disabilities. Students working with Dr. Sesto have had research accepted to the following conferences: Society of Behavioral Medicine Annual Meeting, San Antonio Breast Cancer Symposium, Wisconsin Education and Research Network Conference and the Human Factors and Ergonomics Conference. Dr. Sesto serves as core faculty in the University of Wisconsin Carbone Cancer Center and the Wisconsin Institute for Health Systems Engineering. Dr. Sesto is responsible for teaching courses in the research track.

### Publications

Cadmus-Bertram L, Tevaarwerk AJ, Sesto ME, Gangnon R, Van Remortel B, Date P. Building a physical activity intervention into clinical care for breast and colorectal cancer survivors in Wisconsin: A randomized controlled pilot trial. *J Cancer Survivorship*. PMID: 31264183

Stewart TP, Sesto ME, Haine J, Henningfield M, Norslien K, Zhang X, Hahn D, Tevaarwerk A. Results of engineering, primary care, oncology collaborative regarding a survey of primary care on a re-engineered survivorship care plan. *J Cancer Educ*. 2020 Jun 2. PMID: 32488627

Rastogi S, Tevaarwerk AJ, Sesto ME, Van Remortel B, Date P, Gangnon R, Thraen-Borowski K, Cadmus-Bertram L. Effect of a technology-supported physical activity intervention on health-related quality of life, sleep, and processes of behavior change in

# Faculty News

cancer survivors: A randomized controlled trial. *Psycho-Oncology*. (in press)

## ■ Lisa Steinkamp, PT, PhD, MBA

My primary areas of focus over the past year have been completing the CAPTE self-study, which was postponed to next June; addressing racism and microaggression issues and ramping up our DEI efforts; assisting our students with financial literacy and strapping debt; and leading the DPT Program through COVID-19 challenges. I also serve on numerous School of Medicine and Public Health committees; new additions last year were co-chair of the Well-being Committee, and member of the Building Community Steering Committee and the Strategic Improvement and Accreditation Committee.

My efforts for many years revolved around the creation of interprofessional activities for our students and I am pleased to say that this goal has been achieved and then some!

### Presentations and Publications

Steinkamp L. Mitigating Healthcare Disparities within Health Careers. AHANA-MAPS Pre-Health Society 7th Annual Health Disparities Conference: Moving towards Health Equity. University of Wisconsin-Madison, March 2019.

Steinkamp L. Introduction to Health and Rehabilitation Professions. Department of Rehabilitation Psychology and Special Education, University of Wisconsin-Madison, April 2019.

Steinkamp L. Overuse Injuries with Musical Instruments. School of Music, University of Wisconsin-Madison, October 2019.

Edgoose, JY, Steinkamp LA, Vang, K, Hampton A, and Dosch N. A Qualitative Study of Undergraduate Racial and Ethnic Minority Experiences and Perspectives on Striving to Enter Careers in the Health Professions. *Wisconsin Medical Journal*, 118(2): 60-64, 2019.

Steinkamp L. The Role of Physical Therapy in a Primary Care Setting. Family Medicine Midwest Conference, November 2019.

Steinkamp L. Graduating Socially-responsible Physical Therapists. Regional Medical Education Day, School of Medicine and Public Health, Madison, WI, May 2019.

Steinkamp L. Graduating Socially-responsible Physical Therapists. Wisconsin Physical Therapy Association Fall Meeting, October 2019.

Steinkamp L. Graduating Socially-responsible Physical Therapists. Combined Sections Meeting, January 2020.

Schrage K, Metoxen M, Kaletka S, McCartney E, Schreiner M, Steinkamp L, Yancey D.: Exhibit. American Indian Science and Engineering Society (AISES) National Conference, Virtual, 2020.

Stickford-Becker A, Duerst B, Ostome M, DeVoss A, Hess J, and Steinkamp L. Stop the Bleed and Start Working with Interprofessional Health Students. International Association of Medical Science Educators Annual Meeting, June 2020.

