



Doctor of Physical Therapy
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH

In Touch

UNIVERSITY OF WISCONSIN-MADISON DOCTOR OF PHYSICAL THERAPY PROGRAM
ALUMNI NEWSLETTER • FALL 2022

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A Message from the Program Director

Dr. Susan Wenker

Greetings Alumni and Friends,



Hello everyone! I am amazed how fast time is moving since I assumed the DPT Program Director position in May. I am thrilled to be in this role and look forward to continuing the excellent work Dr. Lisa Steinkamp accomplished in her 25 years as our program's director. My hope is to continue to move the PT program forward to meet physical therapy needs of Wisconsin and beyond. The past few years has been a challenge and a time of transition which Dr. Steinkamp led us through. She created spaces for students and faculty that provide collaboration and functionality. Our students now have two labs which boast the most modern technologies for live video capture sessions, a kitchen that provides a space to eat and share informally, a conference and "computer" room for meetings and studying, and, our most recent addition, the Dr. Lisa Steinkamp Collaborative Classroom. This classroom is operational for Fall 2022 and will also be a space to host blended meetings and educational conferences.

As for my work experience, much of it has been as a core faculty member for the last 17 years. Since 2017, I have been on Clinical Health Sciences track in the Department of Family Medicine and Community Health. My focus has been on teaching and leadership. I am fortunate to have collaborated with many others at the local, regional, national, and international levels who are interested in exercise and cognition in aging adults. Additionally, I have held multiple leadership roles at both campus and national levels. These experiences have prepared me well for the job ahead of me. I look forward to collaborating with faculty, educating students, and meeting and interacting with our awesome PT alumni. I hope to see many of you at CSM during our alumni event. Watch for more information on this great event. See you then!!

Congratulations Dr. Steinkamp!



Dr. Steinkamp and members of the Class of 2022

Dr. Lisa Steinkamp retired in May after 25 years with the program. During her time with the UW, Dr. Steinkamp guided the program through two degree accreditations, most recently Doctor of Physical Therapy. She worked with faculty to create a curriculum to successfully matriculate students towards passing the NPTE. Dr. Steinkamp developed the MEDiC clinic with the School of Medicine and Public Health in addition to supporting students and faculty in other service roles, including global health trips and the Pro Bono clinic. We wish Dr. Steinkamp the best as she transitions into retirement. Congratulations Lisa!

Department Updates



Dr. Mary Sesto retired from the DPT Program. She has been a valued faculty member in the Doctor of Physical Therapy Program and the Division of Hematology, Medical Oncology and Palliative Care within the Department of Medicine for the past six years. She has held affiliate appointments in the Department of Industrial and Systems Engineering, Department of Biomedical Engineering, and the University of Wisconsin Carbone Cancer Center. She was also core faculty in the University of Wisconsin Center for Quality and Productivity Improvement and a member of the Wisconsin Institute for Healthcare Systems Engineering. She served as the Director of Research for the Doctor of Physical Therapy Program, UW School of Medicine and Public Health and the Research Chair for the University of WI Hospitals & Clinics and UnityPoint Health – Meriter Orthopedic Residency. Dr. Sesto taught research seminar courses in the DPT program and mentored junior faculty. We will miss Dr. Sesto!



Dr. Jen Doster joined our DPT Program part-time last fall and continues to assist with first-year courses. Dr. Doster shares her expertise in private practice, acute care, and orthopedics in collaboration with **Colleen Cobey** in PT 501, 527 and 534.



We welcome **Dr. Michael Cropes** to the PT family! Dr. Cropes joined the PT program in August of 2022 and hit the ground running. He taught PT 521: Physical Agents this summer, mentored by **Dr. Evan Nelson** and assisted by **Dr. Liz Wahl**. Dr. Cropes will be able to thread together student learning in the clinic and classroom as he educates first and second year DPT students along with managing clinical education courses PT 700 (2-week internship) and PT 701 (four-week internship). Additionally, he will work at University

Health Services while keeping a pulse on ethical situations both in the clinic and classroom to assist with the creation and delivery of the Program's free ethics courses. Dr. Cropes is the liaison between the Center for Interprofessional Practice and Education for the four course modules that all students are required to attend.



We also welcome **Dr. Dobby Stucki** to the PT family as a part-time lecturer. Dr. Stucki is an alum from 2015 and brings her experience in outpatient orthopedics and home health. We look forward to Dr. Stucki sharing her knowledge and clinical skills with students in the laboratory setting.

Check out our [website](http://www.med.wisc.edu/education/physical-therapy-program) for additional information regarding all faculty and staff and join our Facebook and Instagram pages to see in real time what is happening in the Program.

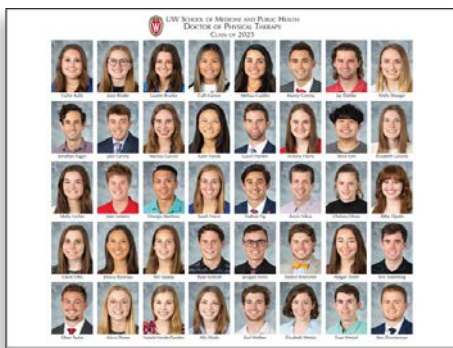
<http://www.med.wisc.edu/education/physical-therapy-program>

Student News

Congratulations to the 2022 Graduates!



Congratulations to the Entering Class of 2025!



The Class of 2023 Had Their White Coat Ceremony and Are Off to Internships!



The Class of 2024!



Doctor of Physical Therapy Student Organization (DPTSO)

DPTSO had an exciting year! Among many other activities, students participated in the "PT Pal Picnic" where students can meet and connect with students from all classes. The spring Bucky race was very successful. This year, students raised more money than

ever before in the history of the race! Thank you to everyone who volunteered and especially **Julia Schiller** and **Shae Giovanni** for co-leading the planning process. DPTSO celebrated students graduating in the Class of 2022 and sent well-wishes during the White Coat Ceremony for the Class of 2023. The 5th annual golf outing was held in September.

DPTSO Board for 2021-2022

President: Ara Torkelson
Vice President: Emily Catalanotto
Treasurer: Adam Link
Secretary: Nicole Dorshorst
Public Relations: Cassie Piette

DPTSO Board for 2022-2023

President: Tyler Phan
Vice President: Julia Schiller
Treasurer: Alex Shaw
Secretary: Bailey Osborne
Public Relations: Sydney Petrofske

Find us on Facebook: www.facebook.com/DPTSOUW

MEDiC Clinic

Over the past year, MEDiC Physical Therapy successfully transitioned from providing virtual to now in-person services to members of the Madison community. Currently, MEDiC PT is treating on a bi-weekly basis on Saturdays out of the new Southside location at the UW Health clinic on Park Street. Although COVID-19 continues to impact the type of care health professionals can provide, numerous safety protocols, screenings, and other efforts were made by the University to ensure face to face physical therapy services could be conducted in a safe manner. These protocols have affected the volume of patients but have allowed for patient referrals and follow-up care, allowing our students the ability to work on initial examination and treat patients as they progress through their therapy. With the assistance of **Dr. Lisa Steinkamp** and **Kristi Jones**, our PT coordinator team worked tirelessly to gather the necessary supplies, including exercise equipment, treatment tables, orthotics, and more, to provide our volunteers with the tools needed to treat our patients with the highest quality of care. Looking forward, it is our hope that the next coordinator team can continue to improve upon the work that our previous leaders have put into MEDiC PT, including providing a walk-in clinic again and providing our student and community volunteers the opportunity to practice interdisciplinary care, collaborating with other health disciplines on new patient cases. The PT coordinators express our gratitude to our community PT providers, referral sources, and especially **Dr. Steinkamp** and **Kristi Jones**. The PT coordinator team of 2021-2022, **Jack Heinrich, Nicole Dorshorst, Bailey Smith, and Shalla Moy**, are excited to hand off their duties to incoming officers.

MEDiC Officers for 2022-2023

PT Liason: Lindsay Gissler
PT Coordinators: Joe Albrecht, Shae Giovanni, Abby Angst

Pro Bono Clinic

The Dewane Neurorehabilitative Pro Bono Clinic, formerly known as the DPT Pro Bono Clinic, underwent an official name change this year to allow a more representative and inclusive name for the clinic as well as to honor the professor who has been at the helm

Student News

since its inception, **Dr. Judy Dewane**. While the name has changed, the heart of Pro Bono remains the same. This past year our student teams treated over 15 patients each semester and were able to collaborate with the Speech Pathology and Occupational Therapy programs to provide coordinated multidisciplinary care. Each PT team consisted of at least one second year DPT student and two to three DPT1s who evaluate, treat, and plan for a semester's worth of quality care. At the end of each semester, student teams along with faculty supervision decide if patients are progressing enough to look to discharge to community programs, help find equipment for patients to continue working over the break, and help best prepare patients to return the following semester. DNPBC also had the privilege of inducting over twenty members of the class of 2022 into the National Pro Bono Honor Society to recognize them for their dedicated service over the last two years. Aside from mentoring, learning, and practicing their skills, many pro bono volunteers opted to volunteer their time at the Ironman Wisconsin race as well as participate in other fundraising events throughout the year.

Clinic Coordinators for 2021-2022

Volunteer Coordinator: Tara Roodbeen
Patient Coordinator: Cassie Piette
Outreach Coordinator: Tom Schneider
Resource Coordinator: Maya Shipway

Clinic Coordinators for 2022-2023

Volunteer Coordinator: Sydney Petrofske
Patient Coordinator: Nicole Warren
Outreach Coordinator: Kelly Stern
Resource Coordinator: Haley Neumann

Advancing Diversity and Education in Physical Therapy (ADEPT)

Advancing Diversity and Excellence in Physical Therapy (ADEPT) had another busy year including several student-designed and led presentations, guest speakers, and community outreach events. The mission of ADEPT is to create more culturally competent providers as well as educate underserved populations on what PT is and how to get involved. This year, students created presentations for elementary, middle, and high school students that could be delivered virtually or in person to allow consistent messaging to reach a broader audience. Students then presented these materials to over 100 middle and high school students from underprivileged backgrounds in the greater Madison area. To create more empathetic and culturally aware future clinicians, students delivered presentations and led discussion on topics ranging from Black history and life as a minority PT, wealth and healthcare disparities in the United States, Roe v. Wade and its healthcare implications, and disability awareness through a healthcare lens. ADEPT also hosted guest presenters including our own **Dr. Jill Thein-Nissenbaum** who spoke about women in sport, gender roles and the impact of Title IX. ADEPT also hosted a discussion on microaggressions in healthcare led by **Dr. Sue Wenker and Dr. Jeanne Duncan**.

You can follow ADEPT on Facebook at <https://www.facebook.com/ADEPTUW>.

2021-2022 ADEPT Council

Co-presidents: Allison Meyer & Muzzy Chaudhry
Secretary: Bailey Osborne
Communications Officer: Hannah Mark
Community Outreach Coordinator: Hannah Koziol

GOBABYGO

The 2022 Go Baby Go build was a fun opportunity for UW-Madison physical therapy and occupational therapy students to work together and express their creativity. The teams of students worked together to modify toy ride-on cars to meet each child's postural and mobility needs. This year's build was successful by allowing us to provide 6 cars for children and community resources! In addition to providing cars to individual families, this year we provided more universal cars to two community resources: GiGi's Playhouse and Birth to 3. The teams utilized design features that will allow a wide range of children with variable needs to have fun riding around in these adaptable versions. The children were so excited to test drive their new football, puppy, Mickey Mouse, and PJ Masks themed cars! A special thanks goes to Joe Krachey, Faculty Associate in the Electrical and Computer Engineering Department at UW-Madison, for volunteering his time to rewire all our toy cars for the kids to power and steer, and to **Dr. Natalie Blonien**, Faculty in the Doctor of Physical Therapy Department at UW-Madison, for her help organizing the event. We would also like to thank our funding provider, the American Family Children's Hospital.