Gartland S, Rusch R, Steinkamp L, Wyne K, Khalili H. Creating a Culture of Interprofessional Collaboration at the University of Wisconsin-Madison (book chapter). In *Interprofessional Education and Collaborative Practice-Micro, Meso, and Macro Approaches across the Lifespan*. Joosten-Hagye D, Kahlili H. Cognella Academic Publishing, CA, USA. (in press)

## Current Research

Steinkamp L (PI), Wenker S, Duncan J, Isola B, Lucre M. Racism and Microaggressions in the Clinic: Recognition and Management. A qualitative study involving physical therapists and physical therapist assistants in Wisconsin, alumni of the University of Wisconsin-Madison physical therapy program, and current University of Wisconsin-Madison Doctor of Physical Therapy students. We are investigating incidents of racism and microaggressions, especially with students, how they were managed, and ways to create inclusive clinical environments.

Other ongoing projects that were accepted for presentations but were canceled due to COVID-19, were "Do URM Students Experience Microaggressions on Clinical Internships?" and "Under-represented Student Perspectives on Barriers and Facilitators during Their Journeys to Physical Therapy School."

## ■ Jill Thein-Nissenbaum, PT, DSc, SCS, ATC

I hope everyone is adjusting to this new "normal"! As you can imagine, COVID-19 has had a large impact on the DPT Program, particularly the clinic-based courses, which have a lab component. This spring, we scrambled to get the lectures on-line quickly and thanks to a wonderful IT group, were able to make that transition without much difficulty. The laboratory component was a bit more challenging! But, fortunately, we had forward-thinking students in previous years that requested to videotape skills to create a library for their class and future classes. (Shout out to alumni **Matt Pechacek** and **Billy Bruggink**!)

As such, we had a pretty well-stocked library of videos for the students to watch. In addition, we re-structured our lab time that was face-to-face to maximize our hands-on time. Moving forward into the fall, we have added to our library of videos, linked the videos directly to the notes in the lab manual, and streamlined our learning management system, Canvas, so all of the PT courses have a similar layout. Lastly, we will continue to have students send us videos demonstrating exercises they might prescribe to a patient. It was fun seeing the students brainstorm through the lack of equipment an actual patient may experience! We saw pets, small children, and backpacks full of textbooks used as a means of resistance! It was a really wonderful and creative way for the students to get creative!

My 13th season with Badger Sports medicine and UW Athletics will be like no other. Changes occur suddenly and frequently regarding ways to can provide care for the athletes. Fortunately, I work with an amazing group of athletic trainers and team physicians. Communication continues to play a vital role in our management of the injured athlete.

I was elected as the Treasurer of the American Academy of Sports Physical Therapy last year. Like the APTA and other components, we have had to make changes in our delivery method of continuing education and other materials. Fortunately, the AASPT has successfully risen to this challenge.

## ■ Susan Wenker, PT, PhD, GCS

I experienced sheer joy and humbleness when I received the Joan Mills Service Award and Distinguished Educator Award from APTA Geriatrics at CSM 2020. Needless to say, I was floating on air for several days! I also have the pleasure to reconnect with my clinical education roots and collaborate on a research project with Drs. Lisa Steinkamp and Jeanne Duncan, and two students in



# Faculty/Alumni News

the UW Madison – DPT program, Moe Lucre, and Brian Ishola. At the campus level, I continue to be the academic co-chair for the University of Wisconsin -Madison Teaching Academy and sit on the education subcommittee for the Center for Professional Practice and Education (CIPE) along with working to create bridges for faculty development with the School of Medicine and Public Health, CIPE, and the Teaching Academy. We will be piloting an online Advanced Dementia Interprofessional Clinical Simulation in August with the goal of offering it in spring 2021 to health profession students.