To see more photos from our 2022 event, check out our Facebook page: <https://www.facebook.com/UWGoBabyGo/>. GoBabyGo Coordinators: **Cassie Piette, Tara Roodbeen, Abby Simplot, Kaylie Nytes, Zach Lorbeck, and Ben Alt**

Badger Honor Flight

Michael Gillcrist led the team for this year's involvement in the Badger Honor Flight! We had the first 3 flights this spring since November of 2019 (compared to the typical 2 flights) to make up for lost time. The flight dates were April 21, May 14, and June 4

Student News

with approximately 200 veterans assisted on/off the flights in total. SPTs also helped train over 200 caregivers/guardians during an event held March 19th on safety techniques including wheelchair transfers and how to navigate stairs. Students involved in the spring flights and training included **Michael Gillcrist, Jacob Lopez, Matt Waller, Jenna Blair, Abbey Simplot, and Joey Borgwardt**. One attendee said *"I cannot sing the praises of your students! Especially after this weekend. Historically, Badger Honor Flight has welcomed the PT students to assist in guardian training and in our loading and unloading here in Madison. We have had a great relationship. This group this year has gone above and beyond."*

Current Coordinators: **Stella Gillman and Caitlyn Hibner**

NACHP

Congratulations to **Alexandra Jordan**, Class of 2022. The Native American Center for Health Professions (NACHP) recognized Alexandra during their graduation ceremony. NACHP's vision is to improve health and wellness of American Indigenous People, working with prospective students, current students, and health professionals to serve as a central location for opportunities of growth, professional development, mentorship, research, and support. Additional information regarding NACHP can be found on their [webpage](#).



Alexandra with her mom and sister.

Earth Day 2022

Tyler Phan coordinated a successful Project Earth Day where students planted hundreds of trees at Devil's Lake State Park. Thank you to all who volunteered!

Congratulations to the following 2022 Scholarship Recipients!

- **Ridley Family Scholarship:** **Muzammil Chaudhry, Julia Schiller**
- **Margaret Kohli Scholarship:** **Delaney Reilley, Cassie Piette, Ramsey Benkert, Tara Roodbeen**
- **UW-Madison PT Alumni Coalition Scholarship:** **Marika Parrish**
- **Physical Therapy Student Scholarship:** **Abigail Angst**
- **Jean L. Roland Scholarship:** **Emily Catalanotto, Zach Lorbeck**
- **Barbara Ellen Gerlich-Hoefeyzers Scholarship:** **Ashley Kreidermacher, Emma Rutherford**
- **Janet Lemke Physical Therapy Scholarship:** **Sara Loevinger**

- **Caroline Harper Scholarship:** **Kelsey Murphy**
- **CM & CL Harper Scholarship:** **Jacob Conrad, Allison Meyer**
- **Mildred Harper Scholarship:** **Nicole Warren, Alison Stuebe**
- **Amelia Doyon Scholarship:** **Alex Shaw**
- **APTA WI DEI Scholarship:** **Maurice Lucré**
- **Micah Wong Spirit Award:** **Haley Neumann, Alyssa Ulmer**

Instructional Assistant Awards

- **Anatomy 622:** **Muzammil Chaudry, Kara Conley, Connor McCullough**
- **PT 501 Palpation Lab:** **Nicole Warren, Matt Anderson, Alex Shaw, Julia Schiller, Abigail Angst, Hannah Mark**
- **Maternal and Child Health (MCH) Lend trainees:** **Julia Schiller**

APTA Honors and Awards

- **APTA Core Ambassador:** **Tyler Phan**

- **APTA Centennial Scholar:** **Maurice Lucré**

Maurice's project involves putting together a structured program for creating a sustainable pipeline of diverse applicants through mentoring by alumni and the provision of resource and in-person experiences.

Student Research

Many students participate in research with PT Principal Investigators. Below are two examples of their work.

Ramsey Benkert, DPT-3 presented on associations between Pre-Season Training and In Season Running-related Injuries in High School Cross Country Runners. High school cross country runners at 24 high schools throughout Wisconsin were enrolled in a study to further investigate relationships between running volume, sleep, well-being and running related injuries (RRIs). Runners completed a pre-season survey including questions on pre-season training habits, prior RRIs, current and past sport participation, and quality of life metrics. Throughout the cross-country season, athletes completed self-reported daily surveys on RRIs and well-being with injury data also reported by team athletic trainers. Upon analyzing pre-season training volume in 258 participants and its correlation with in-season RRIs, it was found that each additional 5 km ran per week resulted in 10% lower odds of experiencing an in-season RRI adjusting for prior injury.

Citation: Associations between Pre-Season Training and In-Season Running-Related Injuries in High School Cross Country Runners. **Ramsey E. Benkert**, Mikel R. Stiffler-Joachim, Bryan C. Heiderscheit, Stephanie A. Kliethermes. AASPT Annual Meeting and Scientific Conference, Sept. 2022, Indianapolis

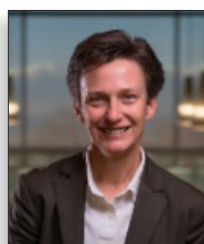
Lindsay Gissler, Hannah Koziol, and Julia Schiller (DPT-2s) will present at APT-CSM 2023 on the "The "Passport" to clinical participant engagement: Integrating Families and Children in a Research Journey". The Pediatric Neuromodulation Lab (PNL), led by **Dr. Bernadette Gillick**, has created an interactive approach to engage families in their research experience at the Waisman Center. The PNL understands that caregivers may feel complex emotions regarding their child's medical history and participation in

Student/Faculty News

research. By providing a "passport" for them to record their child's milestones and contributions to the study, the PNL hopes to foster open communication and involvement.

Citation: Ellen N. Sutter, PT, DPT Department of Rehabilitation Medicine, University of Wisconsin Madison, WI **Lindsay Gissler**, SPT Madison, WI **Hannah Koziol**, SPT Madison, WI **Julia Rose Schiller**, SPT Hartland, WI Veronika Mak Madison, WI Bernadette Therese Gillick, PT, MSPT, PhD University of Wisconsin Madison, WI

Community Event DPT 2022 Visiting Lecture



The Program welcomed Dr. Julie Fritz as this year's visiting lecturer on September 30. The visiting lecture series is funded by the forward thinking of Dr. Mare Jane Meng. Dr. Fritz shared her scholarly work with students, faculty, and PTs in the community, discussing issues around management of low back pain and PT in the emergency department. Thank you, Dr. Fritz!

■ Dr. Natalie Blonien

I am entering my fifth year of teaching as a faculty associate and continue to enjoy coordinating the pediatric content for both 635 and 636 for Motor Control and Dysfunction with **Dr. Dewane** and co-teaching 678 integument course with teaching partner and alum, Nicole Waner. It was a welcome return to "near typical" with all classes in person with the added benefits of technology to minimize disruptions due to Covid and just life in general. Flexibility in teaching methods continues to be the key in pediatric education. New partnerships in 2021 with the Child Development Lab in the school of Human Ecology allowed for access to high quality virtual observations of typical development in a daycare setting. Moving forward, this collaboration will continue to be a valued addition to teaching. I continue to expand my clinical practice and research opportunities in the multi-disciplinary neuromuscular disorders pediatric clinic at American Family Children's Hospital. There continues to be excitement in the drug trial landscape and long-term outcomes for individuals with spinal muscular atrophy. Physical therapists at centers around the world are contributing to the collection of outcome data and UW continues to be part of this important research. In my service role, I continue a supportive role in our Pro-Bono clinic, a faculty liaison to the Waisman Center for the LEND program, and as the Go Baby Go faculty coordinator. Continue to follow our build events on our Facebook page: <https://www.facebook.com/UWGoBabyGo>. In my academic pursuits, I completed a capstone certificate in spring of 2022 at UW Institute for Clinical and Translational Research in clinical and community outcomes research. My project was a qualitative exploration of barriers and facilitators of care coordination among pediatric physical therapists across practice settings in the management of children with special health care needs. I look forward to sharing my findings soon so stay tuned!

■ Colleen Cobey

My teaching appointment involves being the link between all three first-year semesters, with PT 501 Anatomical Applications in the summer, PT 527 Foundations of Examination and Evaluation in the fall, and PT 534 Therapeutic Interventions in the spring. I am currently teaching in PT 501, and it has been wonderful to feel that things are back to pre-pandemic normal. In the fall semester I will co-teach with **Dr. Jen Doster**, and we are looking to incorporate pain curriculum into the physical therapy assessment of pain for first year students and carry that through to intervention in PT 534 in the spring. In PT 527 we continue to utilize standardized patients for students to practice history taking, and then again at the end of the semester we utilize standardized patients for the final practical through the UW Health Clinical Simulation Program. Students are presented with an inpatient case and must perform appropriate tests and measures as well as selection of an assistive device for gait training in an in-patient setting. For my clinical appointment I provide physical therapy services throughout the year at University Health Services (UHS), which serves the students at UW as well as visiting faculty and their families. I also work with **Reenie Euhardy**, and together we offer BLS certification training for our students and faculty in all three academic semesters in a new hybrid format which allows students to engage in the material online and then practice and pass their hands-on component in person.

■ Dr. Daniel Cobian

As always, I am grateful for the ongoing opportunity to assume multiple roles as a scientist, clinician, and educator. I maintain a clinical physical therapy practice in Sports Rehabilitation at The American Center, instruct 1st year DPT students in palpation, biomechanics, and therapeutic exercise courses, provide rehabilitation consultation services to Wisconsin Athletics, and contribute to the research initiatives of the Badger Athletic Performance (BAP) Laboratory. In the past year I partnered with UW-Madison and UW Health colleagues to present educational sessions on neurocognitive and motor control strategies in ACL rehabilitation and the intercollegiate model of health care at the AASPT (Sports Physical Therapy Section) annual meeting, delivered Grand Rounds to my UW Orthopedics colleagues, and shared our lab's research findings at the UW Sports Medicine Symposium. I joined the AASPT research committee and Annual Meeting & Scientific Conference planning committee and continue to serve as research coordinator for this conference.

Last fall I helped launch a project to study head impacts in University of Wisconsin football players using instrumented mouthpieces. This project was a joint venture with the National Football League and other NCAA Division I football programs. The purpose of the project is to use custom-fit, instrumented mouthpieces to quantify the head impacts sustained by University of Wisconsin football players during on field activities. The mouthpieces combine standard mouthguard material with embedded sensors capable of measuring head and neck movements. Information gained from this study may help improve player safety through altered training strategies and design of protective equipment. We plan to continue this study throughout the 2022-23 seasons.

Over the past year I also joined the admissions committee for the UW Health Sports Physical Therapy residency and serve as the primary research mentor for the residents. Undergraduate and DPT students working under my direction contributed to a variety

Faculty News

of projects and effectively presented our research at the APTA Combined Sections Meeting. Seeing mentored students develop clinical research skills and make meaningful contributions to the knowledge base in our field is one of the most fulfilling aspects of my job. I look forward to contributing to the didactic and clinical education of our most recent matriculating class of DPT students, along with continuing to expand my research agenda to assist our profession in understanding the neuromuscular implications of musculoskeletal trauma and how to best prescribe and dose rehabilitation interventions to facilitate improved outcomes and long-term quality of life.

I want to give a thank you to our outgoing program director, **Lisa Steinkamp**, and retiring tenured faculty member, **Mary Sesto**. I have really appreciated the guidance and support received from both Dr. Steinkamp and Dr. Sesto over the past 6 years and wish them well in their future endeavors!

Published Manuscripts and Abstracts

Cobian DG, Knurr KA, Smith AW, Joachim MR, Kliethermes SA, Heiderscheid BC. Knee Extensor Rate of Torque Development Assessment Post-ACL Reconstruction: Does Sampling Rate Matter? Proceedings of the ACSM Annual Meeting, San Diego, CA (June 2022)

Kocak UZ, Knurr KA, **Cobian DG**, Heiderscheid BC. Isokinetic Knee Extensor Torque Asymmetry Varies by Angle in Collegiate Athletes 9-months post-ACL Reconstruction. Proceedings of the ACSM Annual Meeting, San Diego, CA (June 2022)

Cobian DG, Knurr KA, Bednarek AL, Broderick AM, Joachim MR, Heiderscheid BC. Does it Matter? Isometric or Isokinetic Assessment of Quadriceps Strength Symmetry 9 months post-Anterior Cruciate Ligament Reconstruction in Collegiate Athletes. Sports Health (in review)

Bednarek AL, Knurr KA, **Cobian DG**, Heiderscheid BC. Quadriceps Performance at 3 Months is Predictive of Jumping Biomechanics 1-Year Post-ACLR in Collegiate Athletes. J Orthop Sports Phys Ther. 2022;52(1): CSM26 (SPL3).

Broderick AM, **Cobian DG**, Knurr KA, Heiderscheid BC. Quadriceps Performance at 3 Months Post-ACLR is Associated with Running Biomechanics at 1-Year in Collegiate Athletes. J Orthop Sports Phys Ther. 2022;52(1): CSM28 (SPL9).

Cobian DG, Rayfield KR, Sanfilippo JL, Joachim MR, Heiderscheid BC. Pre-Injury Countermovement Jump Kinetics Not Restored Two Years Post-Anterior Cruciate Ligament Reconstruction in Collegiate Athletes. J Orthop Sports Phys Ther. 2022;52(1): CSM31 (SPL17).