## Presentations and Publications

Wenker, SL & Cobey, C. Osteoarthritis and Physical Therapy. Home Study Course, *American Physical Therapy Association-Geriatrics*. (Summer 2020)

Martin R; Botkin R; Campbell, A; Fauchaux, C; Kegelmeyer, D; Kendig, D; Kumble, S; Manal, TJ; Mayer, K; Michener, L; Reilley, A; Wells, CL; Wenker, S. COVID-19 Core Outcome Measures APTA Academies and Sections. June 2020.

Gartland, S; Roberta R; Steinkamp, L; Wenker, SL; Wyne, K; Khalili, H. Creating a Culture of Interprofessional Collaboration at the University of Wisconsin-Madison in Joosten-Hagye, D., Khalili, H. Interprofessional Education and Collaborative Practice – micro, meso, and macro approaches across the lifespan. Cognella Academic Publishing, CA, USA. (in press)

Wenker, SL Special Topics: Geriatrics, in Boissonnault W, Primary Care for the Physical Therapist. 3rd ed. St Louis Elsevier. February 2020.

Wenker, Susan; Liebrecht, Daniel. Psychosocial Considerations in the Aging Adult in Avers D, Wong, R. Guccione's Geriatric Physical Therapy. St Louis Elsevier. 2020.

Pechacek, M; Wenker, SL; Militzer, J; Scharenbrock, J; Hallam, J; Bradley, B; Doster, J; Nelson, O. Wisconsin Physical Therapy Association Fall Conference, October 10, 2019. Patient-Reported Outcome Measure Collection and Clinical Use in Physical Therapy: A Qualitative Study. Poster Presentation.

Wise, Margaret; Wenker, SL; Heiderscheit, B; Gretebeck K; Clemson K; Palmer, W; Myers S; Lacey V; Gangnon R; Maus A; Gustafson D; Gustafson D; Mahone, J. A Feasibility Study: Effects of an Online Continuation Program for a Community-based Fall Prevention Program. Poster Presentation. APTA Combined Sections Meeting.

Badger Talk Presentation – Staff development regarding effective communication with patients who have dementia. Luther Manor, Wauwatosa, WI Sept 9, 2020.

Invited - Badger Talk Presentation- Physical Activity and Exercise, Onalaska, WI, May 27, 2020.

Wenker, SL; Wingood, M; Seversen R; Resources for Immediate Academic Online PT and PTAs Teaching Geriatric Content in Academic Programs.

Let us know if you are interested in becoming a Clinical Instructor, helping with any of our global trips, or granting our students shadowing opportunities! Our latest need is with the Saturday morning MEDiC clinic, which we have expanded to twice a month and is currently being held virtually.



Thank you, Stoughton Hospital, **Jennifer Ballweg** (2010) and **Elizabeth Touchett** (2008), for the Frenzel google donations!



Our alumni reception in Denver was well-attended, including Bucky of course!

## Alumni News

Make sure we have your current email address and update your contact information at:

<http://uwalumni.com/directory!>

Check our website for updates! Join our [Facebook page!](#)

# Alumni News

Congratulations to **Anne Kloos, PT, PhD, NCS**, winner of the 2019 Margaret Kohli Award for Outstanding Alumni Contributions! Dr. Kloos has made the Program proud with her extensive research related to assessments and interventions to improve balance and gait and prevent falls in individuals with neurodegenerative diseases.

Since we will not be meeting in person this year, we are announcing now that the 2020 Margaret Kohli Award for Outstanding Alumni Contributions is **William Boissonnault, PT, DPT, DHS, FAAOMPT, FAPTA**. Dr. Boissonnault will also be giving our annual Visiting Lecture in fall of 2021.

Bill is graduate of UW-Madison's Physical Therapy Program, Class of 1977. Bill served as adjunct faculty at the UW-Madison PT Program from 1996-1999, and as full-time faculty from 2000-2015. He is currently the Executive Vice President, APTA of Professional Affairs and professor-emeritus, UW-Madison. Bill holds multiple adjunct faculty positions, and has presented nationally/internationally on medical screening, diagnostic imaging, and direct access. Bill has over 50 journal publications on these topics and is editor/co-editor of seven textbooks.