Knurr KA, **Cobian DG**, Kliethermes SA, Joachim MR, Heiderscheid BC. Effect of Speed on Running Knee Biomechanics Symmetry 9 Months Following ACL-Reconstruction in Collegiate Athletes. J Orthop Sports Phys Ther. 2022;52(1): CSM40 (SPL40).

■ **Dr. Jeanne Duncan, Director of Clinical Education**

2022 has continued to be a year for the need of flexibility, however the gradual return to “normal” is welcomed and I have enjoyed being back in person for most things. **Dr. Sue Wenker** and I were able to host the APTA Credentialed Clinical Instructor Program in person on Campus earlier this spring and were energized by the active participation and connections we made during the 2-day course.

Along with Dr. **Lisa Steinkamp**, **Dr. Wenker**, **Dr. Maurice Lucre (Class of 2022)** and **Dr. Brian Ishola (Class of 2021)** we presented at CSM 2022 in San Antonio, TX on “Recognizing and Managing Microaggressions in the Clinical Learning Environment”.

This is also the topic for the 4 hours ethics courses **Dr. Steinkamp**, **Dr. Wenker**, and I have been providing to clinicians around the state of Wisconsin. We additionally presented the topic at the Medical Education Day at the UW Madison School of Medicine and Public Health in May.

I continue to coordinate and co-teach PT 523: Cardiovascular and Pulmonary Aspects of Physical Therapy in the 2nd year of the curriculum with **Jim Carlson, MPT, Cardiovascular and Pulmonary Clinical Specialist (Class of 1999)** and be a mentor of the VA Cardiopulmonary Residency program. Along with **Mr. Carlson**, I presented the curricular changes made to the course along with student outcomes and improvements in self-reported readiness for the Acute Care environment through the educational session, “Enhancing Acute Care Readiness with Curricular Adaptations Geared Toward Effective Use of Clinical Simulation in Second Year DPT Students” at the APTA Acute Care Academy Bridge The Gap Conference.

Lastly, I have taken on the Academic Co-Chair position for the Clinical Education SIG for APTA Wisconsin and look forward to making new connections and revitalizing the group after a few years of challenges due to COVID.

Clinical Education Corner

As mentioned above, 2022 has continued to require flexibility and often, problem solving when it comes to clinical education, and I want to extend a VERY sincere thank you to all our clinical partners that continue to help during the ever-changing world COVID has created. With ALL your guidance in navigating COVID restrictions, policies, and quarantine procedures along with helping to secure alternative placements for those that were cancelled, I am happy to say the entire Class of 2022 was able to graduate without delay! Without partners like you this would not have been possible. We recognize the need for continued flexibility and look to you, the experts of your facility, to provide us with guidance on facility specific requirements/needs and fully respect your decisions and the potential need to cancel placements. We are currently finalizing the site selection process for all placements for 2023, as you can imagine it is not only an exciting time for students, but also stressful as we navigate meeting requirements and student specific needs. We plan to send out final communication to all facilities in September for all matched placements for 2023. Placement offerings continue to be below pre-COVID levels which is understandable for many reasons, however, if you are now in a position to take a student or additional ones in 2023, please don't hesitate to reach out to me at any time at duncan@pt.wisc.edu with your offers. Now working fully remote from Alabama, **Deonna Suiter, PTA** continues to take on more responsibilities within clinical education and I am grateful for her calming presence and assistance. While we miss her smiling face on campus, the work she is doing remotely helps the process run smoothly. Once again, thank you to all of you who have offered placements and have educated our DPT students throughout the year. We appreciate all that you do for them and the Program. Without your partnership, our Program would certainly not be as successful!

Faculty News

■ Dr. Kristi Hallisy

If at once you don't succeed, try, try again or the third time's the charm -- either way, our UW-Madison [Tai Chi Prime](#) research team was finally awarded a grant ([Baldwin Wisconsin Idea](#)) to collaborate with community partners to train peer-concordant Tai Chi Prime leaders to deliver inclusive tai chi to older adults at falls risk in Milwaukee's Latinx and African American communities. The 2-year grant, Inclusive *Tai Chi: Promoting Leaders of Color to Adapt Tai Chi for Latinx and African American Elders* runs July 1, 2022, through June 30, 2024.

After a two-year hiatus due to COVID, our [Tai Chi Health](#) Executive Board held a 5-day [Tai Chi Fundamentals](#) Certified Instructors and traditional [Yang-style Cheng Man-ch'ing Lineage](#) Tai Chi Retreat at the Dekoven Center, Racine. A wonderful five days of training and connection that certified several new Tai Chi Fundamentals (TCF) instructors and advanced certifiers and returned all of us to the roots of our tai chi practice.

If you are interested in learning tai chi, I will be presenting a 2-day pre-conference *Tai Chi Fundamentals Adapted Training Program Basic Moves Course* at APTA Combined Sections Meeting in San Diego (February 21-22, 2023). It is sponsored by APTA-Geriatrics.

The following are presentations I have been involved in thus far in 2022:

School of Medicine and Public Health Activities

- **Hallisy KM.** Tai Chi in Physical Therapy Practice: Optimizing Health Promotion and Wellness. Health Professions Society. Wisconsin Involvement Network, UW-Madison.
- **Hallisy KM.** Tai Chi Stretch Break @ School of Medicine and Public Health, Academic Affairs Retreat, Olbrich Gardens, Madison, WI.

UW-Health and Meriter Orthopedic Physical Therapy Residency Program

- Wahl E, Schwoerer C, **Hallisy KM.** Resident Live Examine: American Board of Physical Therapy Residency and Fellowship (ABPTRFE) Requirements and Standards.

Tai Chi Health Trainings

- Sandretto R, Culotti P, Yu T, Rehder K, Enloe L, **Hallisy KM.** Tai Chi Fundamentals Certified Instructors Retreat. Dekoven Center, Racine, WI.
- **Hallisy KM.** Tai Chi Strategies when working with Persons with Pain and Physical Limitations, IN: Tai Chi Fundamentals® – Level 3 Workshop. Tai Chi Center of Madison, Madison, WI.

Invited Presentations

- **Hallisy KM.** LGBTQ+ Vocabulary: The Hidden Meaning of our Words. APTA-Wisconsin, Southeast District. Milwaukee, WI.
- Frikken S (moderator), Hillman A, Mross P, **Hallisy KM**, Lauby M. *Keeping Older Adults Upright through Community, Academic, and Healthcare Collaborative Efforts: Breaking Down Silos.* National Council on Aging (NCOA) Age + Action Conference.

A few folks from the *Breaking Down Silos* team above (i.e., members of the Dane County Safe Communities Falls Task Force) are in the process of developing a *Falls Prevention Podcast* for the Dane County Safe Communities Falls Task Force which will be broadcasted by *FACTv*, Fitchburg Access Community Television. Stay tuned and stay well!

■ Dr. Jeff Hartman

Hello everyone. I am cruising along now in my 4th year here at UWPT and am continually amazed at the quality of physical therapists we produce. It is an honor to teach with **Evan Nelson** in the Clinical Medicine series of courses (PT 664/665) and with **Lisa Steinkamp and Amy Schubert** in Principles of Professional Practice and Administration (PT 512). It has been wonderful being a part of Lisa Steinkamp's vision for PT 512 and with her retirement, Amy and I will be charged with carrying the torch as it relates to exposing our students to the strengths and weaknesses of the US healthcare system and inspiring them to think creatively to make this world a better place. We look forward to the challenge!

My service to the Program/University/Profession continues to consume a large part of my time but continues to be very fulfilling. The highlights over the past year have been plenty but continuing to help build the PT profession in Belize and finally being able to explore global health partnerships for the Program have been exciting and hopeful. We are currently talking with organizations in Jamaica, Costa Rica, Belize, and Guatemala with the hopes of creating learning opportunities for our students. One of the biggest honors this past year was being awarded the Ronnie Leavitt award for 'Social Responsibility' in physical therapy by the Academy of Leadership and Innovation of the APTA. I was able to receive the award in person at CSM with many of my colleagues, friends, and past mentors in attendance.

My research continues to be recognized by various publications and speaking invitations. Of note was being first author on a paper 'Exploring the Characteristics of Doctor of Physical Therapy Students Intending to Work in Medically Underserved Areas/Populations' in the Journal of Health Care for the Poor and Underserved. In addition, I was able to present here at UW with some of our DPT students at the Global Health Symposium and with faculty at Medical Education Day. I was also able to present at the Consortium of Universities for Global Health annual conference and at CSM. Some of my more enjoyable talks were with other PT and OT programs at Northwestern University and the University of Illinois in Chicago.

Overall, things are going very well and with three daughters between 3-6 years old, I continue to search for that elusive work/life balance. They do not let me think about work when I am home, so they are doing their best to help me in my quest.

■ Dr. Evan Nelson

In his writing, Fredrick Buechner described vocation as "...the kind of work a) you most need to do and b) that the world most needs to have done." I have found my vocation blending teaching, research, practice, and service. The Clinical Medicine courses I co-teach with Dr. Hartman integrate active learning strategies to provide opportunities for students to gain the necessary knowledge and clinical decision-making skills to be leaders in their future clinical roles. We have been invited to present how we use evidence-based teaching methods and educational assessments to physical therapy and medical education audiences. Research I am involved with is expanding the reach and application of the University of Wisconsin Running Injury and Recovery Index (UWRI) as a running-specific patient-reported outcome measure (PRO) that can be used around the world. My expertise in PRO development have led to collaborations to design new PROs for unique populations, specifically fighter pilots and youth athletes. My

Faculty News

practice experience with imaging referral facilitated a collaboration with Advanced Physical Therapy and Sports Medicine (Appleton, WI). The published administrative case report fills a critical need, articulating the necessary steps for physical therapist-owned clinical practices to implement processes to refer patients directly for clinically appropriate imaging studies. In so doing, this paper fosters a step toward the Vision of the American Physical Therapy Association because it encourages physical therapists to maximize their professional ability through innovative collaborations that fulfill the physical therapy scope of practice while providing cost-efficient, patient-centric care.

Peer-Reviewed Manuscripts

Nelson EO, Freeman JD, Worth R, Brody LT. Private Physical Therapy Practice Implementation of Direct Referral for Radiograph Imaging: An Administrative Case Report. *Physiotherapy Theory and Practice*. Epub April 12, 2022. DOI: 10.1080/09593985.2022.2063772

Bunster J, Martinez MJ, Mauri-Stecca MV, Leppe J, **Nelson EO**, Heiderscheid B, Besomi M. Cross-cultural adaptation and evaluation of the psychometric properties of the University of Wisconsin Running Injury and Recovery Index questionnaire in Spanish (UWRI-S). *Physical Therapy in Sport*. 2022; 55:289-295. <https://doi.org/10.1016/j.ptsp.2022.05.007>

Hoenig T, **Nelson EO**, Troy KL, Wolfarth B, Heiderscheid BC, Hollander K. Running-related injury: When does it start and end? Feasibility, preliminary validity, and German translation of the University of Wisconsin Running Injury and Recovery Index. *Physical Therapy in Sport*. 2021; 52:204-208. doi.org/10.1016/j.ptsp.2021.09.007

Maschke B, Palmsten A, **Nelson EO**, Obermeier MC, Reams M, Heiderscheid B, Russell H, Chmielewski TL. Injury-related Psychological distress and the association with perceived running ability in injured runners. *Physical Therapy in Sport*. 2022; 54:36-43. <https://doi.org/10.1016/j.ptsp.2021.12.005>

Conference Abstracts & Presentations

Bunster J, Mauri-Stecca MV, Leppe J, **Nelson EO**, Heiderscheid BC, Besomi M. Cross-cultural adaptation and psychometric assessment of the Spanish version of University of Wisconsin Running Injury and Recovery Index (UWRI-S). World Physical Therapy Congress 2021. June 2021 World Physiotherapy outstanding platform presentation award: South America region

Cropes M, **Nelson EO**. Physical Therapist Referral of a Patient with Suspected Serious Spinal Pathology. American Physical Therapy Wisconsin Fall Conference. Wisconsin Dells, WI. October 2021.