Bill has served as president of the Orthopaedic Section, APTA (1995-2001), and the Foundation for Physical Therapy, Inc (2009-2014). He has received numerous awards/honors including APTA's Baethke-Carlin Award for Excellence in Academic Teaching and Lucy Blair Service Award, and named a Catherine Worthingham Fellow of the APTA. We are proud to call him an alumnus!

We are accepting nominations for the 2021 awardee-please see <https://www.med.wisc.edu/education/physical-therapy-program/alumni/> for more information.

## Alumni Updates

- **Kim Skinner, PT, DPT (2002)**: The Program received the following announcement from the editor of [onlinephysicaltherapyprograms.com](https://onlinephysicaltherapyprograms.com): "We have been featuring accomplished faculty members on our site to introduce our prospective graduate student audience to various DPT programs around the country and the amazing faculty doing research at them. I am contacting you to let you know about a wonderful interview we did with Dr. Skinner on her work researching the PoNS Treatment. <https://onlinephysicaltherapyprograms.com/faculty-research/kim-skinner/>. I just wanted to let you know about this recognition so you can share it with your community. Dr. Skinner's insight has made a great addition to our site!"
- **Susan Frikken, PT, DPT (2013)** and Ballroom Basics for Balance (BB4B) have had lots of publicity (<https://www.youtube.com/watch?v=WeOLNgOqNZQ>) and are looking for more teachers. Please visit the website <https://www.ballroombasicsforbalance.org/>. BB4B has been featured on Inside UW and on Badger Talks. In addition, she worked with DPT students to develop a project on "Keys to Better Balance." Dr. Frikken was also featured by NBC on the impact of COVID-19 on private practice: <https://www.nbc15.com/content/news/Some-private-practitioners-face-difficult-decision-amidst-pandemic-569311581.html>.
- Congratulations to **Christa Wille (2015)** and her husband, who recently welcomed Audia Wille Bernardoni to their family.
- Congratulations to **Amanda Gyger, PT, DPT (2017)** on her wedding, which was a reunion of sorts for her classmates!

- **Hannah Sutter-Balke, PT, DPT, ATC (2017)** was recently at the MSC for a vestibular certification course and updated us on her happenings since graduation in 2017. She moved to St. Louis and back, twice, and switched between multiple settings and jobs before finally settling near Milwaukee, where she has started a Physical Therapy platform with the help of her boyfriend, Will, who has an MBA. It launched on November 18th, 2019 so it is one year old now. The platform is called "Phyx" and is a convenience-based service that connects patients and PTs to deliver physical therapy to homes, offices, or gyms. It is cash-pay, transparent, and operates in the downtown Milwaukee area. PTs who treat using the platform are independent contractors and can be full-time or part-time. Check out her website: <https://www.betterwithphyx.com/>.
- Congratulations to **Brad Johnson, PT, DPT (2018)**, for his APTA-WI Rookie of the Year Award!
- **Jacob Graboski, PT, DPT (2020)** received a grant from WPTA to fund his Dairyland Sports service learning project this year. He also received word that his team's educational session proposal was accepted for CSM 2021! He will be presenting with two other colleagues from the Adaptive Sports SIG through the American Academy of Sports Physical Therapy Section. ID Number: 7366 "Bringing the Paralympics Home: Identifying and Creating Local Adaptive Sports Opportunities."

## Alumni Donations

Would you like to have a legacy impact on the UW-Madison DPT Program? Bequests, or gifts from estates, Life Income gifts (the donor makes a gift and receives an income for life), and gifts of real estate can have a tremendous impact on the UW Physical Therapy Program.

Planned Gifts may be given to support students (scholarships and unique learning opportunities), faculty, research, and programs. For more information on naming the PT program as a beneficiary of your will, to find out which assets make the most tax-efficient bequest to charity, and to be inspired by the stories of your fellow alumni who have created planned gifts please contact **Jill Watson** at [jill.watson@supportuw.org](mailto:jill.watson@supportuw.org) or 608-262-4632.