Nelson EO, O'Melia S, Toner A, Van Maanen B, Cooley C, Pankratz J, Rupnow B, Hartman J, Raduka C, Wahl E, Birstler J. The Relationship Between Physical Therapy Evaluation Complexity and Patient-reported Outcomes. Regional Evidence-Based Practice Symposium. UnityPoint Health. Des Moines, IA. September 2021

Nelson EO, O'Melia S, Toner A, Van Maanen B, Cooley C, Pankratz J, Rupnow B, Hartman JA, Raduka C, Wahl E, Birstler J. The Relationship Between Physical Therapy Evaluation Complexity and Patient-Reported Outcomes. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February 2022

Tauferner S, **Nelson EO**, Schick MK. System-Wide Appropriateness of Physical Therapist Referred Radiograph Imaging in Hospital Based Outpatient Clinics. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February 2022

Gerke D, **Nelson EO**, Amborn T, Christensen CD, Orfei K. A survey of diagnostic imaging curricula in sports physical therapy residency and fellowship programs. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February 2022

Nelson EO, Wenker S, Hartman JA, Sesto ME. Designing Meaningful Course Assessments for Physical Therapy Education. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February 2022

Nelson EO, Hartman JA, Wenker S. Best Practices for Student Course Evaluations of Clinical Content Taught in the Classroom Setting. University of Wisconsin Medical Education Day, Madison, WI. May 2022

■ Dr. Amy Schubert, DPT, Admissions Director

It is hard to believe that another admissions cycle/year has passed! Although many things have returned to being in-person on campus during the past year, our admissions meetings have remained virtual which has worked well and provided opportunity for clinicians across the country to serve on our committee. The convenience of various virtual platforms has also allowed Deonna Suiter and I to continue to participate in recruitment opportunities out of state (U of MN, Winona State, Purdue U, Cal State LA), in addition to the in-person events that we do on campus and in the Madison area. We continue to present to local high school Pathway Programs, middle and high school AVID/TOPS programs, as well as the Health Professions Shadowing Program (HPSP). This year we attended a transfer fair at Madison College and hosted two high school students for a 6-week immersive experience specific to physical therapy for the LEAP Forward program. New in January this year was our 'Meet the Program' event using a hybrid format; individuals who were admitted or placed on our wait list were invited to attend in-person, and prospective students were invited to attend virtually. We also hosted an Open House event in April, on the same day as Bucky's Race for Rehab, which gave prospective students the opportunity to visit our program space.



In the spring, I wrapped up my Capstone project for the 2021 APTA Centennial Scholar Program, which used archival materials from the Academy of Education to document the history of meetings and events held by the academy since its inception, focusing on diversity, equity, and inclusion (DEI) efforts. I also assembled an advisory board comprised of current students, faculty and staff, alumni, and admissions committee members to create and update policies related to DEI for the DPT program, and Admissions Committee, respectively. The group's efforts and input were incredibly valuable, and we have decided it would be beneficial for the group to continue long-term. I continue to co-instruct PT 512: Principles of Professional Practice and Administration during the spring semester and hold clinic at UHS one day per week.

Time continues to pass quickly... the 2022-23 admissions cycle opened in early July, and we are reviewing applications for the Class of 2026!



Deonna and Amy at Memorial High school

Faculty News

■ Dr. Jill Thein-Nissenbaum

Hello! I hope everyone is slowly finding their way back to “normal”! Our last semester felt very “normal,” with optional face masks (following the UW’s guidelines) and having the students collaborate with numerous classmates in lab.

I will start my 15th season with Badger Sports Medicine and UW Athletics this fall. I continue to see athletes from all 23 sports. I am fortunate enough to collaborate daily with athletic trainers, strength and conditioning coaches, and team physicians. We have started new initiatives, including the use of rehabilitation ultrasound imaging as a biofeedback tool for transversus abdominus recruitment. We are screening all incoming female soccer players as well as other athletes with hip, low back and/or adductor-related pathology. We are utilizing “post-operative” rehabilitation group sessions with our teams that have many post-surgical cases, to streamline rehabilitation. Lastly, athletics has hired a full-time physical therapist! Bailey Lanser, PT, ATC, SCS, joined Badger Sports Medicine in September 2021. She has brought innovative ideas, research initiatives and treatment strategies to the athletic training room. We are thrilled to have her!

In addition to my classroom teaching, I established a 2-semester Sports PT elective. This has been something that the students have requested for a few years, and we finally got it off the ground! Bailey Lanser has been key in helping with this endeavor. The feedback has been positive, and we will continue to modify the course based on student feedback.

Professionally, I was re-elected as Treasurer of the American Academy of Sports Physical Therapy. I will be representing APTA at the NATA Annual Convention on a panel discussing the impact of Title IX.

Publications

Zarro M, Soenksen W, Silverson O, Cirone E, Rowland R, Staker J, **Thein-Nissenbaum J**. Practice trends of the sports physical therapist in collegiate athletics: Results of a national survey, Int J Sports Phys Ther, accepted June 2022.

Presentations

Collaboration is key: The role of the athletic trainer and sports physical therapist in collegiate athletics. Georgia Southern University DPT Program, January, 2022

Is it wise to specialize: The impact of early sports specialization on RED-S, the female athlete triad, and bone health in female adolescent runners. American Physical Therapy Association Combined Sections Meeting, San Antonio, TX. February, 2022

How loose is TOO loose: Classification of the athlete with hypermobility. The 23rd Annual Sanford Sports Medicine Symposium, Sioux Falls, SD. May 5, 2022

How loose is TOO loose: Examination of the athlete with hypermobility. The 23rd Annual Sanford Sports Medicine Symposium, Sioux Falls, SD. May 5, 2022

How loose is TOO loose: Treatment of the athlete with hypermobility. The 23rd Annual Sanford Sports Medicine Symposium, Sioux Falls, SD. May 5, 2022

Utilization of performance biometrics to reduce injury risk and guide rehabilitation in a Division I athletic setting: A team-based approach. National Athletic Trainers’ Association Annual Meeting, Philadelphia, PA. June 29, 2022

■ Dr. Susan Wenker

Honors and Awards

Nominated for Fellow of the National Academy of Practice

Peer Reviewed Publications

Hossein KL, **Wenker SL**, Birkland L, Cotter M, Weber B, Schiller J, Rusch R, Micro-Credentials In IPE: The IPE Path of Distinction and Badger Programs in University of Wisconsin-Madison. Jefferson Center for Interprofessional Practice and Education Collaborative Health Care. <https://jdc.jefferson.edu/cgi/viewcontent.cgi?article=1188&context=jcipe>

Wenker SL, Kieu TC, Felten K, Smith K, Schroepfer T, Khalili H. Development of a micro-credential curriculum: The Interprofessional Dementia Caregiving Telehealth Community Practicum Badge. Internet Journal of Allied Health Sciences and Practice. Accepted for publication pending minor edits.