Please see <https://www.med.wisc.edu/education/physical-therapy-program/make-a-gift/> for descriptions on ways to donate on-line.

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Let's keep  
*In Touch!*  
We love hearing from our alumni!

Drop us an email to let us know of any news you'd like to share with us at: <https://bit.ly/2YQTWuO>

Also, you can keep up-to-date with the program on our Facebook page: <https://bit.ly/2Z6ReTe>



## DPT Honor Roll

July 1, 2019 to June 30, 2020

### \$500 +

Kay S. and Gerald J. Bizjak  
Suzann K. Campbell  
Pamela F. Carlson  
Catherine S. and Richard L. Easterday  
John D. Garbrecht  
Karla R. Hayter and Benedict L. Gierl  
Shirley M. and Berdean D. Jergenson  
Vicki and James Lundeen  
Patricia G. Marshall  
Elizabeth M. Petty and Karen K. Milner  
Barbara C. and Jay A. Ramaker  
St John Charitable Education Trust  
Jane K. and Glenn H. Watts  
Leah M. Wong  
Patricia G. and Suey S. Wong

### \$250 - \$499

Mary E. and Raymond J. Jast  
Shannon R. and David T. Kunstman  
Ann M. Malarkey  
Mary K. and Philip E. Stone  
Linda M. Walters  
Selden D. Wasson

### \$100 - \$249

Sandra L. Anderson  
William G. and Jill S. Boissonnault  
Sandra L. and Jeffrey Alan Busse  
Russell E. Carter  
Elizabeth E. Cross  
Sally C. Edelsberg  
Sandra W. and Richard J. Groebner  
Karen K. Haas  
Susan Helm  
Ruth M. Jaeger  
Robin E. and Jeffrey A. Kolff  
Laura J. and Daniel T. Kult  
Bonnie L. Lindahl  
Laurel A. Ling  
Stephanie J. and Bruce Lunning  
Kathryn M. and Lyman L. Lyons  
Raymond R. Maffet  
Ruth M. and Paul J. Meyer  
Janet M. Nordstrom  
Dennis E. and Phoebe L. O'Connell  
Richard D. Osterberg  
Mark Riebel

### \$100 - \$249 (continued)

Jeffrey J. and Kathryn S. Salkowski  
Robert W. Sandstrom  
Margaret A. Schueller  
Laurie D. Seckel  
Kathleen A. Shields  
Elizabeth A. Stoffel  
Mary A. Tracy  
Janet R. Zehms-Stankrauff and Jack Stankrauff

### \$1 - \$99

Jerry S. Aul and Melissa M. Ernest Aul  
Karen A. and Bruce G. Barnes  
Anita M. Belonger  
Sarah L. Burdick  
John W. Buscher  
Catherine A. Chapman  
Dale E. and James Coon  
Margaret F. Cooper  
Kristine C. and Daniel J. Dekarske  
Monica F. and Thomas J. Diamond  
Laura M. and Berkley Guse  
Curtis J. Jevens  
Kristin T. and Geoffrey W. Klein  
Cindy N. Kosek  
Therese M. Morrical  
Eric R. Muse  
Debra A. and Jay W. O'Connell  
Ingrid A. Petrilla  
Jodee L. Plazek  
Venita M. Plazewski  
Barbara L. and Mark J. Ratke  
Virginia A. and Dennis J. Sheahan  
Helen Wahlstrom Stratton  
Donna J. Wischmann

thank  
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## Doctor of Physical Therapy

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*Please visit the following website for descriptions  
of these funds and ways to donate on-line:*

<https://www.med.wisc.edu/education/physical-therapy-program/make-a-gift>

- **Physical Therapy General Fund** (132301395)
- **PT Student Scholarship Fund** (132583031)
- **Mary McKinney Edmonds Fund** (recruitment and support for students who are under-represented in medicine) (112583323)
- **Janet Lemke Fund** (for research) (132584234)
- **Visiting Lecture Fund** (132301395)
- **DPTSO General Fund**