Peer Reviewed Presentations

Wenker SL, Lubsen J. Integrating Effective Teaching Strategies into the Clinical Environment. SMPH Medical Education Day, Madison, WI, health profession students.

Nelson EO, Hartman J, **Wenker SL**. Designing meaningful course assessments for physical therapy education. UW Madison SMPH Medical Education Day, Madison, WI, health profession students.

Steinkamp LA, **Wenker SL**, Duncan J. Recognizing and Managing Microaggressions in the Clinical Learning Environment. UW Madison SMPH Medical Education Day, Madison, WI, health profession students.

Nelson EO, Hartman J, **Wenker SL**, Sesto M. Designing meaningful course assessments for physical therapy education. APTA Combined Sections Meeting, San Antonio, TX, physical therapy professionals and students

Steinkamp L, **Wenker SL**, Duncan, J. Recognizing and Managing Microaggressions in the Clinical Learning Environment. APTA Combined Sections Meeting, San Antonio, TX, physical therapy professionals and students

Wenker SL, Khalili H, Schroepfer T, Kieu C, Felten K, Smith K. Micro-credential Interprofessional Dementia Caregiving Telehealth Community Practicum Badge Curriculum. 4th Annual Heartland Interprofessional Education (HIPE) Conference (virtual), healthcare professionals.

Khalili H, **Wenker SL**, Felten K, Kieu C, Smith K. “Telehealth Dementia Caregiver-Centered Practicum Badge for Interprofessional Learners: From Development to Evaluation”, Lightning Talk, Nexus Summit, National Center for Interprofessional Practice, virtual, healthcare professionals.

Wenker SL, Khalili H, Schroepfer T, Felten K, Kieu C, Smith K. Development of the Interprofessional Dementia Caregiving Telehealth Community Practicum Badge Curriculum, Lightning Talk, Nexus Summit, National Center for Interprofessional Practice, virtual, healthcare professionals.

Khalili H, **Wenker SL**, DiMarco S, Lackie K, Rusch R, Oldani M, Chou E, Anderson B, Rogers A, Bumby J. The Establishment of an International Interprofessional Professional Development Consortium to Develop and Deliver, Nexus Summit National Center for Interprofessional Practice, virtual, healthcare professionals.

Wenker SL, Khalili H, Kieu C, Schroepfer T, Felten K, Smith K, Hartman J, Fields B. Telehealth Dementia Caregiving Micro-Credential for Interprofessional Health and Social Professional Programs. 5th Edition Aging and Gerontology, Dubai, UAE. October 2022. Scinov Group, poster, under review

Alumni News

Alumni Updates

Last year, a shout out was given to alumni in private practice – we've added additional alumni who are involved in private practice below: **Adam Lindsey, Matthew Gibbons, Susan Hardel, William Rein, Daniel Russo, Stefanie Haima, Scott Peterson, Scott Theado, Susan Frikken, Jamie Reich, Ryan Schouweiler, Taylor DeValk, Kaitlin Haider, Elizabeth Kremer, Nathaniel Hoover, Carl DeLuca, Jared Hutterer, Megan Lowe, Madeline Testke, and Alexander Shuchuk!**



Congratulations to **Dr. Lisa Dutton, PT, PhD**, recipient of the 2022 Margaret E. Kohli award for Outstanding Alumni Contributions. Dr. Dutton has made the Program proud with her multiple contributions to the profession related to rehabilitation, neurological physical therapy, motor learning, and physical therapy education.

PT Class of 1982 Reunion



The PT class of 1982 converged on campus over homecoming weekend to celebrate our fortieth year reunion, with the help of the PT department and the athletic department. We hosted a Friday evening get together in the main classroom of the PT dept at 1300 University Avenue, bringing in our own food and enjoying a casual department tour by two second year students. We also visited with Dr. Bersu! It was great to revisit the environs of our studies and catch up. The reunion continued Saturday with a tailgate in Lot 60, Badger football game, and after-game party at a local classmate's home.



Submitted by Melissa Aul.

Alumni Donations

Would you like to have a legacy impact on the UW-Madison DPT Program? Bequests, or gifts from estates, Life Income gifts (the donor makes a gift and receives an income for life), and gifts of real estate can have a tremendous impact on the UW Physical Therapy Program. Planned Gifts may be given to support students (scholarships and unique learning opportunities), faculty, research, and programs. For more information on naming the PT program as a beneficiary of your will, to find out which assets make the most tax-efficient bequest to charity, and to be inspired by the stories of your fellow alumni who have created planned gifts please contact **Jill Watson** at jill.watson@supportuw.org or 608-262-4632

Please see <https://www.med.wisc.edu/education/physical-therapy-program/make-a-gift/> for descriptions on ways to donate on-line.

Thank you to the following donors for creating new scholarships!

Cynthia M. Klingbeil Scholarship Fund – Permanent Endowment
Stephanie Joy (Graham) Lunning Scholarship Fund – Permanent Endowment

Janet Bezucha Scholarship Fund – Callable

Donor Profile

Each year, we will recognize a donor to show appreciation for their efforts in supporting student learning. This year, we honor **Dr. J.D. Garbrecht, DPT, MBA, OCS, SCS, Class of 1997**. Dr. Garbrecht consistently supports annual scholarships for students who have served in the military. He became interested in supporting students with a military connection from his rehabilitation work with wounded service members over the last 20 years. A special connection was made with a service member (Gunnery Sergeant Dan Price) who was re-deployed following rehabilitation and died in the line of duty. Dr. Garbrecht desires to leave a legacy of service, following in his father's footsteps as a Lutheran minister. Dr. Garbrecht was raised in Evansville, WI and enlisted in the Marine Corps from 1984-1992 when he then went on to join the Wisconsin Air National Guard as a Medic. From there, he completed 21 years of service in the U.S. Navy and retired as a Commander after a total of 35 years of military service. Not only do we thank Dr. Garbrecht for his ongoing support of students in the PT program but also for his many years in the armed services.

Let's keep In Touch!

We love hearing from our alumni!

Drop us an email to let us know of any news you'd like to share with us at: <https://go.wisc.edu/ptnews>

Also, you can keep up-to-date with the program on our Facebook page: <https://bit.ly/2Z6ReTe>

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Donor Gifts

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July 1, 2021 to June 30, 2022

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